

# Indecisions under time pressure arise from suboptimal switching behaviour

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## 1 **ABSTRACT**

2 Indecisive behaviour can be catastrophic, leading to car crashes or stock market losses.  
3 Despite fruitful efforts across several decades to understand decision-making, there has  
4 been little research on what leads to indecision. Here we examined how indecisions  
5 arise under high-pressure deadlines. In our first experiment, participants attempted to  
6 select a target by either reacting to a stimulus or guessing, when acting under a high  
7 pressure time constraint. We found that participants were suboptimal, displaying a be-  
8 low chance win percentage due to an excessive number of indecisions. Computational  
9 modeling suggested that participants were excessively indecisive because they failed  
10 to account for a time delay and temporal uncertainty when switching from reacting to  
11 guessing, which has not been previously reported in the literature. In a followup experi-  
12 ment, we show for the first time the existence of a time delay and temporal uncertainty  
13 when switching from reacting to guessing. Collectively, our results support the idea that  
14 humans are suboptimal and fail to account for a time delay and temporal uncertainty  
15 when switching from reacting to guessing, leading to indecisive behaviour.

## 16 **NEW AND NOTEWORTHY**

17 The sensorimotor system has the constant challenge of dealing with the naturally occur-  
18 ring variability in our movements. Here we investigated the potential roles of muscu-  
19 lar co-contraction and visuomotor feedback responses to regulate movement variability.  
20 When we visually amplified movements, we found that the sensorimotor system primarily  
21 uses muscular co-contraction to regulate movement variability. Interestingly, we found  
22 that muscular co-contraction was relative to participant-specific visuomotor feedback re-  
23 sponse, suggesting an interplay between impedance and feedback control.

## INTRODUCTION

Indecisions often arise from failing to decide and act upon sensory information in time, such as a driver failing to brake or hit the gas pedal when a traffic light turns yellow. When acting under high pressure time constraints, the ability to accurately time a decision is critical to success. Past literature has had very little focus on indecisions. The vast majority of decision-making research either does not consider responses made after some time constraint or simply does not permit a non-response, such as in the classic two-alternative forced choice paradigm (Zachsenhouse Robust versus optimal, Bogacz 2006, Cho et al. 2002 Mechanisms underlying, Jogan and Stocker 2014 A new two-alternative, Ratcliff et al. 2018 modeling 2-alternative forced-choice tasks, Tyler and Chen 2000, Ulrich and Miller 2004 Threshold estimation, ). Thus, despite its real-world ubiquity and importance, we have very little understanding of how indecisions arise.

There have only been a handful of papers to examine indecisions, which involve either high (Lokesh et al. 2022) or low time pressure (Karsilar et al. 2014, Wu et al. 2016, Phillastides et al. 2011, Dambacher and Hubner 2015, Forstmann et al. 2008). We recently found a high proportion of indecisions during a competitive decision-making task between two humans that observed each other's movements when selecting a target (Lokesh et al. 2022). In this competitive scenario, the 'prey' attempted to end up in the same target as the 'predator' by a time constraint, while the predator attempted to end up in the opposite target as the prey. This task had a high time pressure, such that participants were awarded no points if they were indecisive by failing to enter either target within the time constraint. The task poses a conundrum: it may be advantageous to wait for future sensory information and react to an opponent, but it could also be better to switch from reacting to guessing before the time constraint to avoid an indecision. Surprisingly, participants displayed a median indecision rate of approximately 25

Humans and animals attempt to maximize reward to time, select, and indicate a decision with a motor response (drugowitsch, balci, bogacz, hudson landy, trommer-

shauser). To obtain more reward, it has been shown that it is important to consider the inherent time delays and temporal uncertainties of the nervous system (drugowitsch, bogacz, maybe balci too, hudson landy, acerbi wolpert internal representations, Wolpert/Faisal review, Kording/wolpert bayesian decision theory, wolpert/landy motor control is decision-making). Past work has shown that humans will often produce nearly optimal decision times during cognitive (Balci et al. 2011, Miletic and Van Maanen 2019) and motor tasks (Hudson et al. 2008, Faisal and Wolpert 2009 Near Optimal Combination). Other work has shown suboptimal action selection or timing, which has been suggested to occur from an imperfect representation of time delays or temporal uncertainties (Ota et al. 2015, drugowitsch computational precision). With time constraints, misrepresentations of inherent time delays or temporal uncertainties could lead to a missed deadline and consequently an indecision.

