DAILY LIVING TOOLKIT: Food

Food Assistance and SUNCAP:

The SUNCAP Program is a special Food Assistance Program for individuals who receive Supplemental



Security Income (SSI). You may be eligible to receive food assistance benefits through the SUNCAP Program without any additional application, paperwork, or interviews. If you already receive food assistance benefits in the regular Food Assistance Program, you may be automatically put in the SUNCAP Program when you become SSI eligible. If your food assistance benefits go down because of SUNCAP, you may choose to continue receiving your food assistance under the regular Food Assistance Program.



The new name for the Food Stamp Program is now the Supplemental Nutrition Assistance Program (SNAP)

How can you find out if you may be eligible?

> The Food Assistance Program helps people with low-income buy healthy food. A food assistance household is normally a group of people who live together and buy food and cook meals together. If your household passes the Food Assistance Program's eligibility rules, the amount of food assistance benefits you get depends on the number of people in your household and how much money is left after certain expenses are subtracted.

Eliaibility Requirements

Individuals must pass all eligibility rules to get food assistance benefits. Some of the eligibility rules are:

- Identity Applicants must provide proof of their identity.
- ➤ Work Rules Healthy adults, 18 to 50 years of age, who do not have dependent children or are not pregnant, can only get food assistance benefits for 3 months in a 3-year period, if they are not working or participating in a work or work force program.
- ➤ Income and Deductions Most households must pass a gross income limit at 200% of the Federal Poverty Level (FPL).
- > Residency Individuals must live in the state of Florida.
- Citizenship Individuals must be a U.S. citizen or have a qualified noncitizen status.
- > SSN Individuals must provide a Social Security Number or proof they have applied for one.
- Child Support Cooperation Certain individuals must cooperate with the state's child support enforcement agency to prove a child's legal relationship to their parent and to get the court to order child support payments.
- ➤ **Assets** Most food assistance households may have assets such as vehicles, bank accounts, or property and still get help. Households with a disqualified member must meet an asset limit of \$2,000 or \$3,250 effective October 1, 2011(if the household contains an elderly or disabled member).

Foods You Can Buy With Food Assistance Benefits

➤ Households can use food assistance benefits to buy breads, cereals, fruits, vegetables, meats, fish, poultry, dairy, and plants and seeds to grow food for your household to eat. Households cannot use food assistance benefits to buy nonfood items such as pet foods, soaps, paper products, household supplies, grooming items, alcoholic beverages, tobacco, vitamins, medicines, food to eat in the store, or hot foods.