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# COVID-19 Resources for Older Adults and Caregivers

COVID-19 is a respiratory disease that continues to affect people and communities worldwide. Older adults are more likely than younger people to get very sick from the disease. The resources below are from the National Institute on Aging (NIA), part of the National Institutes of Health (NIH), and other government agencies. This information can help older adults and their caregivers learn more about COVID-19, locate resources and services in their area, and find out about participating in COVID-19 research.



## Information about COVID-19 and older adults

These resources provide health information, vaccine recommendations, and other guidance for older adults.

- [COVID-19 Risks and Information for Older Adults](#): Risk factors, prevention, and other up-to-date information from the Centers for Disease Control and Prevention (CDC)
- [Stay Up to Date With COVID-19 Vaccines](#): The latest CDC recommendations for COVID-19 vaccines and boosters
- [COVID-19 Information Resources](#): Materials for older adults, people with dementia, and caregivers from NIA-funded research centers and other organizations
- [COVID-19 Response: What Do Older Adults and People With Disabilities Need To Know?](#) Information from the Administration for Community Living
- [What Do We Know About Long COVID?](#) Article from NIA about long-lasting symptoms of Long COVID in older adults
- [Is it a Cold, the Flu, or COVID-19?](#) Infographic from NIA showing the common symptoms of each illness

## Finding COVID-19 resources in your community

These resources can help you find COVID-19 testing, vaccines, treatment, and guidance in your local area.

- [COVID.gov](#): Community resources and guidance by county, including where to find masks, tests, vaccines, and treatment. Visit the website, call 800-232-0233, or text your ZIP code to 438829 (GETVAX) for COVID-19 resources in your area.
- [Vaccines.gov](#): A searchable map of COVID-19 vaccination providers by ZIP code.
- [COVID-19 Test-to-Treat Locator](#): An interactive map of local health clinics and pharmacies that test for COVID-19 and provide medications for treatment.

- [State Health Departments](#): A list of all state and territorial health departments that provide local resources.
- [Eldercare Locator](#): A service of the U.S. Administration on Aging that can help older adults find housing, community and in-home services, transportation, insurance and assistance programs, and benefits information in their community. Visit the website or call 800-677-1116.

## COVID-19 information for caregivers

These resources can help family, friends, health professionals, and other caregivers of older adults.

- [If You Are Sick or Caring for Someone](#): Advice from the CDC for people with COVID-19 and their caregivers in non-health care settings
- [COVID-19 Guidance for Adult Day Services Centers](#): Guidance from the CDC for reducing the spread of COVID-19 and maintaining safe operations
- [Resources on COVID-19 for Caregivers and Older Adults](#): A list of resources from the Department of Health and Human Services' (HHS) Office of the Assistant Secretary for Planning and Evaluation

## COVID-19 services for veterans

These resources can help veterans and their families find COVID-19 information and services through the U.S. Department of Veterans Affairs (VA).

- [COVID-19 Resources for Veterans](#): Latest updates and information from the VA
- [COVID-19 Vaccines at VA](#): Eligibility and locations for COVID-19 vaccines for veterans
- [Coronavirus FAQs: What Veterans Need To Know](#): Answers to questions about COVID-19 testing, vaccination, benefits, and research from the VA

## Government programs and assistance

These resources provide information about health care coverage, financial assistance, and other government programs and benefits related to COVID-19.

- [Medicare & Coronavirus](#): Details about Medicare coverage for COVID-19 vaccines, tests, and treatments. Visit the website or call 800-633-4227.
- [Resources and Assistance for Homeowners and Renters](#): Information about housing concerns during COVID-19 from the U.S. Department of Housing and Urban Development. Free housing advice is also available by calling 800-569-4287.
- [Protecting Your Finances During the Coronavirus Pandemic](#): Guidance on mortgages, student loans, and financial management from the Consumer Financial Protection Bureau.
- [Avoid Coronavirus Scams](#): Advice for consumers from the Federal Trade Commission.

## Participating in COVID-19 research

People who participate in clinical trials and studies help scientists better understand COVID-19 and discover new ways to prevent and treat this disease. These resources provide information about clinical research and ways to get involved.

- [Understanding COVID-19 Clinical Trials](#): General information from NIH about COVID-19 clinical trials, including how they work and the benefits of participating
- [NIH COVID-19 Research Initiatives](#): Ongoing efforts from NIH to accelerate research-based solutions in testing, treatments, and vaccines for COVID-19
- [COVID-19 Clinical Trials](#): A current list of COVID-19 studies seeking participants from ClinicalTrials.gov

## You may also be interested in

- Learning about [Long COVID](#)
- Exploring articles about [caregiving](#)
- Finding out more about [immunizations and shots](#)

This content is provided by the NIH National Institute on Aging (NIA). NIA scientists and other experts review this content to ensure it is accurate and up to date.

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