Building on our past work (Lokesh, 2022), we developed a high pressure task with a time constraint to examine how humans select decision times. We tested the idea that humans optimally account for time delays and temporal uncertainties to select a decision time that maximizes reward. Alternatively, humans may suboptimally represent time delays and temporal uncertainties, which can lead to an excessive number of indecisions. In Experiment 1, we found humans were suboptimal and observed excessive indecisions that led to a below chance win rate. Computational modelling work suggested that suboptimality arose by failing to account for the time delay and temporal uncertainty associated with switching from reacting to guessing. Experiment 2 showed for the first time, to our knowledge, the existence of an additional time delay and uncertainty when switching from reacting to guessing within a trial. Taken together, our work suggests that humans suboptimally represent the time delay and temporal uncertainty associated with switching from reacting to guessing, leading to indecisive behaviour.

## **RESULTS**

### **Experiment 1**

#### **Experimental Design**

The goal of Experiment 1 was to test how stimulus timing influenced indecisive behaviour. Briefly, participants began each trial by moving their cursor into a start position (Fig. 1A). The stimulus, represented as a cursor on the screen, would quickly move to one of the two target circles. Participants were instructed to reach the same target as the stimulus within a time constraint of 1500 ms. The time remaining in each trial was represented visually with a timing bar that decreased in width according to the elapsed time. Thus, participants were fully aware of how much time they had left relative to the time constraint. A trial was considered a win and the participant received one point if they successfully reached the same target as the stimulus within the time constraint (Fig. 1B). A trial was considered incorrect and the participant received zero points if they reached the opposite target as the stimulus within the time constraint. A trial was considered an indecision and the participant received zero points if they failed to reach a target within the time constraint.

For each trial within a condition, the stimulus movement onset was drawn from the same normal distribution. Using a 3 x 2 within experimental design (Fig. 1C), in separate blocks we manipulated the stimulus movement onset mean (early mean = 1000 ms, middle mean = 1100 ms, late mean = 1200 ms) and standard deviation (low variance = 50 ms, high variance = 150 ms). For the purposes of the main manuscript we focus on the results of the low variance conditions, but report the findings for the high variance conditions in Supplementary A.

#### **Participant Timing Behaviour**

Participant movement onsets for the low variance condition are shown in Fig. 2A, We found a significant main effect of stimulus movement onset mean ( $F[1.551,29.475]$

= 4.36,  $p = 0.030$ ) and variance ( $F[1.000, 19.000]$ ,  $p = 0.017$ ). There was no significant interaction between stimulus movement onset mean and variance ( $F[1.657, 31.474]$ ,  $p = 0.565$ ). When collapsed across low and high variance, participant movement onsets were significantly greater in the middle mean conditions compared to the early mean conditions ( $p = 0.014$ ,  $\hat{\theta} = 72.5\%$ ), suggesting that participants waited longer to react to the stimulus movement and guessed later in time. Again when collapsed across low and high variance, participant movement onset significantly decreased from the middle mean conditions to the late mean conditions ( $p = 0.018$ ,  $\hat{\theta} = 62.5\%$ ). Here, an earlier participant movement onset in the late mean condition suggests that participants attempted to wait and react to the stimulus, but ended up guessing.

Participant movement onset standard deviation for the low variance conditions are shown in Fig. 2B. There was a main effect of mean ( $F[1.383, 26.284]$ ,  $p = 0.018$ ) and variance ( $F[1.000, 19.000]$ ,  $p < 0.001$ ) of the stimulus movement onset, and no significant interaction ( $F[1.978, 37.575]$ ,  $p = 0.097$ ). When collapsed across variance, waiting to react and then guessing in the late mean conditions led to a higher standard deviation of participant movement onset relative to the middle mean ( $p = 0.039$ ,  $\hat{\theta} = 70.0\%$ ) and early mean ( $p < 0.001$ ,  $\hat{\theta} = 77.5\%$ ) conditions.

