Backend

* cd backend
* npm init --yes
* npm i express
* npm nodemon --save-dev
* npm i cors
* npm install dotenv
* npm install fs-extra -save-dev
* npm i mssql
* npm i bcrypt
* npm i express-session
* npm i body-parser
* npm i cookie-parser

Frontend

* npx create-react-app frontend
* npm install -D tailwindcss
* npx tailwindcss init