# Introduction to Statistics for the Social Sciences

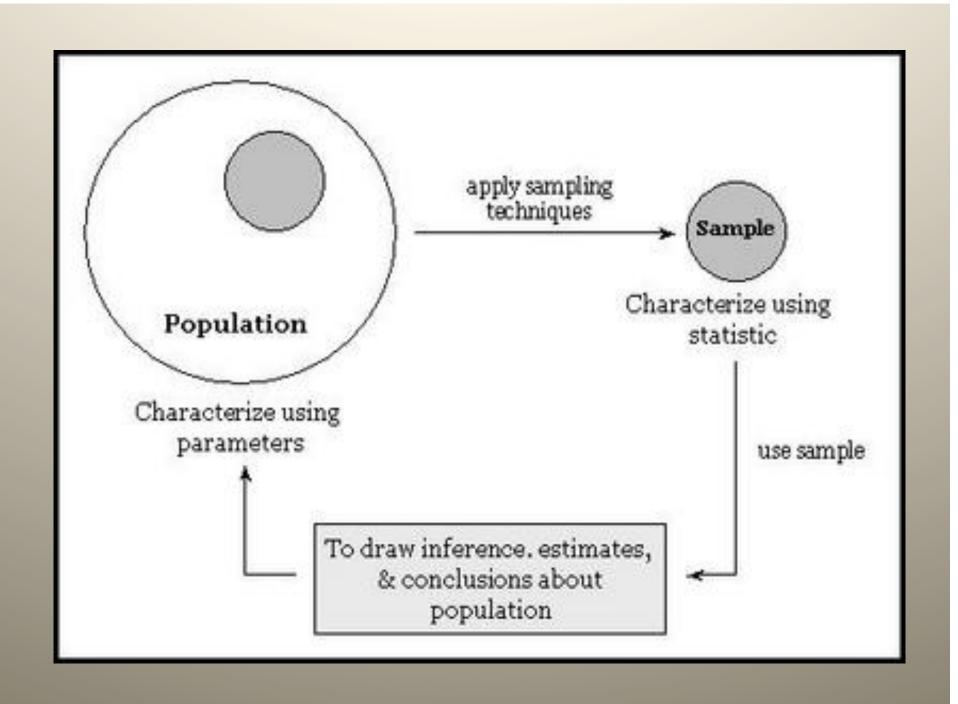
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## Populations and Samples

- <u>Population</u>—The entire collection of relevant people or events
  - E.g., Everyone in the United States, everyone in a class, everyone with a disorder, etc.
- Parameters Measures of populations (Greek)
- <u>Sample</u>—Some subset of an entire collection of relevant people or events
  - E.g., Some Americans, one class out of a high school, some people with a disorder, etc.
- <u>Statistics</u>—Measures calculated from samples (Roman—our alphabet)



# Types of Variables

- Independent variable—The variable that is manipulated experimentally, or pseudoexperimentally
  - E.g., drug vs. placebo, gender, etc.
- Dependent variable—The "outcome variable," the variable that is measured to observe the hypothesized effect
  - E.g., test score, pain tolerance, rating of something, etc.

# Types of Measurement

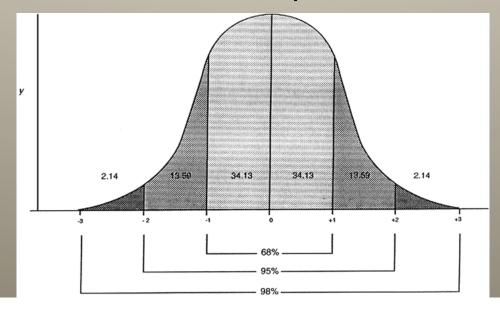
- How you measure something impacts what kinds of analysis you can do
- Nominal (categorical)—variables measured as categories
  - E.g., ethnicity, gender, location, etc.
- Ordinal (ranked)—variables can be ranked in some meaningful way, but gaps between values are uneven
  - E.g., ranking in race, class rank
- Must use non-parametric tests for these if they are the dependent variable

# Types of Measurement

- Interval—Variables measured numerically where the distance between points is equal
  - E.g., 7-point scales, Fahrenheit temperature, etc.
- <u>Ratio-scale</u>—Same as interval, but with a meaningful 0-point
  - Allow statements like "subject A did twice as well as subject B"
  - E.g., GPA, Kelvin temperature, etc.
- Dependent variable needs to be measured at one of these levels for *parametric* statistics to be used!