### **Participants are suboptimal and excessively indecisive.**

We calculated the indecisions (Fig. 2C), wins (Fig. 2D), and incorrects (Fig. 2E) for each of the experimental conditions. Participants displayed a high proportion of indecisions. The median percentage of indecisions was 15.0% [range: 0.0 - 93.8%] across all conditions, with the late mean low variance condition having a median percentage of indecisions of 19.4% [range: 1.2%, 93.8%]. We found a significant interaction between stimulus movement onset and variance for indecisions ( $F[1.571, 28.781] = 5.58$ ,  $p = 0.013$ ). In low variance conditions, participants made significantly more indecisions in the middle mean condition than the early mean condition ( $p < 0.001$ ,  $\hat{\theta} = 85.0\%$ ; Fig. 2C). Additionally, participants made significantly more indecisions in the late mean condition

compared to the early mean condition ( $p < 0.004$ ,  $\hat{\theta} = 80.0\%$ ).

The win percentage across all conditions was 56.25% (range: 6.2%, 93.8%; Fig. 2D). We found a significant interaction between stimulus movement onset mean and variance for wins ( $F[1.542, 29.296] = 23.73$ ,  $p < 0.001$ ). We found that the late mean condition had significantly less wins than the early mean condition ( $p < 0.001$ ,  $\hat{\theta} = 95.0\%$ ). Interestingly, in the late mean condition we found that the average win percentage was significantly below the 50% chance level ( $p < 0.001$ ;  $\hat{\theta} = 95.0\%$ ), which was true for 19 out of 20 participants. Since guessing on every trial would lead to a win percentage of 50%, the only way participants would be below chance is if they are excessively indecisive. The incorrect percentage across all conditions was 26.3% [range: 0.0%, 57.5%; Fig. 2E]. We found significant interactions between stimulus movement onset mean and variance for incorrects ( $F[1.658, 31.508] = 3.72$ ,  $p = 0.033$ ). Participants displayed a greater percentage of incorrect decisions in the late mean condition than the early mean condition ( $p < 0.001$ ,  $\hat{\theta} = 92.5\%$ ).

### Decision making model.

In our task, participants must make a decision of whether to react to the stimulus or guess. For Experiment 1, we tested three different models: i) No Switch Time Model, ii) Full Switch Time Model and iii) Partial Switch Time Model (Fig. 3, left column). The decision policy of these models considers the expected value ( $\mathbb{E}[R|\tau]$ ) to determine the time ( $\tau$ ) to transition from reacting to guessing. Expected value is defined as

$$\begin{aligned}\mathbb{E}[R|\tau] = & P(Win|\tau) \cdot R_{Win} \\ & + P(Incorrect|\tau) \cdot R_{Incorrect} \\ & + P(Indecision|\tau) \cdot R_{Indecision}\end{aligned}\tag{1}$$

where ( $P(Win|\tau)$ ) is the probability of a win, ( $P(Incorrect|\tau)$ ) probability of an incor-



rect, and  $(P(Indecision|\tau))$  is the probability of an indecision.  $R_{Win} = 1$ ,  $R_{Incorrect} = 0$ , and  $(R_{Indecision} = 0$  correspond to the reward structure of the task (Fig. 1B). The decision policy of each model maximized expected reward to determine the optimal time to transition from reacting to guessing,  $\tau^*$ , according to

$$\tau^* = \underset{\tau}{argmax} [\mathbb{E}(R|\tau)] \quad (2)$$

Each model has varying knowledge of the different parameters (Fig. 3, left column). A model can have full knowledge or partial knowledge of a particular parameter. With full knowledge, the decision policy fully utilizes the parameter when selecting the time to transition from reacting to guessing. With partial knowledge, the decision policy utilizes its partial and imperfect representation of the parameter. Here the idea is that a human may not have a perfect representation of some parameter when determining a transition time, even though that particular parameter will still influence behaviour. All model parameter values are shown in Supplementary B.

#### No Switch Time Model

We first considered a model that incorporated various time delays and temporal uncertainties from sources previously identified in the literature: response time, neuromechanical delay, movement time, stimulus movement onset, and timing uncertainty. Note, unlike the other models we will address below, this model did not consider a ‘switch time’ delay and uncertainty because it was not considered in past literature. Hence, we termed it the No Switch Time Model.

In the late mean low variance condition, the No Switch Time Model underestimated participant movement onset (Fig. 2A), underestimated indecisions (Fig. 2C), and overestimated wins (Fig. 2D). During this condition, participants displayed 19% indecisions on average and a win percentage significantly below chance. One reason that the No Switch Time Model was unable to capture behaviour is because it did not consider the potential delays and uncertainties that might exist when switching from reacting to guessing.

