



# Secure From Scratch

**Programming with  
Security in Mind**



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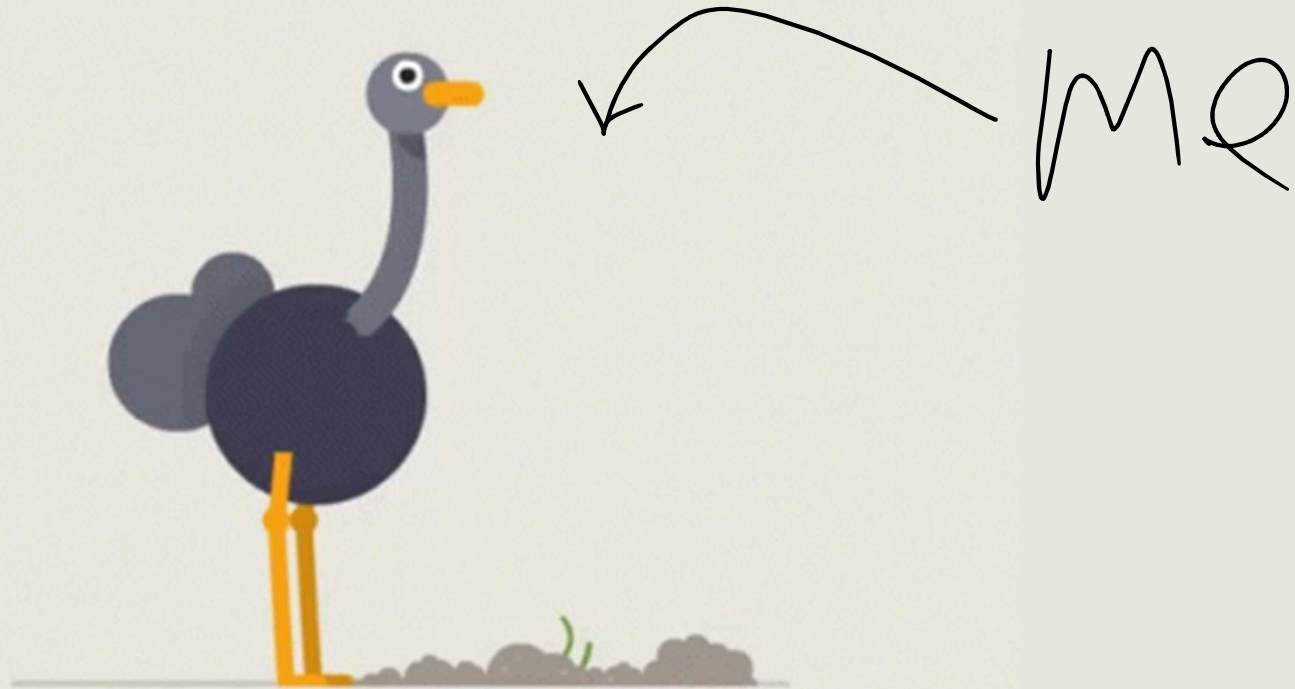
After this workshop

Write code in a way that prevents security vulnerabilities

(by the end of the lecture)



