

# Sean Carlson

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Connect with me on LinkedIn!

My degree in **Communication** and my keen attention to detail equip me with the tools necessary for assessing the **root cause** of a problem and developing **grounded solutions**, as proven throughout my years in crisis intervention roles. I have a passion for **learning new things** and I view every challenge I face as an **opportunity to grow**.

## EXPERIENCE

### Parker Personal Care Homes | 1:1 Direct Support Professional

2019 - 2022 | Arvada, CO

- Provided support to people with developmental disabilities in a day program/community setting
- Carefully observed interfering behaviors to determine root causes and design informed solutions
- Reported independent observations to a team and workshopped successful intervention techniques
- De-escalated client when in crisis and employed pre-established rapport to seize post-crisis as an opportunity for growth and development
- Fostered a meaningful relationship and worked with the client to create a balanced schedule that is enjoyable and encourages positive community connections
- Recorded detailed notes about daily activities, seizures, and crisis situations

### REM Central Lakes | Direct Support Professional

2018 - 2019 | St. Cloud, MN

- Provided person-centered support for multiple clients in a group home setting
- Managed multiple client schedules and transported them to work, appointments, and into the community
- Built meaningful rapport with clients to explore interests, work towards their goals, and promote satisfaction in life
- Daily documentation and medication administration

### Rudolph Community and Care | Direct Support Professional

Jun. 2018 - Aug. 2018 | Savage, MN

- Provided person-centered support for multiple clients in a group home setting
- Identified precursors to escalating behaviors and intervened prior to harmful results
- Daily documentation and medication administration
- Emergency use of manual restraint training

### Crisis Text Line | Volunteer Crisis Counselor

Nov. 2016 - Feb. 2017 | Online

- Counseled distressed individuals through online text conversations
- Identified each issue and asked thoughtful questions to increase understanding and awareness
- Promoted rational behavior from clients experiencing extreme emotion

## AWARDS & CERTIFICATIONS

- 2021 Colorado Direct Support Professional of the Year Semi-Finalist
- Responsive Web Design Certification (freeCodeCamp)
- JavaScript Algorithms and Data Structures Certification (freeCodeCamp)
- Front End Development Libraries Certification (freeCodeCamp)
- CPR/First Aid Certification

## EDUCATION

University of Minnesota Duluth | Duluth, MN

Bachelor of Arts

Communication Major, Economics Minor