# Metadata Report

## Position Table

* Position\_ID – Primary key, unique ID for position.
* Position\_Name – Specific name of the position on the field.
* Position\_Unit – Unit name of the position.

## Player Table

* Player\_ID – Primary key, unique ID assigned to each player.
* First\_Name – Player first name.
* Last\_Name – Player last name.
* Jersey\_Num – Jersey number assigned to each player.
* Position\_ID – Foreign key, assigns primary position to each player.

## Performance Table

* Performance\_ID – Primary key, unique ID for each performance recording.
* Performance\_Date – Date of the performance recording.
* Energy\_Rating – Rating on scale of 1-10 (worst-best) for energy.
* Fatigue\_Rating – Rating on scale of 1-10 (worst-best) for fatigue.
* Stress\_Rating – Rating on scale of 1-10 (worst-best) for stress.
* Mood\_Rating – Rating on scale of 1-10 (worst-best) for mood.
* Soreness\_Rating – Rating on scale of 1-10 (worst-best) for soreness.
* Player\_ID – Foreign key referencing which player associated to the performance ratings.

## Sleep\_Session Table

* Sleep\_ID – Primary key, unique ID assigned to each sleep recording.
* Sleep\_Date – Date of the sleep session.
* Hours\_Slept – Integer recording number of hours slept.
* Sleep\_Rating – Rating on scale of 1-10 (worst-best) for the sleep session.
* Player\_ID – Foreign key referencing which player associated to the sleep ratings.

## Injury\_Event Table

* Injury\_Event\_ID – Primary key, unique ID for each injury occurrence.
* Event\_Date – Date of the event.
* Player\_ID – Foreign key referencing which player suffered injury event.
* Injury\_ID – Foreign key specific to which type of injury.

## Injury Table

* Injury\_ID – Primary key, unique ID for specific type of injury.
* Injury\_Type – Specific description of the type of injury.
* Rehab\_ID – Foreign key, references the rehab protocol for each injury.

## Rehab\_Protocol Table

* Rehab\_ID – Primary key, unique ID for the specific rehabilitation protocol.
* TimeFrame – Integer representing expected time of protocol in weeks.
* Rehab\_Type – Specific description of the injury for the rehab.

## Trainer Table

* Trainer\_ID – Primary key, unique ID for each individual trainer.
* First\_Name – Trainer first name.
* Last\_Name – Trainer last name.
* Specialty – Trainer field of specialization or practice.
* Rehab\_ID – Foreign key, represents the rehab protocol that trainers work with.