

Warning Signs of a Stroke Think FAST!

SUDDEN
trouble walking,
dizziness, loss
of balance



SUDDEN **numbness**
or weakness of face,
arm or leg-especially
on one side of the body

SUDDEN **trouble**
seeing in one or
both eyes



SUDDEN **confusion,**
trouble speaking or
understanding

SUDDEN **severe headache** with no known cause

F
A
S
T

FACE: Smile. *Does one side of the face droop?*

ARMS: Raise both arms. *Does one arm drift downward?*

SPEECH: Repeat a Simple Phrase. *Is the speech slurred or strange?*

TIME: Note the time and call 9-1-1 immediately!!

In An Emergency

CALL 9-1-1 IMMEDIATELY IF YOU HAVE ANY OF THESE SYMPTOMS
NOTE THE TIME THE SYMPTOMS FIRST STARTED!