



Nano Tips for Mental Agility and Resilience with Gemma Leigh Roberts

Course completed by Sepehr Abbaspour

Dec 26, 2023 at 06:34AM UTC • 33 minutes

Top skills covered

Resiliency

A handwritten signature in black ink that reads "Shea Hanson".

Shea Hanson, Head of Learning Content Strategy

Certificate ID: 1791cb16b86d36d5a092f1e2510980720ddb3062035d2c6047b8321268fb9bd8