### *Full Switch Time Model*

Next we considered a model that additionally incorporated the potential existence of a switch time delay and uncertainty when transitioning from reacting to guessing. For this Full Switch Time Model, we assumed that the model had full knowledge of the time delay and uncertainty when switching from reacting to guessing.

Yet, despite including switch time, the Full Switch Time Model also performed poorly when predicting participant movement onset (Fig. 2A), indecisions (Fig. 2C), and wins (Fig. 2D) in the late mean condition. An explanation for why this model did not do well to explain indecisions is that humans may not have full knowledge of this potential switch time delay and uncertainty.

*Full Switch Time Model* Finally, we considered a model that had only partial knowledge of a potential switch time delay and uncertainty when transitioning from reaching to guessing. That is, this model specifically tests whether humans have an imperfect representation of a switch time delay and uncertainty. The model also had partial knowledge of timing uncertainty, which the fitting procedure found to further improve model fits. The Partial Switch Time Model was able to replicate all aspects of behaviour (Fig. 2). Crucially, it was also able to capture suboptimal behaviour in the late mean condition, where we found that an excessive percentage of indecisions (Fig. 2C, Fig. 3) led to a lower than chance win percentage (Fig. 2D).

## **Experiment 1**

Our behavioural findings in Experiment 1 demonstrated that participants were sub-optimal decision makers. Through our modelling efforts, we were able to capture this suboptimal decision making by including a switch time delay and uncertainty when transitioning from reacting to guessing. The switch time delay and uncertainty were only partially represented by the Partial Switch Time Model when determining the optimal time to switch from reacting and guessing. However, we are not aware of any work that considers the temporal time delays and uncertainty associated with switching from react-

ing to guessing within a trial. Thus, the goal of Experiment 2 was to determine if there is indeed a switch delay and uncertainty that occurs when humans transition from reacting to guessing.

**Experimental Design.** For all conditions, participants controlled a visible cursor that was aligned with their hand position. They started each trial by moving their cursor into a start position. Trial onset began with the appearance of both the stimulus (yellow cursor) and two targets. Participants could experience two trial types: react trials or guess trials. In the react trials, participants saw the stimulus move and were instructed to as quickly as possible follow the stimulus to one of the targets (Fig. 4A). In the guess trials, participants saw the stimulus disappear from the start circle. They were instructed to guess one of the two targets as quickly as possible (Fig. 4B). Following trial onset, the movement or disappearance of the stimulus was drawn from a normal distribution with a mean of 800ms and a standard deviation of 50ms. There were three experimental conditions (Fig. 4C): the react or guess condition, the only react condition, and the only guess condition. In the react or guess condition, react trials and guess trials were randomly interleaved (50 react trials and 50 guess trials). Participants were informed that the stimulus would either move to one of the targets or disappear. In the only react condition, participants were informed that the stimulus would always move to one of the two targets (50 react trials and 0 guess trials). They were also told that the stimulus would not disappear. In the only guess condition, participants were informed that the stimulus would always disappear (0 react trials and 50 guess trials). They were also informed that it would not move to one of the two targets.

During the react or guess condition, we reasoned that participants would prefer to react because they would be guaranteed to select the correct target. As a result, in the react or guess condition, if the stimulus disappeared the participant would switch from reacting to guessing when selecting a target. Conversely, during the only guess condition, if the stimulus disappeared participants would not have to switch from reacting

to guessing. Thus, if there is a delay when switching from reacting to guessing, we would expect a greater response time for the guess trials in the react or guess condition compared to the guess trials in the guess only condition.

**Response Time.** Average participant response times are shown for react and guess trials for each condition are shown in Fig. 5A. As expected, we found significantly greater response times for guess trials in the react or guess condition when compared to the only guess condition ( $p < 0.001$ ,  $\hat{\theta} = XX.X$ ), which was displayed by all participants. These comparatively greater response times for guess trials in the react or guess condition supports the idea that there is a switch time delay when transitioning from reacting to guessing.

