DAILY LIVING TOOLKIT: Health and Wellness

Health History Questionnaire (Take this with you to the Doctor)

Name:		
Date of Birth:		
Medical Doctor:	Phone:	
Heart Doctor:	Phone:	
Other Doctor:	Phone:	
	Medical History	
High Blood Pressure	Heart Attack	Seizures
Diabetes	Stroke	Anxiety/Depression
Kidney problems	Asthma	
Cancer:		
Breathing Problems:		
Bleeding Problems:		
Digestive Problems:		
Allergies:		
Medication List:		
Hospitalizations: (Date/Reason)		
Surgeries: (Date/Reason)		