



(An Autonomous Institution - AFFILIATED TO ANNA UNIVERSITY, CHENNAI)

S.P.G.Chidambara Nadar - C.Nagammal Campus

S.P.G.C. Nagar, K.Vellakulam – 625 701 (Near VIRUDHUNAGAR).

### COURSE PLAN

Department of Information Technology  
2025-2026 (ODD SEMESTER)

Year : Final year A

Faculty Name : Dr.R.Muthuselvi

Course code (as per NBA): 21ITC401

Date:16-09-2025

Course Code : GE2401

Course Name : Universal Human Values and Ethics

Regulation : R2021

Name:

Roll Number:

#### Worksheet: Exploring the Feeling of Trust

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Objective: To help students explore their understanding of trust, differentiate intention vs. competence, and reflect on trust in relationships.

#### Section A: Trust Mapping Exercise

Rate the level of trust (1-5) you feel toward each person or group.

Relationship	Trust Level (1-5)	Reason for Trust Level
Parents/Guardians	5	Because they always have my best interest at heart and guide me without expecting anything in return.
Siblings	4	Sometimes we fight, but I know they genuinely care about me and will stand by me in difficult times.
Close Friends	4	I share my feelings and secrets with them, and they've proven to support me, though sometimes small misunderstandings happen.

Classmates/Peers	3	I trust them to an extent for teamwork or sharing notes, but not always for personal matters.
Teachers/Mentors	5	They guide us not only in studies but also in life, and their intention is always to help us grow.
Colleagues (Internships)	4	Trust develops while working together; most are cooperative, but some may focus only on their own tasks.
Strangers/Acquaintances	1	I can be polite and respectful, but real trust takes time, so I don't fully rely on them.

Reflection:

Why do you trust some people more than others?

I trust some people more than others because of their **intention and consistency**. People who care for me and act with honesty naturally earn my trust, while others need to prove it over time.

## Section B: Intention vs. Competence Reflection

Consider this statement:

"Trust depends primarily on the intention of the other person, not just their competence."

Write an example of someone with high intention but low competence whom you trust:

My younger cousin once tried to help me with a project. He didn't know much about it, but I could see his genuine effort to support me. That made me trust him.

Write an example of someone with high competence but low intention whom you distrust:

A very skilled classmate in programming sometimes doesn't share knowledge and only focuses on personal achievement. Even though he's capable, I don't fully trust his intention.

## Section C: The Four Trust Statements

Mark each statement as True (T) or False (F) based on your natural acceptance.

Statement	True/False
I want to make myself happy.	True
I want to make the other happy.	True
The other wants to make themselves happy.	True
The other wants to make me happy.	True

Reflection: What do these statements reveal about the natural presence of trust in human relationships?

These statements show that **trust is naturally present** in all of us—we all want happiness for ourselves and others. Distrust usually comes only from doubts, confusion, or past experiences, not from our natural acceptance.

## Section E: Personal Trust Reflection

Write a short paragraph (5–6 sentences) on each:

1. A time when someone trusted you deeply. How did you respond?

During a group project, my teammate trusted me with handling the final presentation. I felt responsible and worked extra hard to make sure I did not let them down. Their trust motivated me to give my best and it strengthened our friendship.

2. A time when you distrusted someone. What assumptions caused this distrust?

Once, I distrusted a classmate because I thought he might copy my work and take credit. My assumption was based on seeing him do this with someone else before. Later, I realized that my judgment created distance, and clear communication could have solved the issue.