

Symmetric Matrices, Spectral Theorem for Symmetric Matrices,  
Positive Definite Matrices, Variational Characterization of Eigenvalues

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# 1 Introduction

## 1.1 Symmetric Matrices

**Definition:** A matrix  $A \in \mathbb{R}^{n \times n}$  is called *symmetric* if  $A = A^\top$ . A matrix  $A \in \mathbb{C}^{n \times n}$  is called *Hermitian* if  $A = \overline{A}^\top$ .

**Addition Info:** Examples

$$A = \begin{bmatrix} 2 & 3 \\ 3 & 4 \end{bmatrix}$$

$$B = \begin{bmatrix} 1 & -2 & 0 \\ -2 & 5 & 7 \\ 0 & 7 & 9 \end{bmatrix}$$

**Proposition:** Let  $A \in \mathbb{C}^{n \times n}$  be Hermitian. Then all eigenvalues of  $A$  are real-valued. Eigenvectors that correspond to distinct eigenvalues are orthogonal.

**Proof:** Let  $\lambda$  be an eigenvalue of  $A$  with eigenvector  $x$ . Then

$$Ax = \lambda x$$

$$\lambda \langle x, x \rangle = \langle \lambda x, x \rangle = \langle Ax, x \rangle$$

Since  $A$  is Hermitian,

$$\langle Ax, x \rangle = \langle x, Ax \rangle = \langle x, \lambda x \rangle = \overline{\lambda} \langle x, x \rangle$$

$$\Rightarrow \lambda \langle x, x \rangle = \overline{\lambda} \langle x, x \rangle$$

$$\Rightarrow \lambda = \overline{\lambda} \in \mathbb{R} \quad (\text{unless } x = 0 \text{ vector})$$

$$\Rightarrow \lambda \text{ is real.}$$

Suppose  $(\lambda_1, x_1)$  and  $(\lambda_2, x_2)$  are eigenvalue-eigenvector pairs of  $A$ . Then

$$\lambda_1 \langle x_1, x_2 \rangle = \langle \lambda_1 x_1, x_2 \rangle = \langle Ax_1, x_2 \rangle = \langle x_1, Ax_2 \rangle$$

$$= \langle x_1, \lambda_2 x_2 \rangle = \overline{\lambda_2} \langle x_1, x_2 \rangle$$

Since  $\lambda_2 = \overline{\lambda_2}$  (from Hermitian property),

$$\Rightarrow \lambda_1 \langle x_1, x_2 \rangle = \lambda_2 \langle x_1, x_2 \rangle$$

$$\begin{aligned}
0 &= \lambda_1 \langle x_1, x_2 \rangle - \lambda_2 \langle x_1, x_2 \rangle \\
0 &= (\lambda_1 - \lambda_2) \langle x_1, x_2 \rangle \\
\Rightarrow \text{either } \lambda_1 &= \lambda_2 \text{ or if } \lambda_1 \neq \lambda_2 \text{ then } \langle x_1, x_2 \rangle = 0 \\
&\Rightarrow x_1 \perp x_2
\end{aligned}$$

**Definition:** An operator  $T \in \mathcal{L}(V)$  on a pre-Hilbert space  $V$  is called *self-adjoint* if

$$\langle Tu, w \rangle = \langle u, Tw \rangle$$

for all  $u, w \in V$ .

Sometimes it is called a *Hermitian operator* (on  $\mathbb{C}^n$ ) or a *Symmetric operator* (on  $\mathbb{R}^n$ ).

**Remark:** Over  $\mathbb{C}^n$ , self-adjoint operators are represented by Hermitian matrices. On  $\mathbb{R}^n$ , a self-adjoint operator is represented by a symmetric matrix.

**Proposition:** Let  $T \in \mathcal{L}(V)$  be self-adjoint. Then  $T$  has at least one eigenvalue, and it is real-valued. (This holds on both  $\mathbb{C}^n$  and  $\mathbb{R}^n$ .)

