# 임상연구 설계와 분석을 위한 통계 방법

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# Chapter I: Overview of Statistics

#### Famous quotes about statistics

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There are three types of lies: lies, damn lies, and **STATISTICS** (Benjamin Disraeli)

Fact are stubborn things, but **STATISTICS** are pliable (Mark Twain)

and so on ...

Huge number of quotes about statistics commented it in sarcastic tone

 $\rightarrow$  mostly hard to refute

#### However ...

Statistics itself always provides useful information and allows us to maintain objective perspective based on DATA

So then, what is statistics??





 $^{\dagger}$  Each word cloud was cited from Trident University International and Augusta University, respectively.

#### Statistics

Concerning with collection, organization, summarization and analysis of DATA

#### The most important things in statistics

- 1. Data (sample)
  - Investigation, experiment, and survey
  - Gathering numbers (for quantitative analysis)
- 2. Description or Summarization
  - Table, chart, and so on
  - Based on summarized statistics (e.g. mean, standard deviation, median,  $\dots)$
- 3. Inference
  - Numerous statistical tests and models based on probability theory
  - e.g. two-sample t-test, ANOVA, ANCOVA, regression, and so on

#### Measure everything from POPULATION

- Benefits
  - You will get exactly correct answer
  - No need to meet an awkward statistician LIKE ME
- · If you had a plenty of
  - Money (typing "SHOW ME THE MONEY" may help your budget)
  - Time (TOO SHORT TO COLLECT data of entire population)

#### Inferential approach based on SAMPLE

- If we have a proper sample that represents the whole population, you can get NEARLY the correct answer
- Estimation and hypothesis testing

#### Parameter

Parameters exist somewhere in the universe  $\rightarrow$  the true value representing the target population

From the view of frequentist,

- Parameters are fixed  $\rightarrow$  never changing
- Parameters exists but we never know the true value of them
- But we can "guess" them from sample

#### Parameter vs. Estimates

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#### Estimates

- Estimating parameters based on the given samples (data)
- Estimates have a variation in accordance with different samples or data

#### The data is an aspect of the real world we have captured

- How good is our estimation?
  - Estimation inevitably involves ERROR
  - Error measures: standard error (SE)  $\rightarrow$  reliability of an estimate

$$\mathrm{SE} = \frac{\sigma}{\sqrt{N}}$$

 ${\it Measurement is ubiquitous} \rightarrow {\it then error is also ubiquitous}.$ 

# Data consist of a set of independent sample and measured variables

Table 1: Types of variable based on their scales

Scale	Example	Operation							
Qualitative (질적변수)									
Nominal (명목)	sex, marital status, blood	counting							
	type, race, eye colour, reli-								
	gion,								
Ordinal (순서)	grade, education level, pref-	counting, ranking							
	erence, severity,								
Quantitative (양적변수)									
Interval (구간)	temperature, IQ, SAT score,	counting, ranking,							
		+, -							
Ratio (비율)	distance, length, height,	counting, ranking,							
	weight, BMI, blood pressure,	$+, -, \times, \div$							

## Can we separate types of variable clearly?

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Continuous variable is limited by the precision of the measurement

#### Example

- Height: measured to the nearest centimeter  $\rightarrow$  continuous variable?
- Age: measured to the year but theoretically, measured to any level of precision (e.g. month, day, and time)

In practice, all variables are discrete but some variables can be treated as continuous when its distribution can be well approximated by a continuous distribution. Data themselves are just a bunch of numbers  $\rightarrow$  how to extract meaningful information from data?