Likewise, if there was a switch time delay we would also expect a comparatively greater response time difference between guess and react trials in the react or guess condition, compared to the response time difference between only guess trials and only react trials [i.e., guess - react (react or guess condition) > guess - react (guess only and react only conditions)]. Indeed, we found a greater response time difference between guess and react trials in the react or guess condition, compared to the response time difference between the guess only and react only conditions ( $p < 0.001$ ,  $\hat{\theta} = XX.X$ , Fig. 5A). Moreover this result shows that the response time differences between guess and react trials are not due to any dual tasking (Selst and Jolicoeur 1997) or task switching between trials (Monsell 2003, Kiesel et al. 2010, Rubinstein 2001), which would not show this relative difference [i.e., guess - react (react or guess condition) = guess - react (guess only and react only conditions)].

**Response Time Uncertainty.** We also examined participant response time uncertainty, calculated as the standard deviation (Fig. 5B). We found that response time uncertainty on guess trials was significantly greater in the react or guess condition compared to the only guess condition ( $p < 0.001$ ). This result suggests that there is additional uncertainty when participants switch from reacting to guessing.

## **Discussion**

We found that participants were suboptimal decision-makers and excessively indecisive, leading to a below chance win rate. Computational modelling suggested that excessive indecisions were a result of failing to account for a delay and uncertainty associated with switching from reacting to guessing. We then showed empirical evidence of an additional delay and uncertainty when switching from reacting to guessing. Taken together, we found that participants were suboptimal decision-makers and excessively indecisive because they did not account for the time delay and temporal uncertainty when switching from reacting to guessing.

In Experiment 1, participants were required to reach the same target as a cursor before a time constraint. Within a trial, they could either react to a moving stimulus or guess which of the two targets would be correct. We saw that 95% of participants had a win rate less than chance (50%) in the late mean condition, which corresponded with an average of 19.4% indecisions. This proportion of indecisions aligns with our recent prior work that examined competitive human-human decision making with a high time pressure (Lokesh et al. 2022). In this competitive task, one participant attempted to reach the same target as their opponent, while the other tried to reach the opposite target within a time constraint. It was suggested that the high proportion of indecisions in this competitive human-human task were the result of participants waiting too long to acquire sensory information of their opponent, despite the impending time deadline. Likewise, we found a high proportion of indecisions across experimental conditions. Our results would also suggest that participants waited to acquire sensory information of when the stimuli would move. Moreover, building upon the previous work (Lokesh et al. 2022), our work also suggests that a key contributor leading to excessive indecisions is failing to account for the time delay and temporal uncertainty when switching from reacting to guessing.

Past work has suggested that humans can nearly optimally account for time delays

and temporal uncertainty when performing decision making (Balci Risk assessment in man and mouse, Jazayeri and Shadlen 2010. Balci Optimal temporal risk assessment) and movement tasks (Hudson et al. 2008, Battaglia and Schrater 2007, Dean 2007) when attempting to maximize reward. Here we considered two optimal models, the No Switch Time Model and Full Switch Time Model, which both had full knowledge of the inputted time delays and temporal uncertainties. Interestingly, both the No Switch Time Model and Full Switch Time Model showed that even when fully accounting for all sensorimotor delays and uncertainties, indecisions were a part of an optimal strategy in all but one of the six conditions. In other words, given the inherent delays and uncertainty of our nervous system (Wolpert Faisal), an optimal strategy of earning maximal reward may involve indecisive behaviour on some proportion of trials. We are unaware of any work in the literature suggesting that some level of indecisions may be optimal. Even though making some indecisions can be optimal, our results in Experiment 1 were in support of the idea that humans are suboptimal. Specifically, in the late mean condition, we found that humans were suboptimal since they had a win percentage lower than chance, which arose from an excessive number of indecisions. The Partial Switch Time Model was suboptimal, since it had a partial representation of time delays and temporal uncertainties associated with switching from reacting to guessing. We found that this model best explained behaviour, including a below chance win percentage and an excessive number of indecisions. The Partial Switch Time Model supports the notion that humans suboptimally select decision times when under high time pressures. An interesting future direction would be to test whether different reward structures, such as placing a higher reward on wins or punishing indecisions (Kahneman and Tversky 2013, Roth et al. 2024, Galea et al. 2015), would provide a means to reduce an excessive number of indecisions. The combined empirical evidence of Experiment 1 and computational modelling suggested the existence of time delay and uncertainty when switching from reacting to guessing. However, we were unaware of any work in the literature to sup-

port this idea. In Experiment 2 we tested the notion of a more delayed and uncertain response time when switching from reacting to guessing, compared to guessing by itself. Indeed, we found that when participants had to switch from reacting to guessing, their response times were significantly slower and more uncertain than when they only had to guess. One possibility for increased time delays and temporal uncertainty could be related to switching between different processing ‘modes’. In our task, participants may have switched from a ‘react mode’ that corresponded to preparing to follow the stimulus, and then switch to a ‘guess mode’ to randomly select one of the targets.

