



Nano Tips for Mental Agility and Resilience with Gemma Leigh Roberts

Course completed by Sepehr Abbaspour
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Top skills covered

Resiliency

A handwritten signature in black ink, appearing to read "Shea Hanson", with a long horizontal stroke extending to the right.

Shea Hanson, Head of Learning Content Strategy



Certificate ID: 1791cb16b86d36d5a092f1e2510980720ddb3062035d2c6047b8321268fb9bd8