## Homework 1

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### Problem 1

We can get the electric field amplitude from the intensity, as

$$I = \frac{P}{A} = \frac{1}{2}c\epsilon_0 E_0^2 \implies E_0 = \sqrt{\frac{2P}{c\epsilon_0 A}} \approx 868 \text{ V/m}.$$

A rough but simple estimate for the dipole moment is just  $ea_0 \approx 2.5$  Debye. The Rabi frequency is then

 $\Omega_0 = \frac{\mu E_0}{\hbar} \approx 70 \text{ MHz}$ 

See the end of the document for a printout of the Mathematica notebook used for these calculations.

## Problem 2

Under the rotating wave approximation, we neglect the counter-rotating term and get as our differential equation (neglecting bars on the 'c's)

$$\dot{c}_1 = -\frac{1}{2}i\Omega_0 e^{i\delta t} c_2$$
$$\dot{c}_2 = -\frac{1}{2}i\Omega_0 e^{-i\delta t} c_1.$$

The Rabi frequency is directly proportional to the applied electric field. In the weak-field limit, we can perturbatively expand the amplitudes as

$$c_i = c_i^{(0)} + \Omega_0 c_i^{(1)} + \Omega_0^2 c_i^{(2)} + \cdots$$

To zero-th order, the amplitudes are given by the initial conditions  $c_1^{(0)} = c_1(0) = 1$ , and  $c_2^{(0)} = c_2(0) = 0$ . Now we go to first order and plug into the differential equation:

$$\frac{\mathrm{d}}{\mathrm{d}t} \left( c_1^{(0)} + \Omega_0 c_1^{(1)} \right) = -\frac{i}{2} \Omega_0 e^{i\delta t} \left( c_2^0 + \Omega_0 c_2^{(1)} \right)$$

$$\Longrightarrow \qquad \Omega_0 \dot{c}_1^{(1)} = -\frac{i}{2} \Omega_0^2 e^{i\delta t} c_2^{(1)}$$

Matching terms proportional to  $\Omega_0$  gives

$$\dot{c}_1^{(1)} = 0$$
  
 $\Rightarrow c_1^{(1)} = c_1^{(1)}(0) = 0.$ 

For  $c_2$ , we find

$$\frac{\mathrm{d}}{\mathrm{d}t} \left( c_2^{(0)} + \Omega_0 c_2^{(1)} \right) = -\frac{i}{2} \Omega_0 e^{-i\delta t} \left( c_1^{(0)} + \Omega_0 c_1^{(1)} \right)$$

$$\Longrightarrow \qquad \Omega_0 \dot{c}_2^{(1)} = -\frac{i}{2} \Omega_0 e^{-i\delta t} + O(\Omega^2)$$

$$\Longrightarrow \qquad c_2^{(1)} = -\frac{i}{2} \int_0^t \mathrm{d}t' e^{-i\delta t'}$$

$$= \frac{1}{2\delta} \left( e^{-i\delta t} - 1 \right).$$

So, to first order we have that

$$\begin{vmatrix} c_1 \approx 1 \\ c_2 \approx \frac{\Omega_0}{2\delta} \left( e^{-i\delta t} - 1 \right) \end{vmatrix} \implies \frac{\left| c_1 \right|^2 \approx 1}{\left| c_2 \right|^2 \approx \frac{\Omega_0^2}{2\delta^2} \left( 1 - \cos \delta t \right) }$$

Repeating the process for second order (matching terms proportional to  $\Omega_0^2$ ),

$$\frac{\mathrm{d}}{\mathrm{d}t} \left( 1 + \Omega_0^2 c_1^{(2)} \right) = -\frac{i}{2} \Omega_0 e^{i\delta t} \frac{\Omega_0}{2\delta} \left( e^{-i\delta} - 1 \right)$$

$$\Rightarrow \qquad \dot{c}_1^{(2)} = -\frac{i}{4\delta} \left( 1 - e^{i\delta t} \right)$$

$$\Rightarrow \qquad c_1^{(2)} = -\frac{i}{4\delta} \int_0^t \mathrm{d}t' \left( 1 - e^{i\delta t} \right)$$

$$= -\frac{i}{4\delta} \left[ t - \frac{1}{i\delta} \left( e^{i\delta t} - 1 \right) \right]$$

$$\frac{\mathrm{d}}{\mathrm{d}t} \left( \frac{\Omega_0}{2\delta} \left( e^{-i\delta t} - 1 \right) + \Omega_0^2 c_2^{(2)} \right) = -\frac{i}{2} \Omega_0 e^{-i\delta t} \left( 1 + \Omega_0^2 c_1^{(2)} \right)$$

$$\Rightarrow \qquad \dot{c}_2^{(2)} = 0$$

$$\Rightarrow \qquad c_2^{(2)} = 0$$

So, to second order we have

$$c_{1} \approx 1 - \frac{i\Omega_{0}^{2}}{4\delta} \left[ t - \frac{1}{i\delta} \left( e^{i\delta t} - 1 \right) \right]$$

