## **Trail Racing Regulations**

Art-1: Presentation: The Trail des Vignes, organised by the Association Moine et Sanguèze (see contact details in the "Contact" tab of the website www.traildesvignes.net), will start in the delegated commune of Saint-Crespin-sur-Moine (Sèvremoine) on Saturday 04 May 2019. The events during the Trail of the Vines are mainly on the road and are open to licence holders and non licence holders born in 2003 and before for the 10 km (Magnum) and 5 km (Girl), born in 2001 and before for the 16 km (Methusalem) and in 1999 and before for the 25 km (Melchior).

Art-2: Registration fee - Refund - Cancellation: 1- Registrations will be processed via the Internet via our website, after payment of the commitment fees AND after verification of medical certificates or licenses. The total number of participants in the Trail des Vignes is limited to 560 riders. Possibility of registration on site if quotas are not reached. 2- FFA, FFCO, FFPM and FFTRI licensees only must provide a photocopy of their sports licence (for FFCO, FFPM and FFTRI licences, the latter must indicate a non-indication to the practice of running, athletics or competitive sport), the others a medical certificate (or a copy) of non-indication to the practice of athletics, running or competitive sport dated less than one year (5 May 2018 at the latest). 3- These documents must be scanned at the time of registration and only left on the registration site (no mailings or mailings to the email address of our race.) Minors who are not licensed must provide a signed parental authorization (You will find a copy on our site). 4- No refund possible after 15/04/19 (Possible before only on presentation of a medical certificate of contraindication). 5- Online registration ends Thursday, May 02, 2019 at 11:30 pm. 6- The Association Moine et Sanguèze reserves the right to cancel the event for any reason that would endanger the safety of the riders or any case of force majeure. Participants will be notified by all possible means, they will then have to strictly comply with the organization's guidelines. This cancellation will be made without refund of the registration fees paid. 7- All commitments are personal. No transfer of registration is permitted for any reason whatsoever. Any person returning his bib and/or electronic chip to a third party will be held liable in the event of an accident occurring or caused by the latter during the event. Any person with a bib and/or microchip acquired in violation of these rules may be disqualified. The organisation declines all responsibility in the event of an accident in this type of situation.

Art-3: Rates 2019: Girl (5 km): 4. Event for the benefit of the Cap pour la vie association. Magnum (10 km): 7\* FFA, 9\* for other licensees and N.L. Methusalem (16 km): 9\* FFA, 11\* for other licensees and N.L. Melchior (25 km): 11\* FFA, 13\* for other licensees and N.L. \* : +3€ after 15/04/19 and on site.

Art-4: Bib pickup: Bibs will be picked up at the Saint-Crespin-sur-Moine sports complex the day before the race from 5pm to 7pm or the day of the race, from 5:45pm to 15 minutes before the start of the race. When collecting the bibs, the licence holders must present their licence and a proof of identity and the non-licence holders must present a proof of identity.

Riders must wear visibly, in its entirety and throughout the race, the race number provided by the organisation. If your race number is withdrawn during the course (abandonment, disqualification,...), if the course is continued, the runner does so under his own responsibility.

Art-5: Timetables: 1- The 25 km start time will be at 8:45 p.m., the 16 km at 9:00 p.m., the 10 km at 7:45 p.m. and the 5 km at 8:00 p.m. ATTENTION for the Melchior (25 km): Time barrier at 22h45 at the 17th km, approximately. 2- At any time, the Association Moine et Sanguèze reserves the right to modify the schedules of the events and will inform the participants via its website and social networks.

Art-6: Medical: 1- An anti-doping test may take place unexpectedly on these tests. 2- Medical security will be provided by a first aid organization and a doctor.

Art-7: Course and Refuelling: 1- The course will be marked out, water and solid supplies are planned (On the course: 1 (only liquid) on the 10 km, 1 (solid and liquid) on the 16 km and 2 (solid and liquid) on the 25 km + 1 supply (liquid + solid) at the finish for all the courses, the event being in semi-autonomy to plan for cans (s) and/or water pocket (s) type "CamelBack". 2- At any time the Association Moine et Sanguèze reserves the right to reduce and/or modify the routes of the events

Art-8: Equipment - Miscellaneous: 1- Runners of Methuselah (16 km) and Melchior (25 km) running part of the course in semi-night mode must take with them (check when taking off the bibs): headlamp, chest lamp or manual in working order + retro-reflective device, mobile phone and emergency telephone number. 2- Changing rooms and showers will be available at the complex.

Art-9: Respect of the instructions and the Highway Code: Riders must respect the markings and instructions of the race stewards. On parts open to traffic, competitors must comply with the highway code. The organization declines all responsibility in the event of non-compliance with this article and may disqualify the competitor.

Art-10: Insurance: 1- Licensees benefit from the guarantees granted by the insurance related to their license. It is the responsibility of the other participants to insure themselves personally. The organisers are covered by a civil liability insurance policy with Groupama. 2- The Association Moine et Sanguèze cannot be held responsible for theft, loss, accidents or malfunctions due to poor health or non-compliance with traffic regulations or regulations.

Art-11: Image rights and CNIL: 1- By registering, the competitor authorizes free of charge the reproduction and exploitation of his image for the benefit of the organiser (or even his partners) for an indefinite period. 2- In accordance with the provisions of Act No. 78-17 of 11 January 1978 as amended, known as the "Data Protection Act

", the organiser informs the competitors of the existence of files containing personal information. It also informs the participants that the results will be published on the event's website (and that of some of its partners). Each competitor has a right of access to the personal data concerning him/her and may object, in particular, to the publication of their result by informing the organiser (contact@traildesvignes.net).

Art-12: Advertising, Press Relations and Photographs: The organizers are the sole owners of the advertising rights and reserve the right to review each publication. The organisers are responsible for the layout of the various publication media (posters, flyers, various prospectuses, etc.) and either print or have printed each of these media. The organisers are in charge of contacting various media (paper, radio, TV, Internet, etc.) in order to communicate the date of the events to the widest possible audience.

Art-13: Obligations and Ethics. Failure to comply with this article may result in the disqualification of the competitor: 1- Competitors must respect the environment (do not throw waste,...). 2- The competitors must respect the route: Do not cut, stay on the paths. The private properties crossed will be restored to their private character at the end of the tests. 3- Cyclists are not allowed on the course. Any outside help, including out-of-area refuelling, is prohibited 4- Competitors must help a competitor in a difficult situation (injury, severe fatigue, etc.) 5- Competitors must respect the volunteers without whom this race could not take place. 6- The wearing of sticks is not allowed.

Art-14: Rankings and Awards: 1- Each race will result in a unique ranking (Licensed and non-licensed, men and women.) 2- Awards, cups and prizes to the first in each category, without cumulation. A "collector" technical jersey will be offered to all competitors.

Art-15: Abandonment: In the event of an abandonment, you must report it and give your bib to a commissaire in the vicinity or to the race direction.

Art-16: The registration to one of the races of the Trail des Vignes is equivalent to agreement with this regulation.