Dutilh and colleagues (2011) explored the idea of switching between a stimulus controlled (i.e. react) mode and a guess mode between trials. In their task, participants were required to discriminate between a word stimuli from a non-word stimuli by selecting one of two buttons during a two-alternative forced choice task. Between trials, the authors manipulated whether participants received more reward for fast decisions to promote guessing, or more reward for accurate decisions that promoted reacting. Participants displayed longer response times when transitioning from more accurate decisions to fast decisions, compared to when transitioning from fast decisions to accurate decisions given the same current reward weighting. The authors interpreted these results to represent a resistance, termed hysteresis, when switching between react and guess modes. That is, participants are more likely to stay in their current mode than switch modes. They also highlighted that classical decision-making models, such as drift-diffusion models (Bogacz, Ratcliff) or more recently the urgency-gating model (Cisek, Thura, de Rosiere, Thura, Cisek, Duque), do not consider different modes of reacting or guessing. Extending upon the findings of Dutilh and colleagues (2011) that examined between trial mode switching, our work suggests that humans switch between react and guess modes within a trial. Importantly, we find that not accounting for the time delays and temporal uncertainties when switching from reacting to guessing gives rise to excessive indecisions. To our knowledge, it is unknown how different modes would be represented in the nervous

system. One possibility is that the different modes represent different attractors from a neural dynamical systems perspective (Erlhagen and Schoner 2002, wang 2008 Decision making in recurrent, Churchland et al. 2012, Shenoy Sahani Churchland 2013), which would be an interesting avenue of investigation.

We found in Experiment 2 that participant response times were more delayed by approximately 75ms during guess trials in the react or guess condition, compared to guess only trials. Moreover, the response time difference between guess and react trials in the react or guess condition are significantly greater than the response time difference between the guess only and react only conditions. Collectively, these results suggest that participants have an initial preference to react, before having to switch to a guess in the react or guess condition. In this experiment the behaviour may be explained by a strong preference to react since it yields a 100% success probability, as opposed to guessing that on average yields a 50% success probability. It would be interesting for future studies to examine if they can manipulate the magnitude or probability of reward to switch a preference between reacting or guessing, and how this impacts indecisive behaviour.

Indecisions are often not studied since many decision-making tasks do not permit a non-response or simply do not consider responses made after some time constraint. A limitation of the commonly used two-alternative forced choice task without a time constraint is that the participant or animal must select one of two potential options, which does not allow for indecisive behaviour. For decision making tasks with a time constraint, late responses beyond the deadline are typically not included in the analysis (Forstmann et al. 2008, Diederich a further test of sequential, Phillastides et al. 2011, Wu et al. 2016, Dambacher and Hubne 2015s). Furthermore, previous modeling work on decision-making under time constraints has primarily focused on the response times and response time distributions of correct and incorrect decisions (Karsilar Balci 2014 deadline paper, Farasahi 2015, ...s). However, a focus on only correct and incorrect decisions leaves out



a crucial and prevalent aspect of decision-making—indecisive behaviour.

Here we showed in our first experiment that humans are excessively indecisive under time constraints. Our computational work and second experiment suggest that indecisive behaviour can occur by not accounting for the time delays and temporal uncertainty associated with switching from reacting to guessing. Our experimental and theoretical approach offers a new paradigm to study indecisions, which has received surprisingly little attention despite its ecological relevance. Our work advances how indecisive behaviour arises, which is important to understand when attempting to avoid potentially catastrophic events during high time pressure scenarios.

## **Methods**

### **Participants**

44 participants participated across two experiments: 20 individuals participated in Experiment 1 and 24 individuals participated in Experiment 2. All participants reported they were free from musculoskeletal injuries, neurological conditions, or sensory impairments. In addition to a base compensation of \$5.00, we informed them they would receive a performance-based compensation of up to \$5.00. Participants received the full \$10.00 once they completed the experiment, irrespective of their performance. All participants provided written informed consent to participate in the experiment and the procedures were approved by the University of Delaware's Institutional Review Board.