#### Distributions and Parametric Statistics

- <u>Distribution</u>—A collection of scores
  - Parametric statistics assume a normal distribution
  - Normal distribution is a mathematical abstraction, never exactly exists, but stats are robust to violations of this assumption



## **Descriptive Statistics**

- Measures that describe distributions
- Measures of central tendency
  - Mean Average of a sample (X) or a population ( $\mu$ )
    - The mean of a population is typically the best guess for any given score in that population
    - Similarly, the mean of a sample is the best guess for the mean of the population it comes from
  - Median—The value that divides the distribution into 2 equal size pieces
  - Mode—The most common number in a distribution

## **Descriptive Statistics**

- Measures of dispersion, or how "spread out" the data are
- Variance—A measure of dispersion, how much scores are spread out in a distribution

$$\sigma^2 = \frac{\sum (X - \mu)^2}{N}$$

- $\sigma^2 = \frac{\sum (X \mu)^2}{N}$  Standard Deviation—The "average amount" that scores vary from the mean
  - Square root of variance  $\sigma = \sqrt{\sigma^2}$

### Inferential Statistics

- These are used when one wants to do more than just describe something
- They are used to make inferences about populations from samples
  - Populations can be real (e.g., all Harvard students)
  - Or hypothetical (e.g., all depressed people that take Prozac)
- Usually in research we want to know about populations, but we can only measure samples
  - Inferential statistics tell us if what we observe about samples generalizes to populations

# Null Hypothesis Statistical Testing

- Usually in research we are testing hypotheses about how groups relate to each other
- To do this we must use NHST
- The question NHST allows us to ask is, "what is the probability that a sample was drawn from a specific population?"
- Or, more commonly, "what is the probability that multiple samples were drawn from the same population?"
  - If this probability is low we assume there is some meaningful difference between groups

#### **NHST**

- Usually in research we want to know if two groups are the same, if some manipulation has an effect, etc.
  - This is our research hypothesis  $\mu_1$  ≠  $\mu_2$
- These questions must be mapped onto the statistical logic of populations and samples
  - E.g., If the drug does have an effect these two groups would be two different populations (because they are different on our measure)
  - Conversely, if some drug has no effect, then people that take the drug and those that do not form one population (because they are not different on our measure)

#### **NHST**

- In order to test if our research hypothesis is true, we must compare it to a null hypothesis which is different
- Null hypothesis (statistically defined)—All samples come from one population ( $\mu_1 = \mu_2$ )
- <u>Null hypothesis (conceptually defined)</u>—The groups are not different; there is no effect; etc.
  - \*\*\*This is not the same as saying the research hypothesis is false\*\*\*

#### **NHST**

- First we set up our null hypothesis:
  - Mean of population 1 = Mean of population 2
- And our research hypothesis:
  - Mean of population 1 ≠ Mean of population 2
- We can never say whether our research hypothesis is true
  - Karl Popper: It is impossible to "prove" any hypothesis, we can only argue it is our best explanation for any given data
  - Statistics: One cannot 100% say that two samples come from different populations if we do not know the population distributions
- We can only evaluate how likely the null hypothesis is to be true with inferential statistics.
  - If it is unlikely that both samples came from one population, then we assume our research hypothesis is a better explanation of the data

#### **Z-Score**

- Used to standardize a raw score
- Tells you how many standard deviations a score is off from the mean (z-score = number of standard deviations a score is off the mean)

$$Z = \frac{X - \mu}{\sigma}$$

#### **Z-Test**

- Used when you have a sample from a population with a known mean and standard deviation ( $\mu$ ,  $\sigma$ )
- Uses <u>Standard Error of the Mean</u>—the standard deviation of a sampling distribution

$$Z = \frac{\overline{X} - \mu}{\sigma_{\overline{X}}} \qquad \sigma_{\overline{X}} = \frac{\sigma}{\sqrt{N}}$$

