Trail Racing Regulations

Art-1: Presentation:

Le Trail des Vignes, organised by the Association Moine et Sanguèze (see contact details in the "Contact" tab

of the website www.traildesvignes.net), will start in the delegated commune of Saint-Crespin-sur-Moine

(Sèmoine) on Saturday, May 04, 2019. The events during the Trail des Vignes are mainly on the road and are

open to licence holders and non licence holders born in 2003 and before for the 10 km (Magnum) and 5 km (Girl),

born in 2001 and before for the 16 km (Methuselah) and 25 km (Melchior).

Art-2: Registration fee - Refund - Cancellation:

1- Registrations will be processed via the Internet via our website, after payment of the fees commitments AND after checking medical certificates or licences. The total number of participants, at the

Trail des Vignes is limited to 560 runners. Possibility of registration on site if quotas are not reached.

- 2- Licensees FFA, FFCO, FFPM and FFTRI only must provide a photocopy of their licence sports, the others a medical certificate (or a copy) of no contraindication to athletics, the race to foot or sport in competition dated less than one year old (no later than 5 May 2018).
- 3- These documents must be scanned at the time of registration and only left on the registration site (not

mailings nor mailings to the email address of our race.) Minors without a licence must provide a signed parental authorization (You will find a copy on our website).

- 4- No refund possible after 15/04/19 (Possible before only on presentation of a medical certificate of contraindication).
- 5- Online registration ends Thursday, May 02, 2019 at 11:30 pm.
- 6- The Association Moine et Sanguèze reserves the right to cancel the event for any reason that would put the

safety of runners in danger or in any case of force majeure. Participants will be notified by all the possible means, they will then have to strictly comply with the organization's directives. This cancellation will be made without refund of the registration fees paid.

7- All commitments are personal. No transfer of registration is permitted for any reason whatsoever.

Any person who retrocedes his bib to a third party will be held liable in the event of an accident.

occurred or caused by the latter during the test. Anyone with a race number acquired in violation of these rules may be disqualified. The organization declines any responsibility by in the event of an accident in this type of situation.

Art-3: Rates 2019:

Girl (5 km): 4 €. Event for the benefit of the Cap pour la vie association.

Magnum (10 km): 7€ * FFA, 9€ * for other licensees and N.L.

Methuselah (16 km): 9€ * FFA, 11€ * for other licensees and N.L.

Melchior (25 km): 11€ * FFA, 13€ * for other licensees and N.L.

*: +3€ after 15/04/19 and on site.

Art-4: Removal of bibs:

Bibs will be collected at the Saint-Crespin-sur-Moine sports complex the day before the 5pm race.

at 7pm or on race day, from 5:45pm to 15 minutes before the start of the race. When withdrawing the

bibs, licensees will have to present their license and proof of identity and non licensees will have to present a proof of identity.

If your bib was withdrawn during the race (abandonment, disqualification,...), in case of pursuit of the course, the runner does so under his own responsibility.

2

Art-5: Schedules:

1- The start of the 25 km will be given at 8:45 pm, the 16 km at 9:00 pm, the 10 km at 7:45 pm and the 5 km at 8:45 pm.

20h00. ATTENTION for the Melchior (25 km): Time barrier at 22h45 at the 17th km, approximately.

2- At any time, the Association Moine et Sanguèze reserves the right to modify the schedules of the events.

Art-6: Medical:

- 1- An anti-doping test may take place unexpectedly on these tests.
- 2- Medical security will be provided by a first aid organization and a doctor.

Art-7: Routes and Refuelling:

1- The course will be marked out, water and solid supplies are provided (On the course: 1 (only liquid) for the 10 km, 1 (solid and liquid) for the 16 km and 2 (solid and liquid) for the 25 km + 1 refuelling

(liquid + solid) at the finish for all the courses, the event being in semi-autonomy plan can (s) and/or water bag(s) type "CamelBack".

2- At any time the Association Moine et Sanguèze reserves the right to reduce and/or modify the routes

of the tests

Art-8: Equipment - Miscellaneous:

- 1- The runners of Methuselah (16 km) and Melchior (25 km) running part of the course by Semi-night must take with them (check when picking up the bibs): headlamp, pectoral or manual in working order + retro-reflective device, mobile phone and emergency phone number.
- 2- Changing rooms and showers will be available at the complex.