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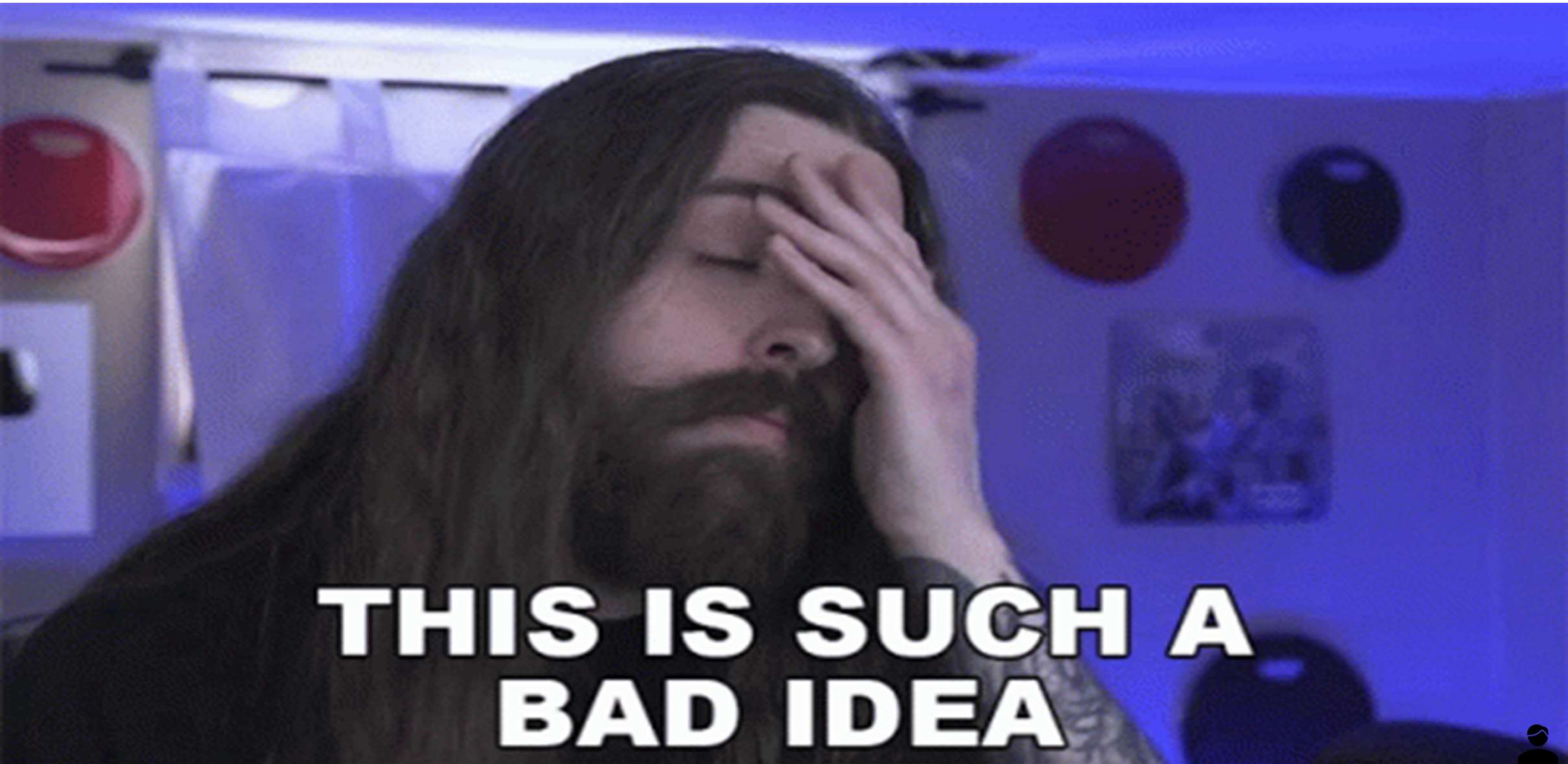


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...remotely playing recorded videos...  
...unsanitized user input