# Single Sample t-test

- Used when [null hypothesis'] population mean is known, but not population standard deviation
- Population standard deviation estimated from sample's standard deviation

$$t = \frac{\overline{X} - \mu}{S_{\overline{X}}}$$

$$S_{\overline{X}} = \frac{S_X}{\sqrt{N}} = \frac{\sqrt{\frac{\sum (X - \overline{X})^2}{N - 1}}}{\sqrt{N}}$$

# Independent Samples t-test

- Used when neither [null hypothesis'] population mean or standard deviation is known
- Mean estimated from control group usually, standard deviation estimated from the standard deviation of both samples

$$t = \frac{\overline{X_1} - \overline{X_2}}{S_{pooled}} \qquad S_{pooled} = \sqrt{\frac{S_1^2}{n_1} + \frac{S_2^2}{n_2}}$$

# Paired Samples t-test (a.k.a. dependent samples, within-subjects)

- Single sample t-test with a difference score
- A difference score is calculated by subtracting each subject's score on one item (e.g., posttest) from that subject's score on another item (e.g., pre-test)

$$t=rac{\overline{D}-\mu_D}{S_{\overline{D}}}$$
  $\mu$  = 0 by assumption

- Compares more than 2 groups on 1 dependent variable
  - 1 categorical Independent Variable with more than 2 levels
  - 1 Interval-level Dependent Variable
- Tests omnibus null hypothesis:  $\mu_1 = \mu_2 = \mu_3 \dots$
- Contrasts and post-hoc tests done to check for specific hypotheses: e.g.,  $\mu_1 > \mu_2$

- Within-group variance is an estimate of random variance
- Between-group variance is an estimate of systematic and random variance
- Compares variance between the different groups to the variance within the different groups

$$F = \frac{S_{between}^2}{S_{within}^2}$$

Compares signal to noise ratio

$$F = \frac{Signal + Noise}{Noise}$$

Compares "expected" to observed

$$F = \frac{Observed}{"Expected"}$$

 Compares the ratio of the populations these two measures would have likely come from

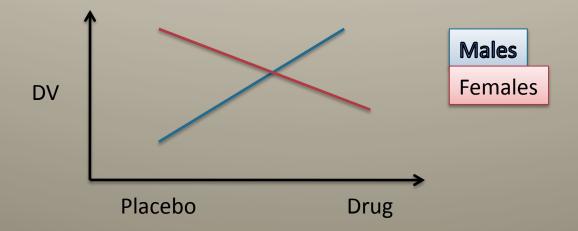
$$F = \frac{S_{between}^2}{S_{within}^2}$$

#### Factorial ANOVA

- Used when you have more than 1 categorical independent variable (e.g., gender and drug/ placebo)
- Also tests omnibus null:  $\mu_1 = \mu_2 = \mu_3 \dots$
- But can test it for groups that vary on two or more independent variables:  $\mu_{1A} = \mu_{1B} = \mu_{2A} = \mu_{2B} \dots$
- Can also do post hoc tests and contrasts

#### Factorial ANOVA

- Variables must have multiple levels
- Can look at <u>Interactions</u>—when the effect of one variable depends upon the level of the other variable



#### Factorial ANOVA

- Between-Subjects—where different subjects are in different conditions
- Within-Subjects—when all subjects are in all conditions, and are compared to themselves
- <u>Mixed-Model</u>—Some variables are withinsubjects, some are between-subjects

## Non-parametric Statistics

- These must be used if your distribution is sufficiently non-normal, or if your dependent variable is not at least on an interval scale
- There are non-parametric analogs of all the previous tests, except mixed-model ANOVAs
- You can lose substantial power
- Chi-square; Mann-Whitney; Kruskal-Wallis;
   Sign Test; Wilcoxon; Friedman

