

Brown Belt(2nd Kyu)

2nd KYU

Blocks

Koken Uke Wrist top block **Jodan/Chudan/
Gedan**

Kicks

Tobi Mawashi Geri Jumping round kick – All
Kinds

Tobi Mawashi Geri Jumping double front kick

Tobi Mae Geri(Three methods) Jumping front
kick

Tobi Yoko Geri Jumping side kick – All kinds

Oroshi Uchi Kakato Geri Descending inside
outside axe kick

Kata

Pinan go Safety and security exercise

Tsukinokata

Gekisai Dai