**Proof (sketch):** Let  $n := \dim V$ . Choose  $v \neq 0$ , and consider the set of vectors

$$v, Tv, T^2v, \dots, T^nv$$

These vectors must be linearly dependent (since we have  $n + 1$  vectors in an  $n$ -dimensional space).

So there exist scalars  $a_0, a_1, \dots, a_n$  such that

$$a_0v + a_1Tv + \dots + a_nT^nv = 0$$

Now consider the polynomial with these coefficients:

$$a_0 + a_1x + a_2x^2 + \dots + a_nx^n = 0$$

This polynomial can be factored as:

$$\underbrace{C(x^2 + b_1x + c_1) \cdots (x^2 + b_nx + c_n)}_{\text{Quadratic terms}} \underbrace{(x - \lambda_1) \cdots (x - \lambda_m)}_{\text{linear terms}}$$

where the quadratic terms represent irreducible factors over  $\mathbb{R}$  (if any), and the linear terms correspond to real eigenvalues  $\lambda_1, \dots, \lambda_m$ .

Replace  $x$  by  $T$  in the polynomial expression:

$$0 = a_0v + a_1Tv + \dots + a_nT^nv = \left( C \underbrace{(\dots)}_{\text{quadratic}} \underbrace{(\dots)}_{\text{linear}} \right) (T)v$$

Now we can show: the quadratic terms are invertible, and we are left with (at least one) linear factor:

$$0 = (T - \lambda_1 I) \cdots (T - \lambda_m I)v$$

There must exist at least one index  $i$  such that  $(T - \lambda_i I)$  is not invertible.

So,

$$(T - \lambda_i I)v = 0 \quad \Rightarrow \quad Tv = \lambda_i v$$

$$\Rightarrow \lambda_i \text{ is an eigenvalue of } T.$$

### Addition Info: Proof that Symmetric Matrices Have Orthogonal Eigenvectors

Consider a symmetric matrix  $A \in \mathbb{R}^{n \times n}$ , and let  $\lambda_1$  and  $\lambda_2$  be distinct eigenvalues of  $A$  with corresponding eigenvectors  $\vec{v}_1$  and  $\vec{v}_2$ , respectively. We aim to show that  $\vec{v}_1$  and  $\vec{v}_2$  are orthogonal.

From the definition of eigenvectors and eigenvalues, we have:

$$A\vec{v}_1 = \lambda_1 \vec{v}_1, \quad A\vec{v}_2 = \lambda_2 \vec{v}_2.$$

Multiplying both sides of the first equation on the left by  $\vec{v}_2^T$  and both sides of the second equation on the left by  $\vec{v}_1^T$ , we get:

$$\vec{v}_2^T A \vec{v}_1 = \lambda_1 \vec{v}_2^T \vec{v}_1, \quad \vec{v}_1^T A \vec{v}_2 = \lambda_2 \vec{v}_1^T \vec{v}_2.$$

Notice that each of these expressions is a scalar. Therefore,

$$\vec{v}_1^T A \vec{v}_2 = (\vec{v}_1^T A \vec{v}_2)^T = \vec{v}_2^T A^T \vec{v}_1 = \vec{v}_2^T A \vec{v}_1,$$

where the last equality follows from the fact that  $A$  is symmetric, i.e.,  $A = A^T$ .

Equating the right-hand sides of the two expressions:

$$\lambda_1 \vec{v}_2^T \vec{v}_1 = \lambda_2 \vec{v}_1^T \vec{v}_2.$$

Since  $\lambda_1 \neq \lambda_2$ , it follows that

$$\vec{v}_2^T \vec{v}_1 = \vec{v}_1^T \vec{v}_2 = 0,$$

demonstrating that  $\vec{v}_1$  and  $\vec{v}_2$  are orthogonal.