#### Correlation

- Measures how two variables "track" each other, or co-vary
- Cannot infer causation
- Can be done for frequencies of nominal variables

$$r_{XY} = \frac{Cov_X Cov_Y}{\sigma_X \sigma_Y} = \frac{\sum (X - \overline{X})(Y - \overline{Y})}{S_X S_Y (n - 1)}$$

### Regression

- Glorified slope intercept!
- Can take interval DVs and IVs

$$y = mx + b$$

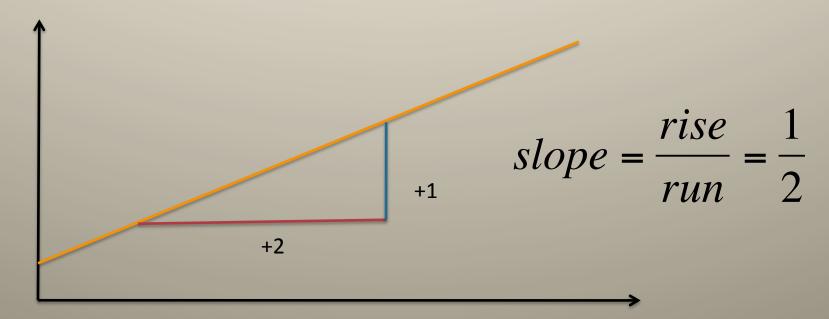
$$X_{predicted} = \beta_1 X_1 + \beta_0$$
Regression coefficient Intercept

Prediction for score on Variable X

Score on variable 1

## Regression

 <u>Slope</u>—How one variable changes with another (sometimes just correlation)



## Regression

• Intercept—The value of our predicted variable  $(X_{predicted})$  when the value of our predictor variable  $(X_1)$  is 0

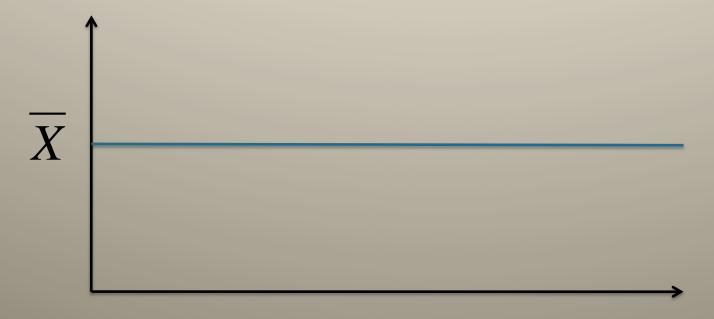
$$X_{predicted} = \beta_1 X_1 + \beta_0$$

$$X_{predicted} = \beta_1 (0) + \beta_0$$

$$X_{predicted} = \beta_0$$

# Regression Logic

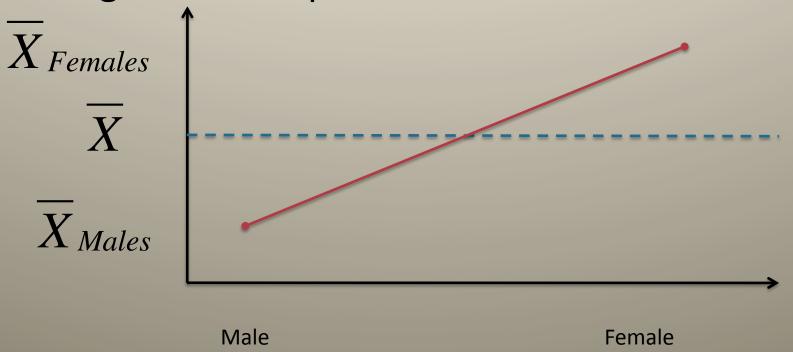
 Mean as best guess for random score, if you do not have better information



All People from Population

# Regression Logic

 However, if two variables are related, you can use one to predict the value of the other one and get a better prediction than the mean



# Multiple Regression

 Uses multiple independent variables to predict a dependent variable

$$X_{predicted} = \beta_1 X_1 + \beta_2 X_2 + \beta_0$$

- Mathematically, tries to capture only the unique contribution of each variable
  - \*Caution\* This cannot be done perfectly since regression works off of correlation, so more sophisticated techniques are needed to infer causality

# Thanks!

