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Symptoms of Diabetes

KEY POINTS

- Type 1 diabetes symptoms can develop in just a few weeks or months and can be severe.
- Type 2 diabetes symptoms can take years to develop.
- Gestational diabetes doesn't usually have symptoms. Your doctor should test you for it between 24 and 28 weeks of pregnancy.



Symptoms

If you have any of the following diabetes symptoms, see your doctor about getting your blood sugar tested:

- Urinate (pee) a lot, often at night
- Are very thirsty
- Lose weight without trying
- Are very hungry
- Have blurry vision
- Have numb or tingling hands or feet
- Feel very tired
- Have very dry skin
- Have sores that heal slowly
- Have more infections than usual

Keep Reading:
[Testing for Diabetes](#)

Symptoms of type 1 diabetes

People who have [type 1 diabetes](#) may also have nausea, vomiting, or stomach pains. Type 1 diabetes can be diagnosed at any age. Symptoms can develop in just a few weeks or months and can be severe.

Keep Reading:
[Just Diagnosed With Type 1 Diabetes](#)

Symptoms of type 2 diabetes

[Type 2 diabetes](#) symptoms often take several years to develop. Some people don't notice any symptoms at all. Type 2 diabetes usually starts when you're an adult, though more and more [children and teens](#) are developing it. Because symptoms are hard to spot, it's important to know the risk factors for type 2 diabetes.

Keep Reading:
[Diabetes Risk Factors](#)

Symptoms of gestational diabetes

[Gestational diabetes](#) (diabetes during pregnancy) usually doesn't have any symptoms. If you're pregnant, your doctor should test you for gestational diabetes between 24 and 28 weeks of pregnancy. If needed, you can make changes like healthy eating and being active to protect your health and your baby's health. If those changes aren't enough to manage your blood sugar, your doctor may prescribe medicine to help.

SOURCES

CONTENT SOURCE:
[National Center for Chronic Disease Prevention and Health Promotion; Diabetes](#)