## 1.2 Spectral Theorem for Symmetric/Hermitian Matrices

**Theorem:** A symmetric matrix  $A \in \mathbb{R}^{n \times n}$  is orthogonally diagonalizable: there exists an orthogonal matrix  $Q \in \mathbb{R}^{n \times n}$  and a diagonal matrix  $D \in \mathbb{R}^{n \times n}$  such that

$$A = QDQ^\top$$

where

$$D = \begin{bmatrix} \lambda_1 & & 0 \\ & \ddots & \\ 0 & & \lambda_n \end{bmatrix}$$

and

$$A = \sum_{i=1}^n \lambda_i q_i q_i^\top$$

where each  $q_i q_i^\top$  is a rank-1 matrix.

**Theorem:** A Hermitian matrix  $A \in \mathbb{C}^{n \times n}$  is unitarily diagonalizable: there exists a unitary matrix  $U$  and a diagonal matrix  $D$  such that

$$A = U D U^\top$$

and the entries of  $D$  are real-valued.

**Addition Info:**

**Proof that Hermitian Matrices are Unitarily Diagonalizable**

Let  $u_1, u_2, \dots, u_n$  be an orthonormal basis of eigenvectors, and let  $\lambda_1, \lambda_2, \dots, \lambda_n$  be the corresponding eigenvalues. Define  $U$  to be the matrix with  $u_k$  as the  $k^{\text{th}}$  column, and let  $\Lambda$  be the diagonal matrix with  $\lambda_k$  as the  $k^{\text{th}}$  diagonal entry.

To show that  $U$  is unitary, consider the  $(i, j)$ -entry of  $U U^*$ . This entry is given by the inner product  $\langle u_i, u_j \rangle$ , which equals 1 when  $i = j$  and 0 otherwise, since the eigenvectors are orthonormal. Thus,

$$U U^* = I.$$

Taking the conjugate transpose of both sides gives

$$U^* U = (U U^*)^* = I,$$

so we also have

$$U^{-1} = U^*,$$

and hence  $U$  is unitary.

Now, we prove that  $A = U \Lambda U^*$ . Consider the effect of  $U \Lambda U^*$  on an eigenvector  $v_k = u_k$ . We compute:

$$U \Lambda U^* v_k = U \Lambda e_k = U \lambda_k e_k = \lambda_k U e_k = \lambda_k v_k = A v_k.$$

Since  $\{v_1, v_2, \dots, v_n\}$  forms a basis for  $\mathbb{C}^n$ , every vector  $x \in \mathbb{C}^n$  can be written as a linear combination of the  $v_k$ . Therefore,

$$U \Lambda U^* x = A x \quad \text{for all } x \in \mathbb{C}^n.$$

It follows that

$$A = U \Lambda U^*.$$

### 1.3 Positive Definite Matrices

**Definition:** A matrix  $A \in \mathbb{R}^{n \times n}$  is called *positive definite* (PD) if for all  $x \in \mathbb{R}^n$ ,  $x \neq 0$ ,

$$x^\top A x > 0$$

For *positive semi-definite* (PSD) matrices,  $\forall x \in \mathbb{R}^n$ ,  $x \neq 0$ ,

$$x^\top A x \geq 0$$

**Definition:** A matrix  $A \in \mathbb{C}^{n \times n}$  is called a *Gram matrix* if there exists a set of vectors  $v_1, \dots, v_n \in \mathbb{C}^n$  such that

$$a_{ij} = \langle v_i, v_j \rangle$$

*Note:* Gram matrices are Hermitian (and similarly, on  $\mathbb{R}^{n \times n}$ , Gram matrices are symmetric).

Let  $V = [v_1 \ \dots \ v_n]$ , then

$$G = V^\top V, \quad C = V \bar{V}^\top$$

**CAUTION:** Over  $\mathbb{C}$ , we have that positive definite (PD)  $\Rightarrow$  self-adjoint.

However, over  $\mathbb{R}$ , this is **not** true!

$\Rightarrow$  There are matrices which are PD but not symmetric.

**Example:**

$$A = \begin{pmatrix} 1 & 1 \\ -1 & 1 \end{pmatrix}$$

$$x^\top A x = x_1^2 + x_2^2 > 0 \quad \text{for all } x \neq 0$$

$\Rightarrow A$  is PD but not symmetric.

