

BELLEVUE HOSPITAL CENTER

462 First Avenue, New York, NY 10016

Emergency Department Medical Record

Patient Name: Maria Rodriguez DOB: 03/15/1985
MRN: BH-2024-789456 Date of Service: 01/15/2024
Chief Complaint: Motor vehicle accident - neck and back pain

HISTORY OF PRESENT ILLNESS:

38-year-old female presents to ED via ambulance following a motor vehicle collision at the intersection of Broadway and 42nd Street, Manhattan. Patient was the restrained driver of a vehicle that was struck on the driver's side by another vehicle that ran a red light. Patient reports immediate onset of severe neck pain, lower back pain, and left shoulder pain. Denies loss of consciousness. GCS 15 at scene.

PHYSICAL EXAMINATION:

Vital Signs: BP 142/88, HR 96, RR 18, Temp 98.6F, SpO2 99% RA

General: Alert, oriented x3, appears uncomfortable, in moderate distress

HEENT: Normocephalic, atraumatic. PERRLA. No facial tenderness.

Neck: Cervical spine tenderness at C5-C7. Decreased ROM - flexion limited to 30 degrees, extension limited to 15 degrees due to pain. Paraspinal muscle spasm noted.

Back: Lumbar spine tenderness at L4-S1. Paraspinal muscle spasm. SLR positive bilaterally at 45 degrees.

Extremities: Left shoulder tenderness over AC joint. ROM limited by pain.

Neurological: Strength 5/5 bilateral upper and lower extremities. Sensation intact. DTRs 2+ symmetric.

DIAGNOSTIC IMAGING:

CT Cervical Spine: No acute fracture or dislocation. Mild degenerative changes at C5-C6.

CT Lumbar Spine: No acute fracture. L4-L5 and L5-S1 disc bulging.

X-ray Left Shoulder: No acute fracture. AC joint widening suggestive of Grade I separation.

ASSESSMENT:

1. Cervical strain/sprain ICD-10: S13.4XXA
2. Lumbar strain/sprain with radiculopathy ICD-10: S33.5XXA, M54.16
3. AC joint sprain, Grade I ICD-10: S43.50XA
4. Post-traumatic headache ICD-10: G44.329

PLAN:

1. Cervical collar for comfort
2. Flexeril 10mg TID for muscle spasm
3. Ibuprofen 800mg TID with food
4. Follow up with orthopedics within 1 week
5. MRI cervical and lumbar spine recommended if symptoms persist
6. Patient advised no work x 2 weeks
7. Return precautions given

Patient is unable to perform usual daily activities due to pain and limited mobility. Prognosis for full recovery uncertain pending further evaluation.

Attending Physician: James Chen, MD

Date/Time: 01/15/2024 22:45