### **Apparatus**

For both experiments we used an end point KINARM robot (Fig. 1A; BKIN Technologies, Kingston, ON). Each participant was seated on an adjustable chair in front of one of the end-point robots. Each participant grasped the handle of a robotic manipulandum and made reaching movements in the horizontal plane. A semi-silvered mirror blocked the vision of the upper limb and displayed virtual images (e.g., targets, cursors) from an LCD screen. In all experiments, the cursor was aligned with the position of the hand. The semi-silvered mirror occluded the vision of their hand. Kinematic data were recorded at

1,000 Hz and stored offline for data analysis.

## **Experiment 1 Design**

The goal of Experiment 1 was to study the influence of stimulus onset on indecisive behaviour. To begin the task, the participant moved their cursor (white circle, 1 cm diameter) into a start position (white circle, 1 cm diameter) (Fig. 1A). Then a stimulus (yellow cursor, 1 cm diameter) appeared in the start position. After a random time delay (600-2400 ms drawn from a uniform distribution), the participant heard a tone that coincided with two targets (white ring, 8 cm diameter) and a timing bar appearing on the screen. The two potential targets were positioned 16.7 cm forward relative to the start position, and either 11.1 cm to the left or right of the start position. The timing bar was 10 cm below the start position. In each trial, the stimulus would move quickly (150 ms movement time) with a bell-shaped velocity profile into one of the two targets. The stimulus selected the left and right targets randomly with equal probability. Participants were instructed to reach the same target as the stimulus. They had to select a target within the 1500 ms time constraint, relative to trial onset. The timing bar decreased in width according to elapsed time and disappeared at 1500 ms. Visual feedback of the timing bar provided participants full knowledge of the time remaining in the trial. Participants were instructed to stay inside the start position until they decided to select a target. Importantly, participants were informed that they could select one of the targets at any time during the trial. Thus, they could either wait to react to the stimulus or guess one of the targets. Once they decided which target to select, the participant rapidly moved their cursor into the selected target.

Participants were instructed that their goal was to earn as many points as possible. A trial was considered a win if they successfully reached the same target as the stimulus within the 1500 ms time constraint. A trial was considered incorrect if they reached the opposite target as the stimulus before the time constraint. A trial was considered an indecision if they failed to reach a target within the time constraint. Participants earned one

point for a win, zero points for being incorrect, and zero points for making an indecision (Fig. 1B).

For each trial within a condition, the stimulus movement onset was drawn from the same normal distribution. Using a 3 x 2 within experimental design, we manipulated the stimulus movement onset mean (early mean = 1000 ms, middle mean = 1100 ms, late mean = 1200 ms) and standard deviation (low variance = 50 ms, high variance = 150 ms) that resulted in 6 experimental conditions (Fig. 1C). Each condition was performed separately using a block design.

Participants completed 605 total trials. They first performed 25 baseline trials, as well as 80 trials per experimental condition that were each separated by 25 washout trials. The stimulus movement onset during baseline and washout trials was randomly drawn from a discrete uniform distribution [400, 437.5,...,1300 ms]. The washout condition was designed to minimize the influence of the stimulus movement onset distribution of the previous condition. Condition order was randomized across participants. Prior to Experiment 1, participants performed two separate tasks to estimate response time (response time task; Supplementary C) and timing uncertainty (timing uncertainty task; Supplementary D). We counterbalanced the order of the response time and timing uncertainty tasks.

## **Experiment 2 Design**

The goal of Experiment 2 was to test whether there is a time delay and uncertainty associated with switching from reacting to guessing. To investigate, participants began each trial by moving their cursor into a start position. Then, a stimulus cursor appeared in the start position. Each trial began with a beep and the two potential targets appeared on the screen. Here participants experienced two different types of trials: react trials or guess trials. The react trials consisted of the stimulus moving to one of the two targets (Fig. 4A). Participants were instructed to follow the stimulus as quickly as possible. The guess trials consisted of the stimulus disappearing from the start position (Fig. 4B). Par-

participants were instructed to select the target they believed the stimulus would end up in as quickly as possible. After the participant selected their target, the stimulus cursor appeared in one of the two targets. The stimulus movement onset (reaction trials) or disappearance time (guess trials) was drawn from a normal distribution (mean = 800 ms, standard deviation = 50 ms). The stimulus randomly selected the left and right targets with equal probability.

