

COURSE OUTLINE

NSG 1181 Introduction to Nursing
Fall 2016

Lethbridge College inspires and facilitates learning and innovation to meet economic and social needs.

Centre: Health and Wellness

Program: Nursing Education in
Southwestern
Alberta (NESA)
BN Programs (BNAD)

Section	Instructor & E-mail address	Office	Phone
C01	Sian Townsend MSA, BN, RN sian.townsend@lethbridgecollege.ca	PA 2137	320-3202 ext. 5786

Chair: Bernadine Wojtowicz, MSc(N), RN
Office: PA2119
Phone: 403-320-3424
Email:
bernadine.wojtowicz@lethbridgecollege.ca

Dean: Deb Bardock, MN, RN
Office: PA 2147
Phone: 403-320-3403
Email: debra.bardock@lethbridgecollege.ca

Instructor Availability:
Instructor availability will be provided to students on Week 1 and posted on Canvas.

Credits: 6

Class Time:

View your personal class schedule (days, times, rooms) through the My Horizon portal, Web Advisor, Student Class Schedule links, Canvas.

Pre-Requisites:
Admission to BNAD

Co-Requisites:
NSG 1182

Open to Prior Learning Assessment:
No

Open to Supplemental Exam:
No

Course Catalog Description:

This course focuses on the history of nursing, role of the nurse in various settings and nursing as a profession. It includes an introduction to the dimensions of health and wellness of populations across the lifespan; in different cultural contexts and settings.

Course Outcomes:

1. Describe concepts of health and wellness for individuals and families across the lifespan and in differing cultural contexts within the context of community and population health.
2. Articulate awareness of the development of the nursing profession from a historical perspective.
3. Identify and explore the purpose of CARNA nursing practice standards, the CNA Code of Ethics, and their influence on nursing roles and scope of practice.
4. Demonstrate awareness of core ethical principles that serve as the foundation for ethical practice.
5. Identify and explore theories and models that relate to and may be applied in nursing practice.
6. Demonstrate understanding of lifelong learning principles.
7. Demonstrate the ability to think critically and problem solve through discussion and reflection.
8. Develop an understanding of how determinants of health affect health outcomes.
9. Define evidence-informed practice and describe its relevance to professional practice.
10. Demonstrate increased competence in information management such as locating, evaluating, selecting and applying resources to promote evidence informed practice.

Course Format/Instructional Method:

The NESAs BN Programs are student-centered and based on sound curricular theory. The learning environment will utilize various teaching and learning strategies to enhance success in the course through innovation and collaboration, complemented by technology. There is an emphasis on a process-oriented approach to foster active learner participation, critical thinking, and problem-solving. Knowledge acquired from non-nursing courses and real-world experiences will be integrated into the nursing courses.

Required Text(s), Materials, and Technology:

Student use of mobile technology is encouraged.

American Psychological Association. (2010). *Publication manual of the American Psychology Association* (6th ed.). Washington, DC: American Psychological Association.

College & Association of Registered Nurses of Alberta. (2013). Nursing practice standards (includes the Canadian Nurses Association (CNA) (2008) Code of Ethics. Retrieve document from http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Standards/PracticeStandards_CNA_Ethics_2008.pdf

Potter, P. A., Perry, A. G., Stockert, P.A., Hall, A.M., Ross-Kerr, J. C., Wood, M. J., Dugleby, W. (Eds.). (2014). *Canadian fundamentals of nursing* (5th ed.). Toronto, ON: Elsevier Canada

Steven, T. C., Skillen, D. L., Day, R. A., & Jensen, S. (2012). *Canadian Jensen's nursing health assessment: A best practice approach*. Philadelphia, PA: Lippincott, William and Wilkins.

Recommended Text(s) and Materials:

Dictionary –your choice

Medical Dictionary – your choice

Other Learning Resources:

Learning Café:

Students are encouraged to access the Learning Café (CE1340) for various free services, including academic tutoring support (online and face to face), APA documentation and study skills workshops, peer tutoring, and online learning resources at www.lethbridgecollege.net/elearningcafe

Accessibility Services:

Students requiring academic accommodation (e.g. extra time, separate space, etc.) must register with Accessibility Services to determine eligibility for and implementation of these supports. If you have further questions, please feel free to speak to your instructor or contact Accessibility Services for more information.

