



MAY 15, 2024

# Diabetes Complications

## AT A GLANCE

Diabetes can cause other health problems, but you can take steps to lower your risk for diabetes complications and improve your overall health.



## Articles



### Your Heart and Diabetes

Find out how to protect your heart with lifestyle changes that can also help you manage diabetes.

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### Chronic Kidney Disease

Regular testing is your best chance for finding CKD early when treatment is most effective.

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### Nerve Damage

Diabetes increases your risk of nerve damage. Learn about the signs and symptoms.

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### Your Feet and Diabetes

Learn how to keep your feet healthy when you have diabetes.

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### Preventing Diabetes-Related Amputations

People with diabetes have a higher risk of amputations. Learn how to reduce your risk.

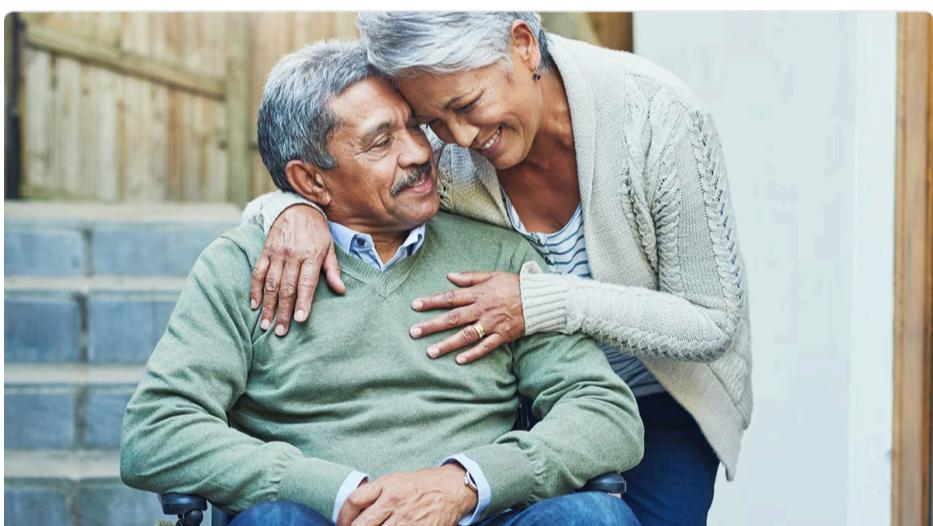
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### Recovering From a Diabetes-Related Amputation

You can live a healthy lifestyle after an amputation. Find out more.

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### Diabetes-Related Amputations and Mental Health

Don't forget to take care of your mental health after an amputation.

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### Oral Health and Diabetes

Taking good care of your teeth and gums is even more important if you have diabetes.

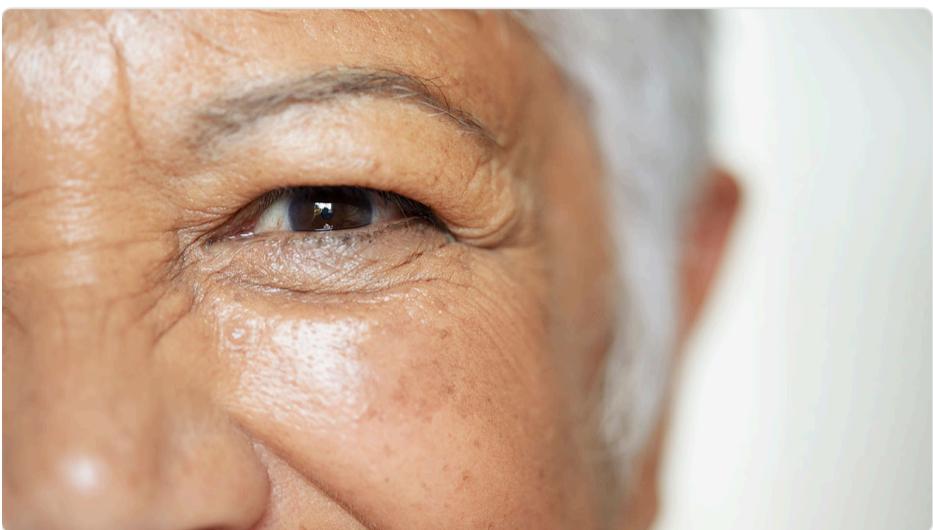
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### Hearing Loss

Protect your hearing by keeping your blood sugar levels close to your targets and getting yearly hea...

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### Vision Loss and Diabetes

Find out how diabetes can impact your eyes, and how to protect your vision.

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### Digestion and Diabetes

Diabetes can lead to digestive problems like gastroparesis. Find out why, and how to treat it.

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### Type 2 Diabetes and Your Liver

Learn about the connection between type 2 diabetes and liver disease.

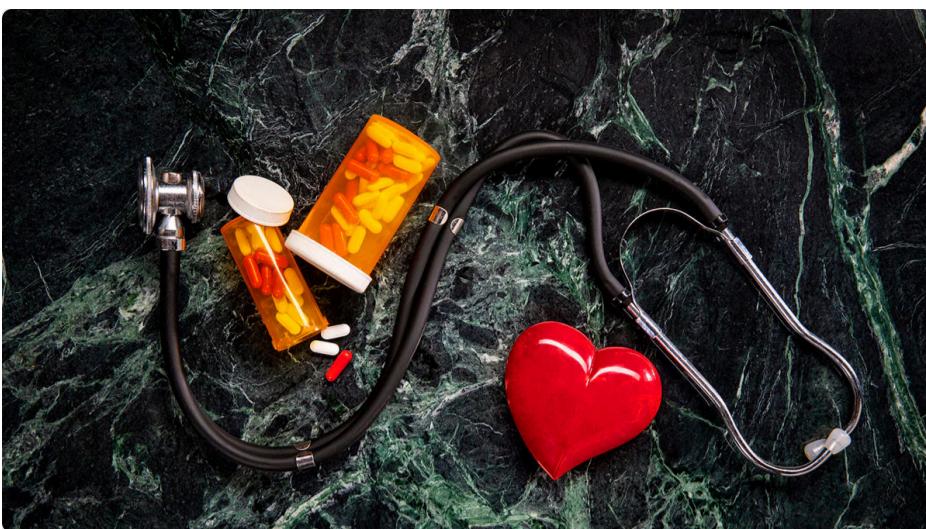
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### Your Brain and Diabetes

Learn about the connection between diabetes and the brain and how to keep your brain healthy.

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### Statins and Diabetes: What You Should Know

Taking a statin to lower your cholesterol levels can be key to preventing heart disease and stroke.

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### Your Immune System and Diabetes

Diabetes increases your risk of getting sick. Find out how you can support your immune system.

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#### SOURCES

##### CONTENT SOURCE:

National Center for Chronic Disease Prevention and Health Promotion; Diabetes