



Present this

CERTIFICATE OF ATTENDANCE

to

Sean Darrell L. Tungcol

(4 hours)

For attending the online training on

WORK-LIFE BALANCE IN THE DIGITAL AGE: SETTING BOUNDARIES FOR WELL-BEING

As part of the Capacity Building Intervention Program for the Shared Service Facilities

Conducted on June 28, 2025

Online via Zoom

A handwritten signature in black ink that appears to read "JAY A. ACAR".

JAY A. ACAR
Acting Regional Director
DTI-NCRO