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Automated Image Quality Assessment in Teledermatology

Name of Student: Nyungmartsang Choekyel
Degree Program: B.Sc. in Artificial Intelligence and Machine Learning
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Main Advisor: Dr. Amruthalingam Ludovic
External Expert: xxx
Industry partner/provider: ABIZ, University Hospital of Basel and derma2go

Code / Thesis Classification:

- ☒ Public (Standard)
☐ Private

Declaration

I hereby declare that I have completed this thesis alone and without any unauthorized or external help. I further declare that all the sources, references, literature and any other associated resources have been correctly and appropriately cited and referenced. The confidentiality of the project provider (industry partner) as well as the intellectual property rights of the Lucerne University of Applied Sciences and Arts have been fully and entirely respected in completion of this thesis.

Rotkreuz, Monday 11th March, 2024

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Confirmation by the student

I hereby confirm that this bachelor thesis has been correctly uploaded to the Portfolio Database in line with the code of practice of the University. I rescind all responsibility and authorization after upload so that no changes or amendments to the document may be undertaken.

Rotkreuz, Monday 11th March, 2024

Expression of Thanks and Gratitude

Expression of thanks and gratitude here...

Abstract

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2.2. Teledermatology

The following section provides an overview of teledermatology, a specialized field of dermatology that utilizes telecommunications technology to provide remote diagnosis and consultation for skin conditions. This section discusses the importance of image quality in teledermatology, quality criteria for teledermatology images, as well as challenges and opportunities associated with the practice.

2.2.1. Introduction to Teledermatology

The term "teledermatology" combines "tele", which refers to distance or remote communication, and "dermatology", the medical field focused on skin health. This specialized branch of dermatology utilizes telecommunications technology to provide remote diagnosis and consultation for skin conditions.

This innovative approach to healthcare delivery is particularly beneficial for patients in remote or underserved areas, as well as for those with mobility issues. Teledermatology services can be provided in real-time, or through store and forward images, wherein the patient captures images of their skin or any skin-related issues using a camera or smartphone and send them electronically to a dermatologist, along with relevant details about their condition, such as symptoms and medical history. This allows dermatologists to assess the skin condition remotely and provide recommendations or treatment plans without the need for an in-person visit.

2.2.2. Importance of Image Quality in Teledermatology

High-quality images are essential for accurate diagnosis in teledermatology. While poor image quality can lead to misinterpretation of skin lesions, incorrect diagnosis or missed diagnosis.

With good image quality the dermatologists can better assess the severity of skin conditions and formulate appropriate treatment plans.

No in-person visits and improve accessibility to specialized care.

Maintaining consistent image quality standards ensures the reliability and reproducibility of teledermatology services. It minimizes variability and enhances the overall reliability of remote diagnosis and consultation process

show good and bad quality images!!

2.2.3. Quality Criteria for Teledermatology Images

The table is temporary and will be replaced as subsections with more detailed information and images later on.

Criteria	Description
Lighting	<ul style="list-style-type: none"> - make sure skin color/tone are accurately captured. - AVOID using flash or light: could whiten skin tone, reduce contrast and cause reflection. - USE natural light: best for regional and close up, but impractical in clinical settings. position light source at an angle to skin (not directly overhead or perpendicular)
Background Color	<ul style="list-style-type: none"> - reflection from object in background can change appearance of skin color. solid background color and contrast between background and skin
Field of View for Dermoscopic Images	<ul style="list-style-type: none"> - enough distance from skin to include entire lesion. - multiple images help ensure all edges of lesion are visualized and recorded center lesion of area of interest
Image Orientation	<ul style="list-style-type: none"> - consistency is important to compare area of interest over time. - cephalic, vertical, horizontal orientation
Focus and Depth of Field	<ul style="list-style-type: none"> - camera perpendicular to skin and lens with deep depth of field center of lesion or area of interest should be used as focus point
Resolution	<ul style="list-style-type: none"> - defines how much detail to capture and result in larger file size - hair follicles should be sharp in regional images - skin markings should be sharp visible in close up images JPEG and at least 200KB in size
Scale and Measurement	<ul style="list-style-type: none"> - report lesion size and changes in dimension over time - avoid problem of skewed rulers digital scale incorporated into devices and software
Color Calibration	<ul style="list-style-type: none"> - should be comparable over time and regularly calibrated.
Image Storage	<ul style="list-style-type: none"> - store for regulatory and clinical reasons JPEG, TIFF, EXIF, DICOM

2.2.4. Challenges and Opportunities in Teledermatology

Challenges: picture taken by the patient is not in a good quality, patient data security and privacy, including compliance with regulations. The whole patient cannot be examined, only localised. No touching of skin. Demands diligence in documentation, storage and consent. Who has the clinical accountability or responsibility. Double charging. Teledermatology is not included in training curriculum for doctors. Different patient experience. Barriers in practice such as individual preference of doctors, resistance to change and no benefit in investing time to adapt.

Opportunities: increase access to care, reduce waiting times, reduce travel time and costs, increase patient satisfaction, increase efficiency, increase access to specialist care, increase access to education and training, increase access to research and clinical trials, increase access to data and analytics, increase access to technology and innovation, increase access to collaboration and networking, increase access to telemedicine and telehealth.

2.2.5. Previous Research in Teledermatology

The article by Primary Care Commissioning in 2011 outlined quality standards for teledermatology services using store and forward images. These standards include:

- Standard 1: Models of teledermatology services including links to other services
- Standard 2: Selecting patients for teledermatology
- Standard 3: Gaining the patient's informed consent
- Standard 4: Competent staff
- Standard 5: The teledermatology referral: patient history and suitable images
- Standard 6: Communication between referring and reporting clinician
- Standard 7: Information governance and record-keeping
- Standard 8: Audit and quality control

These standards serve as guidelines for ensuring the quality and effectiveness of teledermatology services, particularly in the context of using store and forward images.

3. Methodology

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3.1. Literature Review Methodology

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4. Implementation

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5. Results and Analysis

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A. Code

Listing A.1: Caption on PDF

```
import numpy as np
```