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# Secure From Scratch

Demo





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Yariv Tal

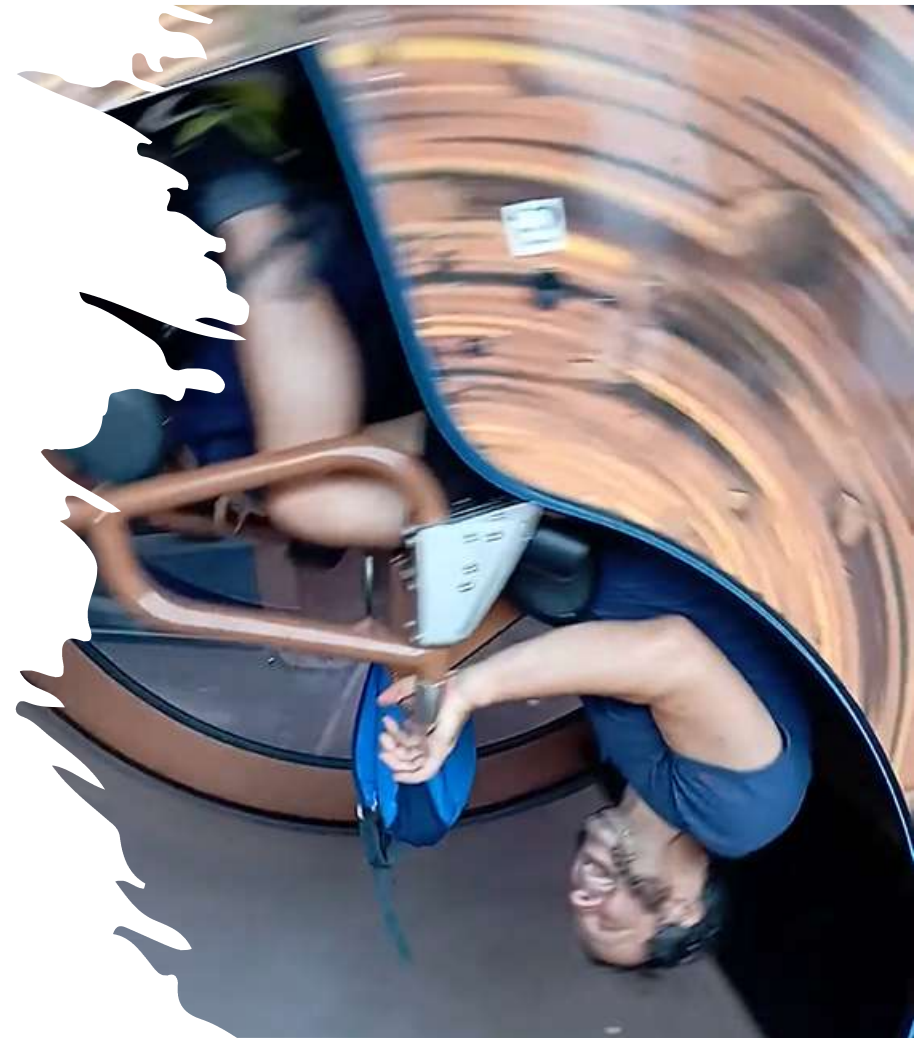
University lecturer

Bootcamps mentor

Seasoned developer (WhyT software)

Application security researcher

Drug of choice: Travelling & Roller coasters



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Or Sahar

Senior security researcher

Secure code Instructor

Application security consultation and PT

A veteran developer

Drug of choice : CVEs & Snowy mountains





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## Getting to Know You

- Backend/Front end?
- Java/C#/Python/C++/NodeJS/Typescript/Other?
- Experience?
- Security knowledge?
- i++ or ++i?

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Unsanitized Input... Eh?!?

- Raise of hands, please!



What Is  
This Workshop  
About?

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This is a Secure Programming Workshop

It's a **mindset**

Can be applied to any programming language

Requires awareness

Programming, nothing more

- But more than just coding
- Reduces number of vulnerabilities – does not eliminate them



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## What is Secure Programming?

Programming that leads to *less* Security Bugs

**Secure coding** is ... developing computer software in such a way that guards against the accidental introduction of *security vulnerabilities*.

Defects, bugs and logic flaws are consistently the primary cause of commonly exploited software vulnerabilities.

... most vulnerabilities stem ***from a relatively small number of common software programming errors.***

Wikipedia



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What is a Security Bug?

A bug that leads to a security vulnerability.



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What is a Security Vulnerability?

So many (incomplete) definitions!

In OWASP We Trust:

A vulnerability is a hole or a weakness in the application .. that **allows an attacker to cause harm** to the stakeholders of an application.

Stakeholders include the application owner, application users, and other entities that rely on the application.

