

September Plan for the after school club "Brainy Bunch"

Duration: 3 hours / 5 times a week

Week 1



Monday: Icebreaker Games, Creating Group Rules.

1. 2:30 PM – 3:00 PM Organizational Block and Rest After School

- Meeting the children, roll call.
- Light snack (fruit, yogurt, cookies).
- Icebreaker game (Everyone sits in a circle. Each person takes a turn saying their name and making a gesture, for example, "I am Anna" and claps. The next person repeats the names and gestures of everyone before and adds their own.)

2. 3:00 PM – 4:00 PM Creative Workshop.

- Collage "This is Me!" (Everyone receives a sheet of paper and draws/cuts out from magazines: themselves, their family, favorite animal, color, dream, etc. Afterwards — a short presentation of their work to the group).
- Group Rules: "We agreed that..." Simple rules are formulated together with the children (no shouting, sharing, taking care of toys, etc.). The children are invited to decorate a poster with these rules (draw symbols, trace their hands, etc.).

3. 4:00 PM – 5:00 PM Study Block: Completing Homework

Dividing the children into 3 mini-groups of 4 people each. The educator supervises and helps individually.

Zones:

- Quiet zone for writing and reading.
- Consultation zone (working with the educator).
- Mini-library/play area — for those who have already completed the task.

4. 5:00 PM – 5:30 PM End of Day and Free Time

- Reflection: "What did you like?", "What was difficult?", mood emoticons.
- Preparing for the meeting with parents.

Tuesday: Outdoor Active Games.

1. 2:30 PM – 3:00 PM Organizational Block and Rest After School

- Meeting the children, roll call.
- Light snack (fruit, yogurt, cookies).

2. 3:00 PM – 4:00 PM Outdoor Active Games.

- **"Freeze!"** The facilitator turns on music (can sing or clap to the rhythm), and the children move. As soon as the music stops, everyone must freeze in a pose. Anyone who moves is out for 1 round or performs a funny task.
- **"Who Will Collect Faster?"** Arrange items (toys, balls, cones, cards) on the field. Divide the children into 2 teams. On the signal, each child runs one at a time to collect the required items (by color, shape, etc.). The team that collects the most wins.
- **"Color Hunt"** The facilitator calls out a color – the children must find and touch an object of that color on the playground.
- **"Big Step - Small Step"** One child is the "king" and turns away. The others approach him, moving only on his command: "Two giant steps!", "Three mouse steps!", "Kangaroo jump!". Whoever reaches and touches the king first becomes the new leader.
- **"Ball Duel"** (ball between the legs). The children move by holding a ball between their knees. The task is to reach the finish line without dropping the ball.

3. 4:00 PM – 5:00PM Study Block: Homework Completion

4. 5:00 PM – 5:30 PM End of Day and Free Time

- Reflection: "What did you like?", "What was difficult?", mood emoticons.
- Preparing to meet parents.

Wednesday: Creative Workshop — Drawing

1. 2:30 PM – 3:00 PM Organizational Block and Rest After School

- Meeting the children, roll call.
- Light snack (fruit, yogurt, cookies).
- Emotional release: free play, building blocks, puzzles.

2. 3:00 PM – 4:00 PM Creative Workshop — Drawing

- Drawing a summer memory – seascape in watercolor technique.

3. 4:00 PM – 5:00 PM Study Block: Homework Completion

4. 5:00 PM – 5:30 PM End of Day and Free Time

- Reflection: "what did you like," "what was difficult," mood smileys.
- Preparing to meet parents.

Thursday: Literary Club

1. 2:30 PM – 3:00 PM Organizational Block and Rest After School

- Meeting the children, roll call.
- Light snack (fruit, yogurt, cookies).

2. 3:00 PM – 4:00 PM Literary Club. Listening to the audiobook "Room on the Broom" Author: Julia Donaldson. Discussing what was heard.

3. 4:00 PM – 5:00 PM Study Block: Homework Completion

4. 5:00 PM – 5:30 PM End of Day and Free Time (free play, building blocks, puzzles)

- Reflection: "what did you like," "what was difficult," mood smileys.
- Preparing to meet parents.

Friday: Creative Workshop – Collage

1. 2:30 PM – 3:00 PM Organizational Block and Rest After School

- Meeting the children, roll call.
- Light snack (fruit, yogurt, cookies).

2. 3:00 PM – 4:00 PM Creative Workshop – Collage "Magic Tree"

- Children create an unusual tree, using twigs for the trunk and gluing leaves of different shapes, sizes, and colors, as well as seeds and small flowers for decoration.

3. 4:00 PM – 5:00 PM Study Block: Homework Completion

4. 5:00 PM – 5:30 PM End of Day and Free Time