Cybersecurity Micro-learning for busy knowledge workers

Byte-sized learning. Less **cognitive memory** load.

Cognitive load is the amount of working memory that we use. As cognitive memory load increases, our ability to pay sustained attention to a task decreases.

Traditional long-duration Cybersecurity learning experiences add to the existing load, thus negating retention and application.

Micro-learning modules are designed to reduce cognitive load. They are short and engaging, thus increasing retention and application.

Click here to play

Immersive content
Simulated learning using rich 3D Cyber risk simulations*

Less time
Short duration, usually 2 to 5 minutes

Low effort
Relatively short cognitive load and effort

Compliance reports
Reports required for compliance/regulatory audits

Contact us for a free demo today

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Visit us at **securityquotient.io** for more information.