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# Founding Declaration of Selfmatics

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This document serves as the official founding declaration of Selfmatics, a new theoretical science developed and introduced by Fawaz Hussein Mohammed Al-Jufairah.

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## Preface

The journey behind Selfmatics has been one of profound personal exploration and deep philosophical inquiry. As the founder and author, I, Fawaz Hussein Mohammed Al-Jufairah, have poured my thoughts, reflections, and original perspectives into this work.

In recent times, advanced AI technologies have become powerful collaborators, and in this work, they played a supportive role — helping to clarify, formalize, and structure ideas that originated entirely from my own contemplation. The AI did not generate new insights but served as a tool to bring coherence and precision to my vision.

This collaboration reflects a new way of creating knowledge, where human intuition and creativity remain at the heart of discovery, enhanced—not replaced—by technological assistance.

I invite readers to engage with these ideas with an open mind and to explore the depths of the Self as I have endeavored to illuminate it.

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## About Selfmatics

Selfmatics is a comprehensive, original, and complete theoretical science focused on the mathematical and philosophical engineering of the Self and consciousness. Unlike mere theories or hypotheses, Selfmatics presents a structured system of laws, definitions, and models aimed at understanding the fundamental nature of the Self.

This science emerges from a unique combination of introspective insight and rigorous formalization, making it a foundational framework that can inspire future research, applications, and development in multiple disciplines, including philosophy, cognitive science, mathematics, and artificial intelligence.

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## Keywords

Selfmatics, philosophy, theoretical science, consciousness, mathematical modeling, introspection, foundational science.

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## **Declaration**

By publishing this document, I hereby declare myself as the Founder of Selfmatics, the originator of its fundamental laws and principles, and the author of the core ideas that constitute this new science.

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Founder of Selfmatics

Kuwait

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