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Six Signs of Hearing Loss

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Hearing loss is a common problem in older adults. In fact, about one-third of older adults have hearing loss. It's important to talk with your doctor if you're experiencing hearing problems.

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(((Six Signs of Hearing Loss)))

About one-third of older adults have hearing loss, and the chance of developing it increases with age.

- Trouble understanding people over the phone
- Finding it hard to follow conversations when two or more people are talking
- Often asking people to repeat themselves
- Needing to turn up the TV volume higher than other people do
- Trouble understanding others because of background noise
- Thinking that others seem to mumble

To learn more about hearing loss, visit www.nia.nih.gov/hearing-loss.

NIH National Institute on Aging

You may also be interested in

- Reading more about [hearing loss and tips to help cope](#)
- Exploring tips for [talking with your doctor about sensitive topics](#)
- Learning about how [hearing loss can contribute to social isolation and loneliness](#)

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