Art-9: Respect of the instructions and the highway code:

Riders must respect the markings and instructions of the race stewards. On the parts open to traffic, competitors must comply with the Highway Code. The organization is free from any responsibility in case of non-compliance with this article and may disqualify the competitor.

Art-10: Insurance:

- 1- Licensees benefit from the guarantees granted by the insurance related to their license. It is the responsibility of others to participants to insure themselves personally. The organizers are covered by an insurance policy in civil liability with Groupama.
- 2- The Association Moine et Sanguèze cannot be held responsible for theft, loss, accidents or malfunctions

due to poor health or non-compliance with traffic regulations or regulations.

Art-11: Image rights and CNIL:

1- By registering, the competitor authorizes free of charge the reproduction and exploitation of his or her image

for the benefit of the organiser (or even its partners) for an indefinite period.

- 2- In accordance with the provisions of Act No. 78-17 of 11 January 1978 as amended, known as the "Data Protection Act
- ", the organiser informs the competitors of the existence of files containing information personal. She also informed the participants that the results will be published on the website of the test (and some of its partners). Each competitor has a right of access to the data

personal data concerning him and may oppose, in particular, the publication of their results by informing

the organizer (contact@traildesvignes.net).

3

Art-12: Advertising, Press Relations and Photographs:

The organisers are the sole owners of the advertising rights and reserve the right to monitor each publication. The organizers are responsible for the layout of the various publication media (Posters,

Flyers, Miscellaneous Prospectus...) and either print or have printed each of these media. The organizers are in charge of contacting various media (paper, radio, TV, Internet,...) in order to communicate the date of the tests to the widest possible audience.

Art-13: Obligations and Ethics. Failure to comply with this article may result in the disqualification of the

competitor:

- 1- Competitors must respect the environment (do not throw waste,...).
- 2- The competitors must respect the route: Do not cut, stay on the paths. Private properties will find their private character at the end of the tests.
- 3- Cyclists are not allowed on the course.
- 4- Competitors must help a competitor in a difficult situation (injury, severe fatigue,

...)

5- Competitors must respect the volunteers without whom this race could not take place.

Art-14: Rankings and Awards:

- 1- Each race will have a unique ranking (Licensed and non-licensed, men and women.)
- 2- Rewards, cups and prizes to the first in each category, without cumulation. A "collector's" technical jersey

"will be offered to all competitors.

Art-15: Abandonment:

In the event of abandonment, you must report it and give your bib to a commissaire nearby or at the race management.

Art-16: The registration to one of the races of the Trail des Vignes is equivalent to agreement with this regulation.

Bike and Run Race Rules

Art-1: Rules and Presentation of Bike and Run:

- 1- A friendly and accessible test for all. The race is open to anyone aged 16 years old or older. (born in 2003 and before).
- 2- It is possible to make male, female or mixed teams.
- 3- The Bike and Run is a sporting event in teams of two people, one runner and one cyclist (mountain bike, mountain bike, etc.).
- only) gathered on the same course.
- 4- The team must remain together throughout the course.
- 5- The replacement of the bike is done from hand to hand and at the team's pace.
- 6- Wearing a helmet with a chin strap attached is mandatory for both the mountain biker and the runner.
- Art-2: Registration fee Fees Cancellation:
- 1- Registrations will be taken into account by internet via the Trail des Vignes website, after payment of the
- commitment fees (6 € per person (12 € per team). + 3€/pers. (+6€/team) after 15/04/19 and on site) AND after verifying medical certificates or licences. The total number of participants in the Bike
- and Run of the Trail des Vignes is limited to 60 runners (30 teams). Possibility of registration on site if quotas not met.
- 2- FFTRI licensees and 2 licenses (FFA + FFC) only must provide a photocopy of their sports licence, the others, a medical certificate (or a copy) of no contraindication of the sport in competition, or athletics or running AND ATV or competitive cycling dated less than of one year (5 May 2018 at the latest).
- 3- These documents must be scanned at the time of registration and only left on the registration site (no mailings or mailings to the email address of our race.) Minors without a license must provide a signed parental authorization (You will find a copy on our website).
- 4- Registration fees remain valid in the event of withdrawal after 15/04/19, possible before on presentation of a medical certificate of contraindication
- 5- Online registration ends Thursday, May 02, 2019 at 11:30 pm.
- 6- The organisers cannot be held responsible or liable for any compensation

financial, whether in the event of outright cancellation or by a municipal decree, a prefectoral decree,

or in case of bad weather that could endanger the competitors or the organizing committee.

