

Exercise Set 3

Sean Ericson

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Exercise 1

If

$$\vec{J} = J_x \hat{x} + J_y \hat{y} + J_z \hat{z}$$

Then

$$\begin{aligned} \left(\vec{J} \times \vec{J} \right)_\gamma &= J_\alpha J_\beta \epsilon_{\alpha\beta\gamma} \\ &= J_\alpha J_\beta - J_\beta J_\alpha \\ &= [J_\alpha, J_\beta] \\ &= i\hbar J_\gamma \end{aligned}$$

Thus

$$\vec{J} \times \vec{J} = i\hbar \vec{J}$$