Bike and Run Race Rules

Art-1: Rules and Presentation of the Bike and Run:

- 1- User-friendly event accessible to all. The race is open to anyone 16 years of age at minimum (born) in 2002 and before.
- 2- Men's, women's or mixed teams are possible.
- 3- The Bike and Run is a sporting event in teams of two people, one rider and one cyclist (ATV) only) on the same course.
- 4- The team must remain grouped during the whole course.
- 5- Replacement of the bike is done by hand and at the rhythm of the team.
- 6- The wearing of the helmet with straps attached is obligatory for the cyclist and the rider.

Art-2: Registration fee - Rates - Cancellation:

- 1- The registrations will be taken into account by internet via the Trail des Vignes website, after payment has been made.
- a commitment fee (6 € per person (12€ per team). 3€/pers. (+6€/team) after the 15/04/18 and on site) AND after verification of medical certificates or licences. The total of participants, at the Bike and Run du Trail des Vignes is limited to 60 runners (30 teams) possible on-the-spot registration if quotas are not reached.
- 2- Licensees () FFTRI and 2 licenses (FFA + FFC) only must provide a photocopy of their licensee's name and address.
- sports license, the others, a medical certificate of no contraindication to athletics or running at the track and field.

foot AND ATV or competitive cycling dated May 5,2017.

- 3- These documents must be scanned during registration and only deposited on the registration site. (no postal mailings or mailings on the e-mail address of our race.) Minors will have to provide a signed parental authorization (You will find a copy on our website).
- 4- Registration fees remain valid in case of withdrawal after 15/04/18, possible before 15/04/18 on presentation of a medical certificate of contraindication
- 5- On-line registration ends on Thursday, May 03,2018 at 11:30 pm.
- 6- The Organizers may not be held liable or liable for any compensation whatsoever. financial that it is in case of cancellation pure and simple or by a municipal by-law, a by-law

or in case of bad weather that could endanger the competitors or the committee. of organization.

Art-3: Course - Schedules:

1- Bib numbers will be to be collected at the sports complex of Tillières on the day of the race from 4:15 p. m. onwards.

until 6:00 p. m. When collecting the bib, you will be asked for a 10€ deposit cheque to the order of of the Monk and Sanguèze Association, corresponding to the UHF bracelet of TimePulse. These people

wristbands will have to be given to the organizers at the end of your event so that this deposit cheque will not be refunded.

is not cashed. Licensees will be required to present their licence and proof of identity; and unlicensed persons must present proof of identity.

- 2- The departure of the Bike and Run will be given at 18h15.
- 3- Departures and arrivals will take place at the sports complex of Tillières.
- 4- The courses are located in this sector on all-terrain circuits (private roads, fields, etc.).

or private vineyards, communal roads...) and will be signposted by the installation of an arrows and signs.

rubalises. The private properties crossed will recover their private character at the end of the tests.

5- At the start, the runners on foot will set off for a short distance (about 400m) before recovering. their teammate and the mountain bike and cross the start line together.

2

6- At any time the organization reserves the right to modify the course and/or the race schedule.

Art-4: Abandonment:

In the event of abandonment, the team must obligatorily notify the person in charge of the nearest post and hand over

his race director bibs. At the end of the events one or more "file holders" will close the course in order to

to make sure that no competitor would be in trouble.

Art-5: Safety and traffic regulations:

One or more "openers" will start to recognize the course before the start of the events. All the Competitors must attend the briefing and follow the race instructions. The race direction and the team members may exclude any team that does not comply with the rules. Compliance with the Highway Code

prevails in the event that the route crosses or follows a road, known as "Public", other than the roads.

of land and private roads.

<u>Art-6:</u> Equipment - Refuelling - Miscellaneous:

1- Each binomial must be equipped with an ATV and two rigid-hulled helmets with a jugular in working order.

of attachment.

- 2- Bib numbers are 2 per team and must be fixed on each rider.
- 3- A supply (solid and liquid) will be provided on arrival. The test being in autonomy to foresee, at the minimum, can (s) and/or water bag (s) type "CamelBack".
- 4- Cloakrooms and showers will be available at the complex.

Art-7: Insurance:

1- Licensees benefit from the guarantees granted by the insurance related to their licence. It is the responsibility of

other participants to insure themselves personally. The organizers are covered by a policy insurance policy with Groupama.

2- The organizers cannot be held responsible for thefts, losses, accidents or malfunctions due to theft, loss, accidents or malfunctions due to an accident.

poor health or non-compliance with traffic rules or regulations.

Art-8: Respect for the environment:

Le Trail des vignes is committed to a sustainable development policy. In order to respect

the environment it is imperative to leave the course clean. The race management or commissaires may

penalize, even exclude, any team that does not respect the environment of the course it is taking. The

used packaging must remain in your bag. Containers or garbage cans will be at your disposal.

provision on the finish area of the event in order to drop them off.

Art-9: Advertising, Press Relations and Photographs:

The Organizers are the sole owners of the advertising rights and reserve the right to inspect the information provided by the Organizers.

each publication. The Organizers are responsible for the layout of the different publication media

(posters, flyers, various flyers...) and are responsible for either printing or having each of these materials printed.

The Organizers are responsible for connecting with various media (paper, radio, TV, Internet, etc.) in order to

communicate the date of the tests to the widest possible public.

Art 10: Rights to the image and CNIL:

- 1- By registering the competitor authorizes, free of charge, the reproduction and exploitation of his or her image for the benefit of the organiser (or even his or her partners) for an indefinite period of time.
- 2- In accordance with the provisions of Act No. 78-17 of 11 January 1978, as amended, on information technology and communication technologies.

freedoms ", the organizer informs the competitors about the existence of files containing files containing

personal information. She also informs the participants that the results will be published on the website of the event (and its partners). Each competitor has a right of access to his or her personal data and may object, in particular, to the publication of their results by informing the organiser (contact@traildesvignes.net).

<u>Art-11</u>: The registration to the Bike and Run du Trail des Vignes is equivalent to the agreement of these rules.

The entire team of volunteers remains at your disposal for any further information you may require. wants good training,

Sportively.