C7FIT

signin

Today Schedule

List of users classes if Sign in, Allif not sign in

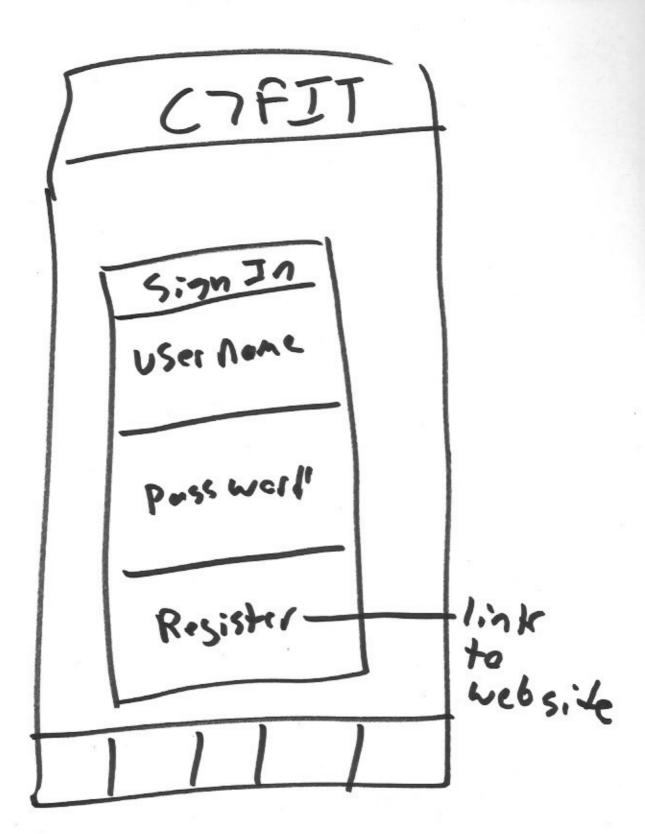
Today workant video on You Tube

Today Motivetion Text

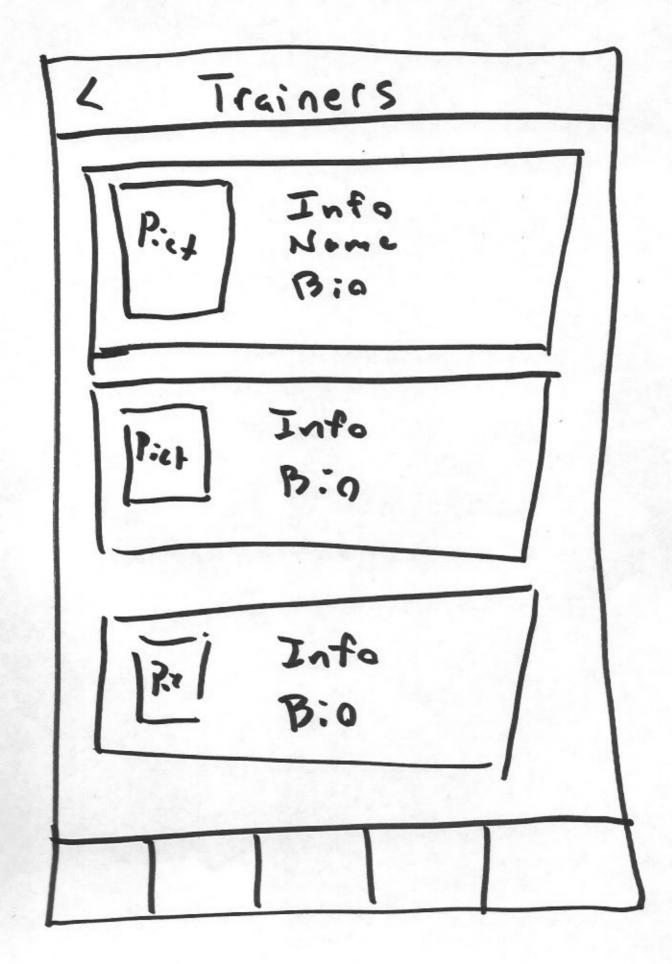
1 rainels

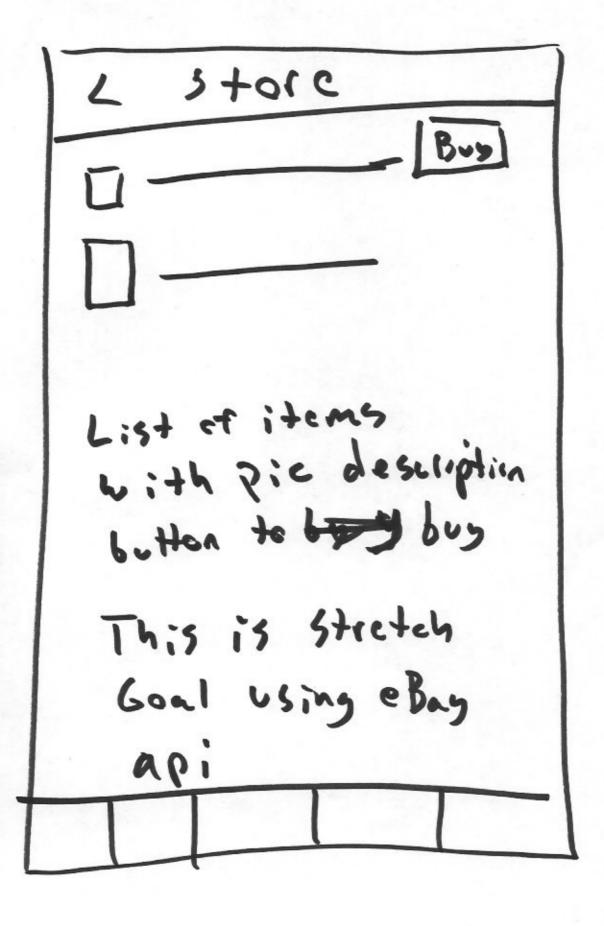
Store

Personal classes Activity



L video Video





| Personal Trainer | 1 |
|----------------------------|---|
| | † |
| Personal Training | |
| 30 min Personal Training | L |
| 60 min | 1 |
| | 1 |
| | |
| Sports Training | |
| | - |
| Speed Agility | 1 |
| weight | |
| | |
| | + |
| Leivie | 1 |
| ctick on any training | |
| Tap goes to another screen | |

Personal Training Location Training Title Pick Trainer AnyStaff Pie Trainer 1 > Ry Trainer 2>

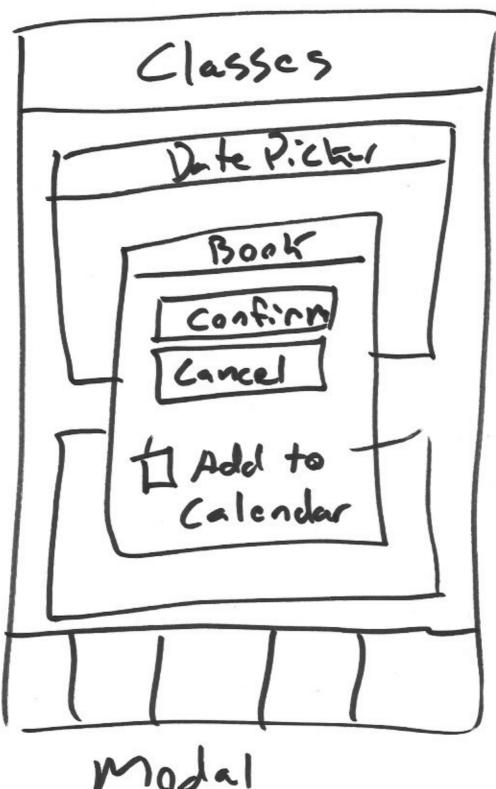
Pick Trainer Trainer Name Bia View Availability