However, over  $\mathbb{C}$ , the same matrix is *not* PD, since  $x_1^2 + x_2^2$  can be negative (not necessarily positive definite).

**Theorem:** Let  $A \in \mathbb{C}^{n \times n}$  be Hermitian. Then the following are equivalent:

(i)  $A$  is positive semi-definite (PD), i.e.,  $x^* A x \geq 0$  for all  $x \in \mathbb{C}^n$ .

(ii) All eigenvalues of  $A$  are  $\geq 0$  ( $> 0$ ).

(iii) The mapping  $\langle \cdot, \cdot \rangle_A : \mathbb{C}^n \times \mathbb{C}^n \rightarrow \mathbb{C}$  defined by

$$\langle x, y \rangle_A := \bar{y}^\top A x$$

satisfies all properties of an inner product *except* one: if  $\langle x, x \rangle_A = 0$ , this does not imply  $x = 0$ .

(This mapping is an inner product only on a subspace.)

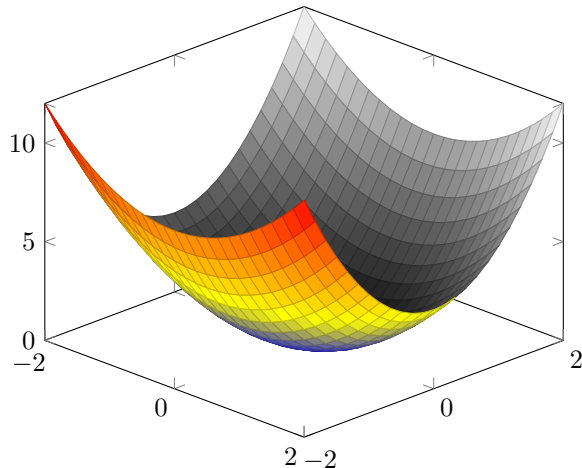
(iv)  $A$  is a Gram matrix of  $n$  vectors which are not necessarily linearly independent, i.e., (which are linearly independent)

$$a_{ij} = \langle x_i, x_j \rangle$$

where  $x_1, \dots, x_n \in \mathbb{C}^n$ .

**Addition Info:**

### Quadratic Form Visualization



The function above plotted is

$$f(x, y) = x^2 + 2y^2$$

which comes from the quadratic form:

$$x^T A x = \begin{bmatrix} x & y \end{bmatrix} \begin{bmatrix} 1 & 0 \\ 0 & 2 \end{bmatrix} \begin{bmatrix} x \\ y \end{bmatrix}$$

Expanding this:

$$x^2 + 2y^2.$$

Since the function is always non-negative and only equals zero at (0,0), this confirms that A is positive definite because all its eigenvalues are strictly positive. Geometrically, this corresponds to a paraboloid that always opens upwards.

Additionally, the above statement indicates that if one of the eigenvalues were negative, this would create a saddle point, breaking one of the passive variables. Finally, since all of the eigenvalues are strictly positive, this guarantees that A is positive definite, never producing negative values.

## 1.4 Roots of Positive Semi-Definite Matrices

**Theorem:** Let  $A \in \mathbb{R}^{n \times n}$  be symmetric and positive semi-definite (PSD). Then there exists a matrix  $B \in \mathbb{R}^{n \times n}$ , also PSD, such that

$$A = B^2$$

The matrix  $B$  is called the *square root* of  $A$ , denoted as

$$B = A^{1/2}$$

**Proof:** By the spectral theorem,

$$A = UDU^\top$$

where  $U$  is orthogonal and  $D$  is a diagonal matrix with non-negative eigenvalues:

$$D = \begin{pmatrix} \lambda_1 & & 0 \\ & \ddots & \\ 0 & & \lambda_n \end{pmatrix}, \quad \lambda_i \geq 0$$

Define

$$\sqrt{D} = \begin{pmatrix} \sqrt{\lambda_1} & & 0 \\ & \ddots & \\ 0 & & \sqrt{\lambda_n} \end{pmatrix}$$

