

Nouns	Verbs
Programs Diets Foods Dietary Information Calories Grams of fat Grams of carbs Grams of protein Collection Users Basic Foods Recipes Sub-recipes Day Graphics Weight Weight Change Desired caloric intake Amount over/under Goal Daily consumption Calorie targets Number of servings	Monitor diet Provide collection of foods Can be extended Add foods Add recipes Save the collection of foods Record their weight USE the weight recordings SHOW the weight change Display the totals for each dietary info Set a calorie intake Indicate the amount of calories currently consumed, under or above the intake goal

Class Noun: Diet	
Attribute Nouns	Behavior verbs
Foods Dietary Information	Monitor diet

Class Noun: Goal	
Attribute Nouns	Behavior verbs
Weight Amount over/under Desired caloric intake Calorie targets	Set caloric intake

Class Noun: Food	
Attribute Nouns	Behavior verbs
Calories Grams of fat Grams of carbs Grams of protein	

Class Noun: Recipe	
Attribute Nouns	Behavior verbs
Sub-recipes Food	Add recipes Add foods

Class Noun: User	
Attribute Nouns	Behavior verbs
Diet Food Recipes Weight	Monitor diet Add Foods Add Recipes Record Their Weight

Class Noun: Day	
Attribute Nouns	Behavior verbs
Caloric consumption Number of servings Food Weight Change	Add foods

Class Noun: Graphics	
Attribute Nouns	Behavior verbs
	Display the totals for each dietary info Show the weight change