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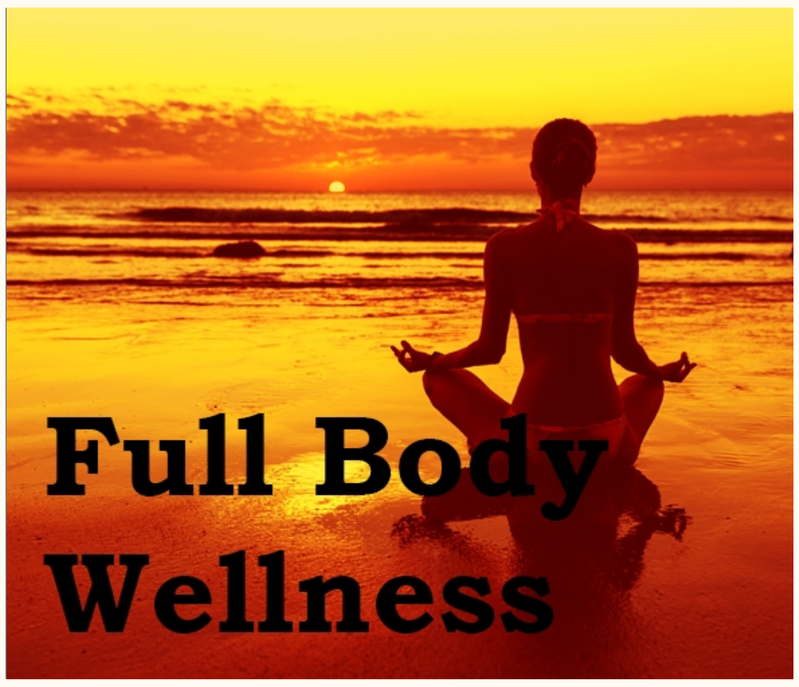

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Warrior 2.0

We've revamped one of our best selling guides to bring YOU a new 6-week, 4-day workout program to get the heart rate up, blood flowing, and muscles working! This time, it's all about how to attain YOUR balance with nutrition, how to go out and eat and still stack on track, macro counting & intuitive eating – including food hacks & low-calorie snacks!

Buy Warrior 2.0

$54.99

Check out the Success Stories!

Emily's Story

When I first joined the community I was a gym newbie. I had no idea how to use any of the machinery and had a million questions. The Fitness Chick and her team were always there to answer my questions. I learned so much from this program!

I lost 20lbs and have gained so much strength and muscle! I finally feel confident on the beach and I owe it all to Warrior 2.0!

What do you get with Warrior 2.0?

A 12 week workout guide

A community of individuals following the same program

24/7 Access to a Personal Trainer

24/7 Access to a certified Nutritionist

300 Pages of valuable fitness information

Nutrition Tips | Form Tips | Cardio Tips

Are you ready to begin your fitness journey?

Buy today for only $54.99

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