$$c_{2} \approx \frac{\Omega_{0}}{2\delta} \left( e^{-i\delta t} - 1 \right)$$

$$\Rightarrow \frac{\left| c_{1} \right|^{2} \approx 1 - \frac{\Omega_{0}^{2}}{2\delta} \left( 1 - \cos \delta t \right) + \frac{\Omega_{0}^{4}}{8\delta^{4}} \left( 1 + \frac{t^{2}}{2\delta^{2}} - \cos \delta t - 2t \sin \delta t \right)}{\left| c_{2} \right|^{2} \approx \frac{\Omega_{0}^{2}}{2\delta^{2}} \left( 1 - \cos \delta t \right)}$$

#### Problem 3

(a) We consider a two-level atom with states denoted  $|1\rangle$ ,  $|2\rangle$  and corresponding energies  $E_1 = \hbar\omega_1 = -\omega_0/2$  and  $E_2 = \hbar\omega_2 = \omega_0/2$ . The atom interacts with a linearly polarized optical field described by

$$\vec{E} = \text{Re}[E_0 e^{-i\omega t}] \ \hat{z}.$$

The interaction between the atom and the field is given to lowest order by the electric dipole interaction

$$V = -\vec{\mu} \cdot \vec{E} = ez|E_0|\cos(\omega t - \phi).$$

Assuming the two atomic states have opposite parity, the diagonal interaction matrix elements vanish:

$$V_{11} \propto \langle 1|z|1\rangle = 0 = V_{22}.$$

By a choice of phase for the wavefunction, we can take the off-diagonal elements to be real (and hence equal):

$$V_{12} = e|E_0|z_{12}\cos(\omega t - \phi)$$

The hamiltonian for the combined system is then

$$H = H_0 + V$$

$$= \frac{\hbar\omega_0}{2} \begin{pmatrix} -1 & 0 \\ 0 & 1 \end{pmatrix} + \hbar\Omega_0 \cos(\omega t - \phi) \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$$

$$= -\frac{\hbar\omega_0}{2} \sigma_z + \hbar\Omega_0 \cos(\omega t - \phi) \sigma_x,$$

where we define the Rabi frequency  $\Omega_0 = \frac{ez_{12}E_0}{\hbar}$ .

In the Schrödinger representation, the state of the atom is described by

$$|\psi(t)\rangle_{S} = c_{1}(t)|1\rangle + c_{2}(t)|2\rangle \quad (|c_{1}|^{2} + |c_{2}|^{2} = 1).$$

In the absence of the external field, the state would evolve as

$$|\psi(t)\rangle_{\rm S} = c_1(0)e^{-i\omega_1 t}|1\rangle + c_2(0)e^{-i\omega_2 t}|2\rangle.$$

In the interaction representation, we factor out this free phase evolution by writing

$$|\psi(t)\rangle_{\mathrm{I}} = \bar{c}_1(t)e^{-i\omega_1 t}|1\rangle + \bar{c}_2(t)e^{-i\omega_2 t}|2\rangle,$$

that is, we make the (time-dependent) unitary transformation

$$|\psi(t)\rangle_{\rm S} \to |\psi(t)\rangle_{\rm I} = U(t) |\psi(t)\rangle_{\rm S},$$

where

$$U(t) = \begin{pmatrix} e^{-i\omega_1 t} & 0\\ 0 & e^{-i\omega_2 t} \end{pmatrix}.$$

We get the effective interaction hamiltonian by making the inverse transformation on V:

$$V_{\rm I} = U^{\dagger} V U = \hbar \Omega_0 \cos(\omega t) \begin{pmatrix} 0 & e^{-i\omega_0 t} \\ e^{i\omega_0 t} & 0 \end{pmatrix},$$

where the phase  $\phi$  has been absorbed into the (complex) Rabi frequency.

(b) To make the rotating wave approximation, we re-write the effective hamiltonian as

$$V_{\rm I} = \frac{1}{2}\hbar\Omega_0 \left(e^{i\omega t} + e^{-i\omega t}\right) e^{i\omega_0 t} \sigma_+ + \text{h.c.}$$
$$= \frac{1}{2}\hbar\Omega_0 \left(e^{i(\omega + \omega_0)t} + e^{-i(\omega - \omega_0)t}\right) \sigma_+ + \text{h.c.}$$

where  $\sigma_+$  is the raising operator  $|2\rangle\langle 1|$ . Making the RWA amounts to neglecting the counter-rotating term (i.e. the term with  $\omega_0 + \omega$ ), leaving

$$V_{\rm I} \approx \frac{1}{2}\hbar\Omega_0 e^{i\delta t}\sigma_+ + {\rm h.c.},$$

where we have switched to using the detuning  $\delta = \omega_0 - \omega$ .

