

BLOOD DONATION

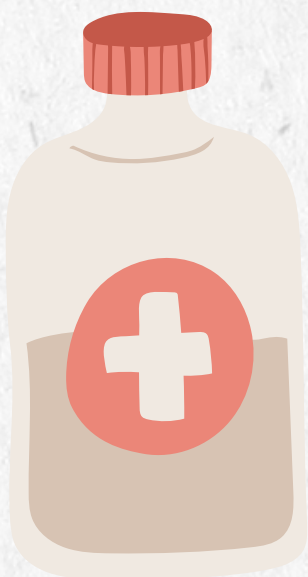


01

**Benefit your
physical health**

02

**Reduce
stress**



03

**Provide a sense of
belonging and
reduce isolation**

04

**Help get rid of
negative feelings**

