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1. *Journal of the American Medical Association*, 2000; 283: 2686-2692.

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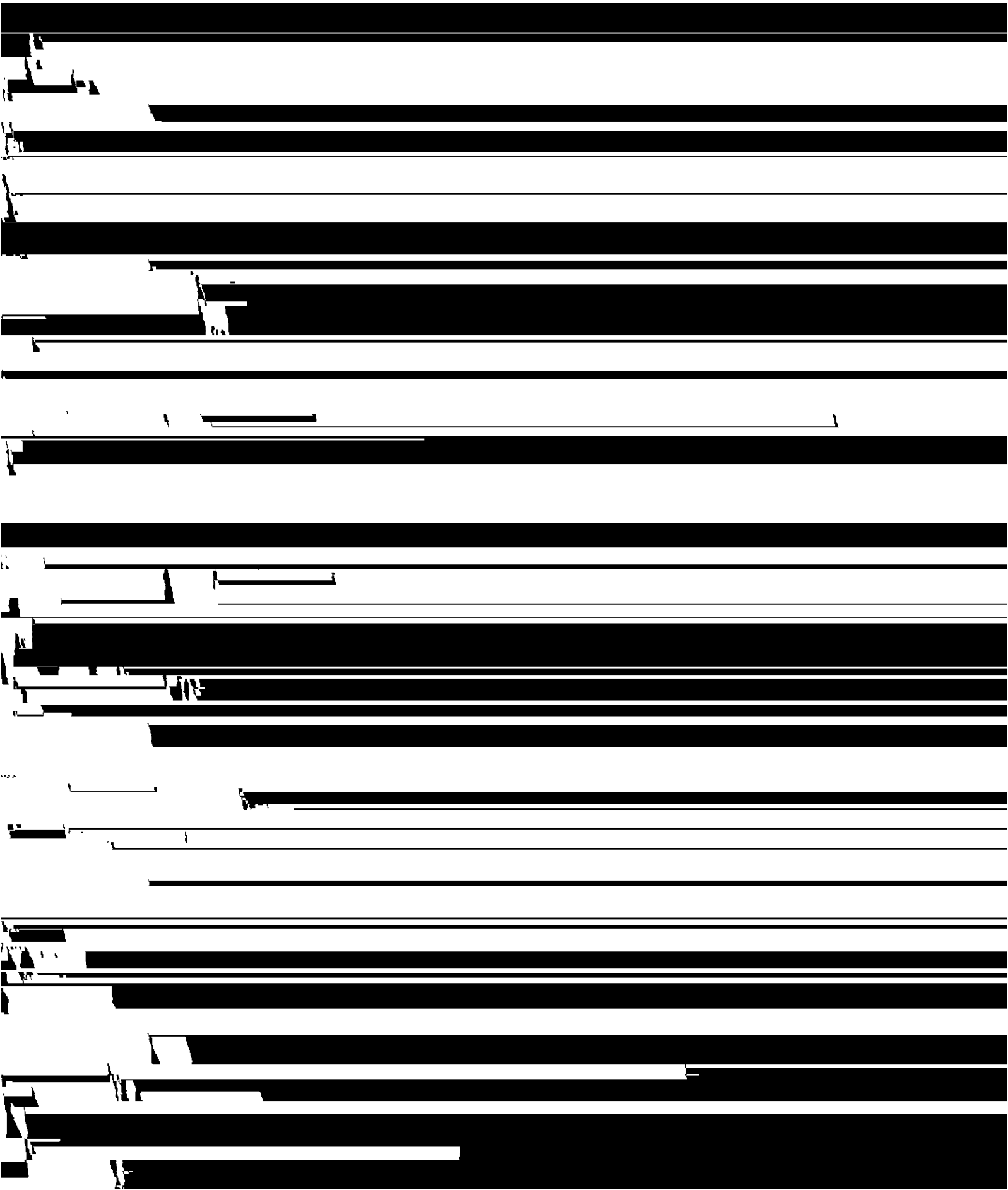
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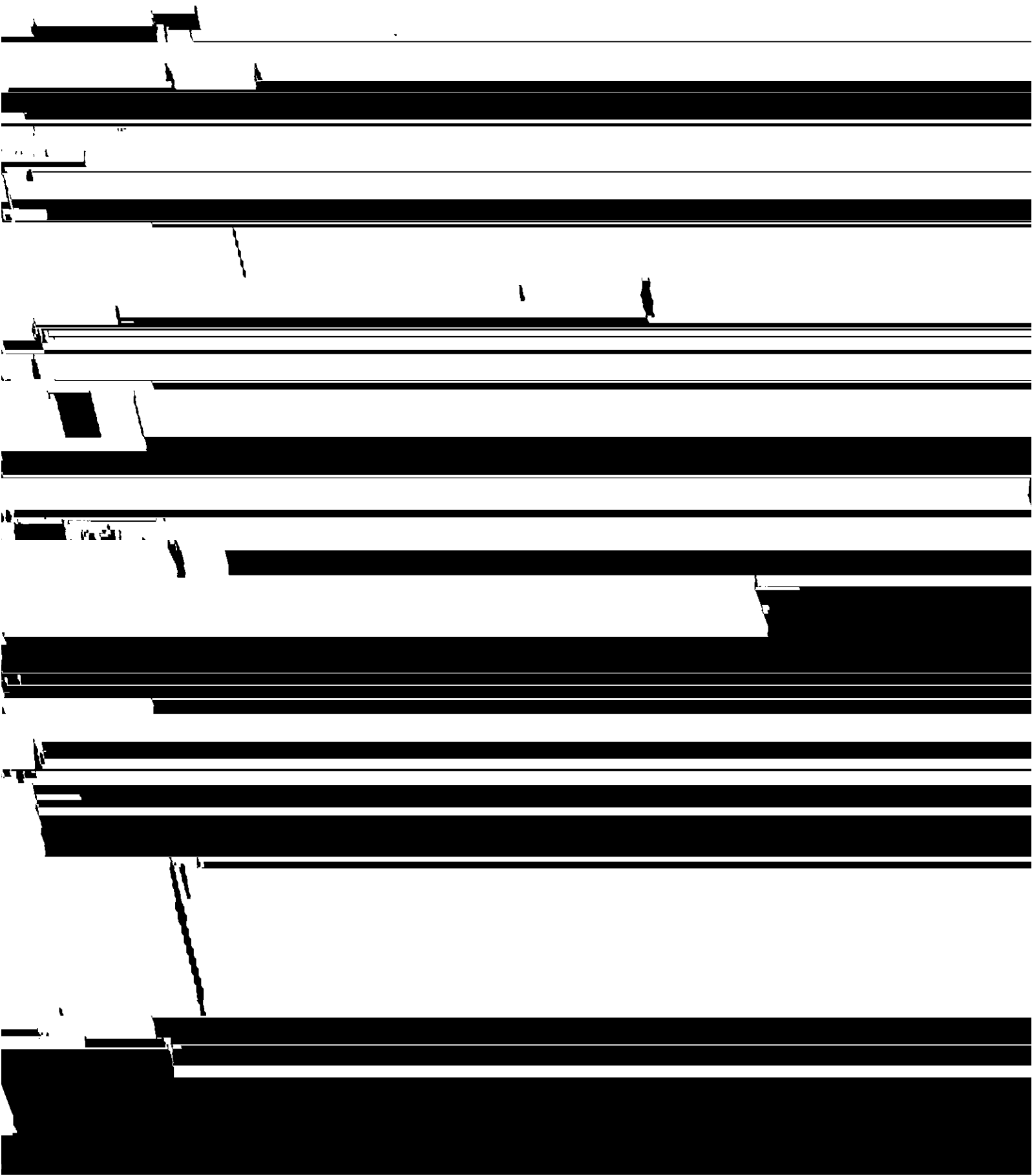
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1. **Identify the main topic or purpose of the document.**  
 2. **Summarize the key points or findings.**  
 3. **Highlight any important details or conclusions.**  
 4. **Provide a clear and concise overview of the content.**  
 5. **Ensure the summary is easy to understand and accessible.**

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