(c) The Bloch Siegert shift effectively decreases  $\omega_2 - \omega_1 = \omega_0$ , and therefore becomes relevant when the level spacing is already small, such as in magnetic field interactions.

#### Problem 4

Making the simplifying assumptions of a constant Rabi frequency and zero detuning, we have that

$$\begin{vmatrix} \dot{c}_1 = -\frac{i}{2}\Omega_0 c_2 - \frac{\gamma_1}{2}c_1 \\ \dot{c}_2 = -\frac{i}{2}\Omega_0 c_1 - \frac{\gamma_2}{2} \end{vmatrix} \implies \begin{pmatrix} \dot{c}_1 \\ \dot{c}_2 \end{pmatrix} = -\frac{1}{2} \begin{pmatrix} \gamma_1 & i\Omega_0 \\ i\Omega_0 & \gamma_2 \end{pmatrix} \begin{pmatrix} c_1 \\ c_2 \end{pmatrix},$$

or, more simply,

$$\dot{\psi} = M\psi; \qquad M = -\frac{1}{2} \begin{pmatrix} \gamma_1 & i\Omega_0 \\ i\Omega_0 & \gamma_2 \end{pmatrix}.$$

For  $c_1(0) = 1$ ,  $c_2(0) = 0$ , the solution to this first order differential equation is

$$\psi(t) = e^{Mt} \psi(0)$$

$$= \frac{1}{2\chi} \begin{pmatrix} e^{-(\gamma_1 + \gamma_2 + \chi)t} \left[ \chi \left( e^{\chi t/2} + 1 \right) + (\gamma_1 + \gamma_2) \left( e^{\chi t/2} - 1 \right) \right] \\ -2ie^{-(\gamma_1 + \gamma_2 + \chi)/4} \left( e^{\chi t/2} - 1 \right) \end{pmatrix}$$

# Problem 1

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In[\circ]:= P = 1 mW; A = 1 mm<sup>2</sup>; \mu = e \ a_{\theta} ; \ UnitConvert[\mu, "Debyes"] Out[\circ]:= 2.541746473 D In[\circ]:= E<sub>0</sub> = \sqrt{\frac{2 P}{c \ \epsilon_{\theta} \ A}} ; \ UnitConvert[E_{\theta}, "V/m"] Out[\circ]:= 868.021098 V/m In[\circ]:= \Omega_{\theta} = \frac{\mu E_{\theta}}{\hbar} ; \ UnitConvert[\Omega_{\theta}, "MHz"] Out[\circ]:= 69.7855727 MHz
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# Problem 2

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\begin{aligned} c_1 &= 1 - \frac{\dot{\mathbf{n}} \ \Omega_{\theta}^{\ 2}}{4 \, \delta} \left( t - \frac{1}{\dot{\mathbf{n}} \, \delta} \left( e^{\dot{\mathbf{n}} \, \delta \, t} - 1 \right) \right); \\ c_1 \, c_1^* \ / / \ \text{ComplexExpand} \ / / \ \text{FullSimplify} \\ 1 + \frac{8 \, \delta^2 \, \left( -1 + \text{Cos} \left[ t \, \delta \right] \right) \, \Omega_{\theta}^2 + \left( 2 + t^2 \, \delta^2 - 2 \, \text{Cos} \left[ t \, \delta \right] - 2 \, t \, \delta \, \text{Sin} \left[ t \, \delta \right] \right) \, \Omega_{\theta}^4}{16 \, \delta^4} \end{aligned}
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# Problem 3

$$\begin{split} & \text{In}[23]\text{:=} \ \sigma_{\text{X}} \ = \ \text{PauliMatrix[1]} \ ; \ \sigma_{\text{z}} \ = \ \text{PauliMatrix[3]}; \\ & \sigma_{\text{-}} = \ (\text{PauliMatrix[1]} + \text{$\dot{\text{L}}$ PauliMatrix[2]}) \ / \ 2; \\ & \sigma_{\text{+}} \ = \ (\text{PauliMatrix[1]} - \text{$\dot{\text{L}}$ PauliMatrix[2]}) \ / \ 2; \\ & \text{In}[80]\text{:=} \ H_{\theta} \ = \ -\frac{\hbar \ \omega_{\theta}}{2} \ \sigma_{\text{z}}; \\ & \text{$V = \hbar \Omega_{\theta}$ Cos} \ [\omega \ \text{$t - \phi$}] \ \sigma_{\text{x}}; \\ & \text{$U = MatrixExp[-$\dot{\text{L}}$ $H_{\theta}$ $t / \hbar$]}; \end{split}$$

# In[78]:= $V_I=U^{\dagger}.V.U$ // ComplexExpand // TrigToExp // FullSimplify; $V_I$ // MatrixForm

Out[79]//MatrixForm=