Availability and Trainer graining Calendar Pick a day List of times is populated below Times Seleck II AM

Book Training Trainer Book



| Classes | |
|------------------------------|---|
| Date Picker Month Keer 1 33 | |
| Pick day 1:3+ Classes | |
| Time Book | - |
| Title Times | |
| | 1 |
| (145564 | 1 |



Modal

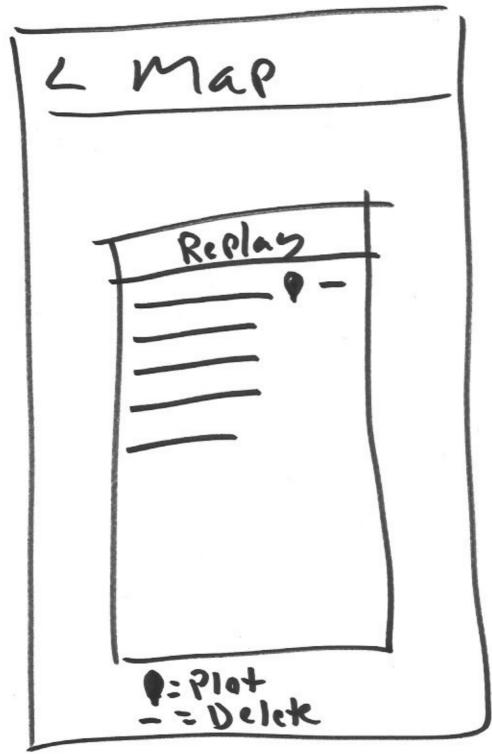
| Activity. | |
|---|---|
| Today Het.V.ty | |
| Steps Time Flowith etc. Renkit | |
| worknut Tools | |
| 510P watch > | |
| count down > | |
| map | _ |
| edit Test Resultse Mile Jim 9 min 34 sec | |
| Pushups 27 60 suc | |
| 1: Les Press 350 Pounds | |
| Achvis | |

1 STOP WATCH STOP

L Count Down Stop Start

Map Stop Replex Start

1 Map Name SAVC



Stele local

Test Results Item ability bedit Value and save

| MORE | • |
|-------------------------------------|------|
| Pie Neme Corrinative | |
| Ask A Trainer List of Trainer Ask | Sud. |
| | |