



# Nano Tips To Overcome Overthinking with Melody Wilding

Course completed by Sepehr Abbaspour

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Top skills covered

Decisiveness

Personal Development

Decision-Making

A stylized, handwritten signature in black ink, appearing to read "Shea H".

Shea Hanson, Head of Learning Content Strategy



Certificate ID: b0c290f8e1a318776553a09e6d8dd7b2fe3ba0734d7bc5c91a17de8f0abc5b95