House of Martial Artists©2009

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open 3:00pm	Open 3:00pm	Open 3:00pm	Open 3:00pm		Open 9:30am
4:00 - 5:00	4:00 - 5:00	4:00 - 5:00	4:00 - 5:00		
Kids Beginners Intermediate	Kid Intermediate Advanced	Kids Beginners Intermediate	Kid Intermediate Advanced		
5:00 - 6:00 Kid	5:00 - 6:00 Kids Beginners	5:00 - 6:00 Kid	5:00 - 6:00 Kids Beginners	Scheduled	
Intermediate Advanced	Kids Degilliers	Intermediate Advanced	Rids Degilliers	Private sessions	
6:00 - 7:00 Kids	6:00 - 6:45 Mini Karate	6:00 - 7:00 Kids	6:00 - 6:45 Mini Karate	Scheduled	
Advanced	Class Under 7	Advanced	Class Under 7	Private sessions	
7:00 to 8:00	6:45- 7:30	7:00 to 8:00	6:45 - 7:30		
Adult Kickboxing	Kids Kickboxing	Adult Kickboxing	Kids Weapon		
8:30 pm Closed	7:30 to 8:30 Adult	8:30 pm Closed	7:30 to 8:30 Adult		
	Shinkyokushin		Shinkyokushin		
	Shinkyokushin	On an ating	Shinkyokushin		

Operating hours:
Mon to Thu from 3:00 pm to 8:30 pm
109-15122 72nd Ave 778 578 1800