



Join CHEER Connections, a caregiver support group for people caring for adults with intellectual disabilities in the Lambton County area, to share our...

Stories & Strategies

Our CHEER families will be sharing their "stories" of caregiving and presenting information on strategies we have found helpful. Refreshments and meal provided. We are a welcoming, friendly, social group. Why not come out and see what Cheer is all about?!

We will be meeting at various venues around Lambton Shores—Please check our Facebook page, Family Connections Cheer, or follow the QR code to sign up!

January 22, Warwick Community Centre, Watford

February 26, Christ Church, Forest

March 18, tbd

April 15, tbd

Time: 9:30 am to 12:00 pm

Cost: **Free!** Thanks to the Ontario Caregivers Organization



Questions??? Contact: Connie Burns, cburnscheer@gmail.com



Ongoing Living & Learning Inc.

(OLLI)



THE ONTARIO

caregiver
ORGANIZATION

CHEER Connections, a division of OLLI, is committed to developing a community of inclusion and circle of friendship that supports and enhances the lives of our loved ones with intellectual disabilities as well as our whole family meeting regularly to share and support each other.