Assessments:

Assignments/Exams/etc.	Due Date	Value
Reflective Paper (Professionalism in Nursing)	October 3, 2016 at 0800 hrs	15%
Exam #1	Week of October 3, 2016	20%
Exam #2	Week of October 31, 2016	20%
Completion of CNAs Learning Modules (8)	Certificates of completion due by Monday at 0800 hrs November 14 th , 2016 (8)	10%
Group Health Promotion Project : Presentation	November 28 th or 29 th , 2016	15%
Exam #3	Week of December 5 th , 2016	20%
TOTAL		100%

Exam Process: LC NESB BN Program

For all examinations, unless otherwise specified by instructor.

Scheduling

Students should refer to the appropriate course documents for exam dates, times, and locations. Students must register for one course examination time during the week specified on their Course Outline (unless the exam will be administered during class-time).

Registration/Check-In

Registration/Check-In will commence 15 minutes prior to the scheduled examination time. Photo ID is required. Please arrive early.

Regulations and Reminders

- Bathroom breaks are not permitted during the exam.
- When writing a computerized exam, students must sign in using a lockdown browser. Log-off prior to leaving the examination area. If you have any problems while writing the exam, remain at your seat, raise your hand, and wait for a proctor to assist you.
- Nursing scrubs are not allowed in the examination area.
- Items Permitted in examination area:
 - Scrap paper (provided by proctor and returned prior to leaving)
 - Pen or pencil
 - Water (in clear, un-labeled bottle)
 - Basic calculator (scientific calculators must be cleared of data with proctor)
 - Ear plugs
- All other items are not permitted in the examination area, and must be left in space specified by the proctor. This includes, but is not limited to:

- Hats, scarves, sunglasses, coats, or hooded clothing (if attire is inappropriate, students may be asked to change; exceptions for religious/cultural clothing will be made)
- Bags, backpacks, pencil cases, purses
- Electronic devices, including cell phones and smart watches.
- Return all scrap paper, calculators if borrowed to proctor and sign out.

Exit the building upon completing the exam writing. Avoid congregating outside the examination area and/or discussing the exam with fellow students, as this may lead to academic dishonesty or cheating. Cheating is a violation of Lethbridge College's [Student Academic Code of Conduct: Academic Honesty Policy](#). Incidences of cheating will be fully documented and reported to the student's instructor for further action according to Lethbridge College Policy.

Grading:

Official final grades will be available on Web Advisor. Grades posted in Canvas should be considered interim grades.

Grading System:

University of Lethbridge and Lethbridge College:

Grade	GPA	Percent		Grade	GPA	Percent
A+	4.0	95-100		C+	2.3	71-74.9
A	4.0	91-94.9		C	2.0	67-70.9
A-	3.7	87-90.9		C-	1.7	63-66.9
B+	3.3	83-86.9		D+	1.3	59-62.9
B	3.0	79-82.9		D	1.0	55-58.9
B-	2.7	75-78.9		F	0	0-54.9

Program/Course Attendance Requirements (if applicable):

It is an expectation that the NESA BN Programs Student Handbook and NESA BN Programs Policies be followed at all times.

General Course Expectations:

Communication related to the course will occur during class time and via Canvas. It is the responsibility of the student to check for correspondence on a regular basis. Other means of communication will be discussed in class when applicable.

Institutional Practices

Course Work Used as Examples:

Should your instructor wish to use your work in future educational purposes, you will be asked to complete and sign a Student Release Form, authorizing both the instructor and/or the College to use your course work. This form, along with a copy of your work, is retained in the official copyright files located in the College's Intellectual Property Office. If you have any questions regarding Copyright and/or Intellectual Property, please contact the Intellectual Property Office.

Retention of Assignments and Exams:

Examinations/assignments will be retained by instructors to the end of the final grade appeal period. After the appropriate retention period, records will be destroyed in a secure manner.

Academic Honesty:

Academic Honesty is necessary for students to achieve excellence and for the preservation of the integrity and reputation of the course, the program, and of Lethbridge College as an institution. Lethbridge College supports and demands academic honesty in all academic learning activities.

Plagiarism is a serious offence and will be handled in accordance with Lethbridge College policy. The penalties for plagiarism vary in degrees but may result in expulsion from the Lethbridge College.

Lethbridge College uses plagiarism detection software such as Turnitin.com. Students should be aware that if their paper is submitted to a plagiarism detection service, a copy of their paper is retained as a source document in its reference database. As the author, the student retains ownership of the paper submitted.

Recording of Classes:

An audio recording is permitted only with the prior written consent of the instructor or if recording is part of an approved accommodation plan. Such a recording is for the personal use only of the student who has permission to record. Following the course all such recordings must be destroyed.

Important Note:

Students should be aware of policies and procedures that may impact them directly. More information can be found at <http://www.lethbridgecollege.ca/about-us/policies-procedures>.