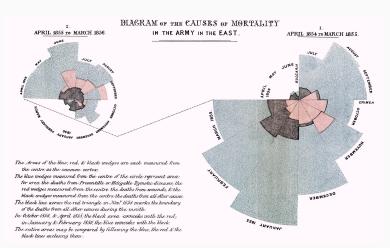
#### Descriptive statistics

- Summary statistics: all information of data are represented by a certain type of numbers
  - Example: mean, median, proportion, standard deviation, interquartile range, percentile, . . . → developing "statphobia"

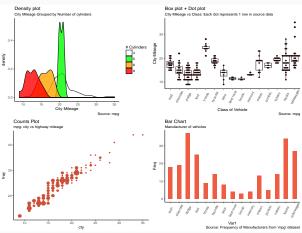
Table 2: Descriptive statistics of "mpg" dataset

Variable	n	Min	$\mathbf{q_1}$	$\widetilde{\mathbf{x}}$	$\bar{\mathbf{x}}$	$\mathbf{q}_3$	Max	s	IQR
displ	234	1.6	2.4	3.3	3.5	4.6	7	1.3	2.2
year	234	1999.0	1999.0	2003.5	2003.5	2008.0	2008	4.5	9.0
cyl	234	4.0	4.0	6.0	5.9	8.0	8	1.6	4.0
cty	234	9.0	14.0	17.0	16.9	19.0	35	4.3	5.0
hwy	234	12.0	18.0	24.0	23.4	27.0	44	6.0	9.0

# Example of polar area diagram by Florence Nightingale (1820 $\sim$ 1910)



#### Example of data visualization



 $\label{eq:Figure 1: Data visualization examples for "mpg" dataset. All plots are available at $$http://r-statistics.co/Top50-Ggplot2-Visualizations-MasterList-R-Code.html$$$ 

## How to express your data?

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#### Data visualization

Sometimes, a graph provides us more useful information than complex tables

#### Various types of statistical graphs

- Histogram, boxplot, Q-Q plot, scatterplot, ...
- Do NOT rely only on NUMBERS, Do draw a PLOT!!

## Is description of data fully enough?

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Again, data are the small aspect of the real world.

Statistical inference provides us more reasonable interpretation regarding to the uncertainty of data.

#### Two main category of statistical inference

- Estimation
- Hypothesis testing

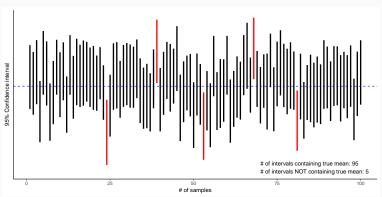


Figure 2: 95% confidence intervals for 100 independent drawn samples with n = 100.

## Clinical Research

#### Research or trial?

#### Research

자료의 수집과 분석 목적이 학술적 목적에 국한된 모든 종류의 연구 및 실험

#### Trial

자료의 수집과 분석 목적이 이윤추구 또는 허가에 목적이 있는 임상시험

#### Cross-sectional study (단면적 관찰연구)

- 1. prevalence study
- 2. Diagostic test
- 3. Ecological study
- 4. Validity, Reliability, and agreement study

# Longitudinal study (종단적 관찰연구)

- 1. Prospective study
- 2. Retrospective study

# Experimental Study

Randomized controlled trial

Pilot study

Exploratory study

Confirmative study

Type of outcome variables

# Primary outcomes

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# Secondary outcomes

# Surrogate variables

#### Global assessment variable

# Sample size calculation

#### Two approaches

- 1. Based on the marginal error rate  $\rightarrow$  population based observational study
- 2. Based on the effectiveness between concerning groups  $\rightarrow$  experimental study

Both approaches are based on previous studies

Is your study entirely new?

## Observational study

## Observational study: prevalence study

## Observational study: prevalence study

# Parallel design

## $2 \times 2$ cross-over design

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# Factorial design

# Multiple comparison

# What makes data significant?

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- $1. \ \, {\rm Data} \,\, {\rm themselves} \,\, {\rm contain} \,\, {\rm unexpected} \,\, {\rm errors}$
- 2. Bias
- 3. Just conincidence
- 4. Our hypothesis is working

# Torturing data

# Statistical Analysis

#### Overview

#### Independent two sample t-test

1. Too easy, but very useful methodology for the comparison of sample means between two groups  $\,$ 

# Analysis of Variance (ANOVA)

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# Analysis of Covariance (ANCOVA)

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# Simple or multiple regression

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## Repeated Measures ANOVA

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#### Linear mixed effects model

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# Reliability analysis

Cohen's  $\kappa$ 

Cronbach's  $\alpha$ 

Intra Class Correlation (ICC)