Then set

$$B := U\sqrt{D}U^\top$$

**Addition Info:**

**Example**

Consider the positive semi-definite matrix:

$$A = \begin{bmatrix} 4 & 0 \\ 0 & 9 \end{bmatrix}$$

The eigenvalues of  $A$  are 4 and 9, both non-negative. The square root of  $A$  is given by:

$$B = \sqrt{A} = \begin{bmatrix} \sqrt{4} & 0 \\ 0 & \sqrt{9} \end{bmatrix} = \begin{bmatrix} 2 & 0 \\ 0 & 3 \end{bmatrix}$$

which satisfies:

$$B^2 = \begin{bmatrix} 2 & 0 \\ 0 & 3 \end{bmatrix}^2 = \begin{bmatrix} 4 & 0 \\ 0 & 9 \end{bmatrix} = A.$$

## 1.5 Variational Characterization of Eigenvalues

**Definition:** Let  $A \in \mathbb{R}^{n \times n}$  be a symmetric matrix. The Rayleigh quotient  $R_A$  by

$$R_A : \mathbb{R}^n \setminus \{0\} \rightarrow \mathbb{R}, \quad x \mapsto \frac{x^\top Ax}{x^\top x}$$

This is called the *Rayleigh coefficient* of  $A$ .

**Addition Info:**

**Example** Let

$$A = \begin{bmatrix} 2 & 1 \\ 1 & 3 \end{bmatrix}, \quad x = \begin{bmatrix} 1 \\ 0 \end{bmatrix}$$

Then

$$R_A(x) = \frac{x^\top Ax}{x^\top x} = \frac{\begin{bmatrix} 1 & 0 \end{bmatrix} \begin{bmatrix} 2 & 1 \\ 1 & 3 \end{bmatrix} \begin{bmatrix} 1 \\ 0 \end{bmatrix}}{\begin{bmatrix} 1 & 0 \end{bmatrix} \begin{bmatrix} 1 \\ 0 \end{bmatrix}} = \frac{\begin{bmatrix} 1 & 0 \end{bmatrix} \begin{bmatrix} 2 \\ 1 \end{bmatrix}}{1} = \frac{2}{1} = 2$$

**Proposition:** Let  $A$  be symmetric, and let  $\lambda_1 \leq \lambda_2 \leq \dots \leq \lambda_n$  be the eigenvalues of  $A$  with corresponding eigenvectors  $v_1, \dots, v_n$ .

Then:

$$\min_{x \in \mathbb{R}^n, \|x\|=1} R_A(x) = \min_{\|x\|=1} x^\top A x = \lambda_1, \quad \text{attained at } x = v_1$$

$$\max_{x \in \mathbb{R}^n, \|x\|=1} R_A(x) = \max_{\|x\|=1} x^\top A x = \lambda_n, \quad \text{attained at } x = v_n$$

**Intuition:** Assume  $A$  is expressed in terms of the orthonormal basis  $v_1, \dots, v_n$ , so that

$$A = \begin{pmatrix} \lambda_1 & & 0 \\ & \ddots & \\ 0 & & \lambda_n \end{pmatrix}$$

Let  $y$  be a vector, also represented in the same basis:

$$y = y_1 v_1 + y_2 v_2 + \dots + y_n v_n$$

Then,

$$y^\top A y = \lambda_1 y_1^2 + \lambda_2 y_2^2 + \dots + \lambda_n y_n^2$$

Among the standard basis vectors:

$$\begin{pmatrix} 1 \\ 0 \\ \vdots \\ 0 \end{pmatrix}, \begin{pmatrix} 0 \\ 1 \\ \vdots \\ 0 \end{pmatrix}, \dots, \begin{pmatrix} 0 \\ \vdots \\ 0 \\ 1 \end{pmatrix}$$

the smallest result of  $y^\top A y$  is given by choosing

$$y = \begin{pmatrix} 1 \\ 0 \\ \vdots \\ 0 \end{pmatrix}$$

This corresponds to  $v_1$ , and the value of  $y^\top A y$  would be  $\lambda_1$ .