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## The Goal of Secure Programming

Less Security Bugs

→ Less Vulnerabilities

→ Less Exploitations

→ Less Harm

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## The Goal of Secure From Scratch

Involve in the developers' careers ASAP

Make Secure Programming the default

Form good habits



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## PREVENT - SFS Principles

**Priority** – Security is the first priority

**Reporting & logging**

**Easy to use safely**

**Verify**

**Errors & exception**

**Neat code**

**Trust Boundaries**





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## Workshop Parts

1. The Need for Secure Coding
2. Easy to Use Safely
3. Building a Building Block

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## Part 1: The Need

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Cost of Vulnerabilities

A lot!

(Out of scope)



## Part 2: Easy to Use Safely

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## Case In-Point – Committer App

A competitor to git/github

Save code version with a comment



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## Case In-Point – Committer App



Created by Minnie



weclomeMsg.py  
(version 1)

**Version comment:**  
Show message to user



Modified by Mickey



weclomeMsg.py  
(version 2)

**Version comment:**  
Changed to upper case



Modified by Minnie



weclomeMsg.py  
(version 3)

**Version comment:**  
Added dot at end

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## Case In-Point – Committer App

```
>committer.exe  
Hello Yariv, please enter your commit message:  
>>> Refactored with Secure From Scratch principles  
Changes committed with message  
Commit history:  
initial commit  
Refactored with Secure From Scratch principles
```

Stored in *shared* file *prevcommits.txt* (all developers see these messages)



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## Case In-Point – Committer App

```
>committer.exe  
Hello Yariv, please enter your commit message:  
>>> This commit is bull shirt  
Changes committed with message  
Commit history:  
initial commit  
Refactored with Secure From Scratch principles  
This commit is bull shirt
```

Inappropriate Word!

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15 min

## LAB: Get to know the Committer app

1. Download the Committer App source code
2. Compile & Execute the Code.
3. Try *at least* these 4 messages: a, ab, abc, bull shirt
4. Try an empty message.
5. Look for the *prevcommits.txt* file and read it
6. Read the *committer.log* file

<https://github.com/SecureFromScratch/Summer2023/>



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Case In-Point – Committer App

<<<CODE OVERVIEW>>>



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## Handling Inappropriate Words

For simplicity:

Any 4 letter word is an inappropriate word.

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## Handling Inappropriate Words

Any 4 letter word is an inappropriate word.

Valid message example:

Got the XSO feature working, finally

Invalid message example:

Got the XSO bull shirt feature working

This sentence has two four letter words

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## LAB: Block 4 letter words

15 min

1. Execute the Committer app
2. See that you can use 4 letter words
3. Rewrite the *IsValidCommitMsg* method to block 4 letter words
4. Test your code (for valid & invalid messages)

<https://github.com/SecureFromScratch/Summer2023/>



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Committer App – Blocking 4 letter words

<<<CODE OVERVIEW>>>

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10 min

## LAB: Learning How The Enemy Thinks

1. Find ways to bypass the protection.  
In other words: find ways to use 4 letter words
2. HINT: Think of what your code tests for  
(compared to what you want it to test for)

<https://github.com/SecureFromScratch/Summer2023/>



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## Committer App – Exploitation 1

Change the file using notepad

Not fair?

Is this your problem?

<<DISCUSSION>>

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## Committer App – Exploitation 2

Did you test for 4 \*letter\* words?

Well, hackers won't have to constrain themselves:

Bull.shirt

.FORK

F\_O\_R\_K

Not fair?



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## Committer App – Exploitation 2

Can happen from normal speech:

Forking bad

Things are forked

Go fork!

It is a big fork, but it is all I can do

<<DISCUSS>>





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Exploitation 2 – The Problem is Blocking

Alternative: Welcome Lists (aka Allow Lists)

Create rules for what is *allowed*, not what is *disallowed*



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## Exploitation 2 – Prevent with Welcome Lists

Create rules for what is *allowed*.

Examples:

Fixed chat dialog. Performance also improved.  
No longer requires login for the home page.  
Improved code readability.

<<DISCUSS>>



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## Exploitation 2 – Prevent with Welcome Lists

It's a lot of work.