7- All commitments are personal. No transfer of registration is allowed for any reason whatsoever. or so it is. Any person retroceding his bib to a third party will be held liable in the event of an accident occurring or caused by the latter during the event. Anyone with a bibs acquired in breach of these rules may be disqualified. The organization declines all liability in the event of an accident in this type of situation.

Art-3: Route - Schedules:

1- The bibs will be collected at the Tillières sports complex on the day of the race from 17:00 and until 6:45 p. m. When you pick up your bib, you will be asked for a deposit cheque of 10€ payable to the Association Moine et Sanguèze, corresponding to the UHF bracelet of TimePulse. These bracelets must be given to the organizers at the end of your event so that this deposit cheque is not cashed. Licensees will be required to present their license and proof of identity and non-licensees will be required to provide proof of identity.

licensees will have to present proof of identity. If your bib was to be removed during the course (abandonment, disqualification,...), in case of continuation of the course, the runner does so

under its own responsibility.

2

- 2- The Bike and Run will start at 7pm.
- 3- Departures and arrivals will take place at the Saint-Crespin-sur-Moine sports complex.
- 4- The courses are located in this sector on off-road circuits (private dirt roads, fields or private vineyards, communal roads...) and will be marked by the installation of signposts and ribbons. The private properties crossed will be restored to their private character at the end of the tests.
- 5- At the start, the runners will start a short distance (about 400m) before recovering their and the mountain bike and cross the starting line together.
- 6- At any time the organisation reserves the right to modify the course and/or the schedule of the event.

Art-4: Abandonment:

In the event of abandonment, the team must notify the person in charge of the nearest post and hand over its

bibs to a commissaire nearby or to the race direction. At the end of the tests one or more "wire clamps".

will close the course to ensure that no competitor would be in difficulty.

Art-5: Safety and traffic regulations:

One or more "openers" will go to recognize the course before the start of the events. All competitors will have to attend the briefing and respect the race instructions. The race management and the commissaires may

exclude any team that does not respect the rules. Compliance with the highway code prevails in the event that the

route came to cross or take a road, called "Public", other than dirt roads and private roads.

Art-6: Equipment - Provisioning - Miscellaneous :

1- Each pair must be equipped with an ATV and two rigid shell helmets with a chinstrap in good condition.

of attachment.

- 2- There are 2 bibs per team and to be fixed on each rider.
- 3- A supply (solid and liquid) will be provided on arrival. As the event is autonomous, it is expected that, at the

minimum, can(s) and/or water bag(s) type "CamelBack".

4- Changing rooms and showers will be available at the complex.

Art-7: Insurance:

1- Licensees benefit from the guarantees granted by the insurance related to their license. It is the responsibility of the

other participants to insure themselves personally. The organisers are covered by a policy civil liability insurance with Groupama.

2- The organizers cannot be held responsible for theft, loss, accidents or malfunctions due to a poor health or non-compliance with traffic regulations or regulations.

Art-8: Respect for the environment:

Le Trail des vignes is committed to a Sustainable Development policy. In order to respect the the environment it is imperative to leave the course clean. The race management or commissaires may

penalize, or even exclude, any team that does not respect the environment of the route it takes. The packaging

must remain in your bag. Containers or bins will be at your disposal on the area

of the finish of the race in order to deposit them.

Art-9: Advertising, Press Relations and Photographs:

The organisers are the sole owners of the advertising rights and reserve the right to monitor each publication. The organizers are responsible for the layout of the various publication media (Posters,

Flyers, Miscellaneous Prospectus...) and either print or have printed each of these media. The

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for the benefit of the organiser (or even his partners) for an indefinite period.

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- ", the organiser informs the competitors of the existence of files containing information personal. She also informed the participants that the results will be published on the website of the test (and its partners). Each competitor has a right of access to personal data concerning him and may object, in particular, to the publication of their result by informing the organiser

(contact@traildesvignes.net).

Art-11: The registration of the Trail des Vignes in the Bike and Run is deemed to be an agreement to this regulation.

The entire team of volunteers remains at your disposal for any further information and you wishes you a good training,

Sportively.