**Proof (sketch):** Assume we start with the standard basis. Let

$$Q = \begin{pmatrix} | & | & \cdots & | \\ v_1 & v_2 & \cdots & v_n \\ | & | & & | \end{pmatrix}$$

be the basis transformation matrix. Since  $Q$  is orthogonal, we have

$$A = Q^\top \Lambda Q$$

where  $\Lambda$  is diagonal.



For a vector  $x = \begin{pmatrix} x_1 \\ \vdots \\ x_n \end{pmatrix}$  be a vector in the original basis, and define  $y := Q^\top x$ .

We consider the Rayleigh quotient:

$$R_A(y) = \frac{y^\top A y}{y^\top y} = \frac{(Q^\top x)^\top A (Q^\top x)}{(Q^\top x)^\top (Q^\top x)}$$

Since  $(Q^\top x)^\top = x^\top Q$  and  $Q$  is orthogonal (so  $Q^\top Q = I$ ), this becomes:

$$\begin{aligned} &= \frac{x^\top Q Q^\top A Q Q^\top x}{x^\top Q Q^\top x} = \frac{x^\top A x}{x^\top x} \\ &= \frac{\lambda_1 x_1^2 + \lambda_2 x_2^2 + \cdots + \lambda_n x_n^2}{\|x\|^2} \end{aligned}$$

Hence,

$$\min_{\|y\|=1} R_A(y) = \min_{\|x\|=1} (\lambda_1 x_1^2 + \cdots + \lambda_n x_n^2)$$

*Note:*  $Q$  is orthogonal, so it preserves norms.

The minimum of  $R_A(y)$  is attained when

$$x = \begin{pmatrix} 1 \\ 0 \\ \vdots \\ 0 \end{pmatrix} \Rightarrow y = Q^\top x = v_1$$

with value

$$\min_{\|y\|=1} R_A(y) = \lambda_1$$

**Proposition:** Consider the constrained minimization problem

$$\min_{\substack{\|x\|=1 \\ x \perp v_1}} R(x)$$

The solution to this problem is  $x = v_2$ , and  $R(x) = \lambda_2$

**Intuition:** Consider the restriction of operator  $A$  to the subspace

$$V_1^\perp := (\text{span}\{v_1\})^\perp$$

On this subspace,  $A$  is invariant and symmetric, so we can apply the Rayleigh quotient again on this smaller space.

Let

$$V_1^\perp = \text{span}\{v_2, v_3, \dots, v_n\}$$

If we apply the Rayleigh to  $V_1^\perp$ , we get the next solution:

$$\lambda_2, \quad v_2$$

**Theorem:** (Min–Max Theorem)

Let  $A \in \mathbb{R}^{n \times n}$  be symmetric with eigenvalues

$$\lambda_1 \leq \lambda_2 \leq \dots \leq \lambda_n$$

Then the  $k$ -th eigenvalue satisfies:

$$\begin{aligned} \lambda_k &= \min_{\substack{U \subset \mathbb{R}^n \\ \dim U = k}} \max_{x \in U \setminus \{0\}} R_A(x) \\ &= \max_{\substack{U \subset \mathbb{R}^n \\ \dim U = n-k+1}} \min_{x \in U \setminus \{0\}} R_A(x) \end{aligned}$$

**Intuition:** For  $k = 3$ :

- Consider the subspace  $U$  spanned by  $v_1, v_2, v_3$ . As we saw before,

$$\max_{x \in U} R_A(x) = \lambda_3, \quad \text{attained by } v_3$$

- Consider another subspace  $U$  spanned by  $v_9, v_{10}, v_{11}$ ,

$$\max_{x \in U} R_A(x) = \lambda_{11}$$

## **bibliography**

<https://rubenvannieuwpoort.nl/posts/the-spectral-theorem-for-hermitian-matrices>

<https://www.youtube.com/watch?v=OXLaScAMl0>