But:

P – Security is the first Priority

R

E – Easy to use *safely*

V

E

N

T



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What's so bad about blocking?

Almost all attempts to get it right are doomed.

There is *always* something you did not think about.



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## Committer App – Exploitation 3

Characters and Letters are not the same thing!

You might think that strings hold letters, but they don't

(Re)introducing the ASCII table:

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## The ASCII Table

```
$ ascii -d
```

0 NUL	16 DLE	32	48 0	64 @	80 P	96 `	112 p
1 SOH	17 DC1	33 !	49 1	65 A	81 Q	97 a	113 q
2 STX	18 DC2	34 "	50 2	66 B	82 R	98 b	114 r
3 ETX	19 DC3	35 #	51 3	67 C	83 S	99 c	115 s
4 EOT	20 DC4	36 \$	52 4	68 D	84 T	100 d	116 t
5 ENQ	21 NAK	37 %	53 5	69 E	85 U	101 e	117 u
6 ACK	22 SYN	38 &	54 6	70 F	86 V	102 f	118 v
7 BEL	23 ETB	39 '	55 7	71 G	87 W	103 g	119 w
8 BS	24 CAN	40 (	56 8	72 H	88 X	104 h	120 x
9 HT	25 EM	41 )	57 9	73 I	89 Y	105 i	121 y
10 LF	26 SUB	42 *	58 :	74 J	90 Z	106 j	122 z
11 VT	27 ESC	43 +	59 ;	75 K	91 [	107 k	123 {
12 FF	28 FS	44 ,	60 <	76 L	92 \	108 l	124
13 CR	29 GS	45 -	61 =	77 M	93 ]	109 m	125 }
14 SO	30 RS	46 .	62 >	78 N	94 ^	110 n	126 ~
15 SI	31 US	47 /	63 ?	79 O	95 _	111 o	127 DEL

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## Committer App – Exploitation 3

How do I type Ctrl Characters?

Use a Hex Editor

Write a program that outputs them

...

```
1 The commit is a buBSull shirtLF
```

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## Committer App – Exploitation 3

How do I input Ctrl Characters?

Use input redirection:

```
>committer.exe <\temp\committer_hack.txt
Hello Yariv, please enter your commit message:
>>> Changes committed with message
Commit history:
initial commit
Refactored w/ Secure frm Scratch principles
The commit is a bull shirt
```



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LAB Conclusions

Input → Bad



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LAB Conclusions

Input → Danger

Blocking leads to unexpected bypasses





## Part 3: Building Blocks

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We No Longer Need Control Characters

They cause so many bugs

But, they are still supported by every language:

String

So, let's get rid of them



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How Would We Get Rid of Control Characters?

<<DISCUSS>>

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## Control Characters – The Solution

GOAL: Automatically Block Control Characters

SOLUTION: Replace class String

class TextLine:

- Will block any control character

- Validation: Notify with an error

- Sanitization: Erase control characters

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15 min

## LAB: TextLine class (partial) implementation

1. Write a TextLine class
  - It should have a BlockCtrlChars(str) method
2. See that you block control characters
3. Create an application that uses TextLine class
4. Test your code

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## Easy to Use Safely

- Don't rely on your memory

  - Don't require writing additional safety checks

- Change *how* you code

  - Safety should be inherent in your writing

~~String~~ → TextLine



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## Summary

Coding errors => Security vulnerabilities

Change our mindset

Easy to Use Safely from PREVENT



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## PREVENT - SFS Principles

**Priority** – Security is the first priority

**Reporting & logging**

**Easy to use safely**

**Verify**

**Errors & exception**





**Neat code**

**Trust Boundaries**

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## Call For Action

-  Deepen your PREVENT
-  Contribute PREVENT libraries & components
-  Implement PREVENT @ work
-  Share your experiences



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 YouTube Channel

<https://youtube.com/@SecureFromScratch>

 LinkedIn Page

<https://www.linkedin.com/company/secure-from-scratch/>

 Open Source GIT

<https://github.com/SecureFromScratch/Summer2023>