Using these react and guess trials, participants performed a within experimental design with three experimental conditions: react or guess condition, only react condition, and only guess condition. In the react or guess condition, we pseudorandomly interleaved the 50 react trials and 50 guess trials. Participants were informed the stimulus would either move to one of the targets (react trials) or disappear (guess trials). The only react condition consisted of 50 react trials. Participants were informed that the stimulus would move to one of the two targets and would not disappear. The only guess condition consisted of 50 guess trials. Participants were informed that the stimulus would only disappear and would not move to one of the two targets. The react or guess condition was performed first by participants to avoid any potential carry-over effects of repeatedly performing react or guess trials in the other two conditions. After the react or guess condition, the order of the only react condition and only guess condition was counterbalanced.

## **Data Analysis**

Kinematics were filtered using a dual-pass, low pass, second order Butterworth filter with a cutoff frequency of 14 Hz.

Experiment 1 *Participant movement onset*: On each trial, we found when the time point where the participant hand velocity exceeded 0.05 m/s (Gribble 2003 A role for cocontraction, Calalo et al. 2023). The meantime point across all trials within a condition was used to estimate participant movement onset.

*Participant movement onset standard deviation*: Using all trials in a condition, we

used the time point where the participant hand velocity exceeded 0.05 m/s to calculate the standard deviation of participant movement onsets for each condition.

*Outcome metrics:* Win (%): A trial was a win if participants reached the same target as the stimulus before the time constraint. Incorrect (%): A trial was an incorrect if participants reached the opposite target as the stimulus before the time constraint. Indecision (%): A trial was an indecision if participants failed to reach either target before the time constraint. We calculated each of the outcome metrics as a percentage of the total trials.

## Experiment 2

*Response time:* Response times were calculated as the difference between participant movement onset and either the stimulus movement onset or stimulus disappearance time. The mean time difference across all trials within a condition was used to estimate the participant response times. Note that any response times greater than 650 ms or less than 150 ms were removed from analysis (3.7% of trials). We calculated response time separately for react and guess trials.

*Response time standard deviation:* We calculated the standard deviation of participant's response times separately for react and guess trials.

## **Statistics**

### *Experiment 1 and 2*

We used analysis of variance (ANOVA) as omnibus tests to determine whether there were main effects and interactions. We report the Greenhouse-Geiser adjusted p-values and degrees of freedom. In Experiment 1 we used a 3 (mean: early, middle, late) x 2 (variance: low, high) repeated measures ANOVA for each dependent variable. In Experiment 2 we used a 2 (condition: interleaved react and guess, react or guess only) x 2 (trial type: react trials, guess trials) repeated measures ANOVA for each dependent variable. For both Experiments 1 and 2, we performed mean comparisons using nonparametric bootstrap hypothesis tests ( $n = 1,000,000$ ). Mean comparisons were Holm-Bonferonni correct to account for multiple comparisons. Significance threshold was set at  $\alpha = 0.05$ .

We also report the common-language effect size ( $\hat{\theta}$ ).

## Supplementary

### Supplementary B: Optimal Models

We tested three different models to investigate the ability of participants to maximize reward during Experiment 1: i) No Switch Time Model, ii) Full Switch Time Model and iii) Partial Switch Time Model (Fig. 2). Each model represents a different hypothesis on how humans time their decisions, which we address further below. Intuitively, participants should react to the stimulus on trials where it moved earlier in time and guess on trials where it moved later in time. That is, reacting to early stimulus movement onsets ensures they can select the correct target. Likewise, guessing on late stimulus movement onsets affords the participant a 50% chance of being correct. We modelled the time to switch from reacting to guessing as an optimal stopping problem. This differs from past models that have used a similar Bayesian framework, which has been used to determine reach aim (trommershauser) and reach timing (Hudson, Maloney, Landy 2008). Here a model represents a decision-maker that selects a stopping time,  $\tau$ . This stopping time determines when to stop waiting to react to the stimulus and switch to guessing one of the two targets. The optimal stopping time is determined from a decision policy that maximizes reward, given task constraints (i.e. stimulus movement onset distribution and time constraint), and knowledge of sensorimotor delays and uncertainties.

#### Model Parameters

Here we define the parameters used for the three models. Note that not all the parameters are used in each model, which we specify further below and in Fig. 2. The Response Time parameters has both a mean ( $\mu_{rt}$ ) and uncertainty ( $\sigma_{rt}$ ) that represents the delay between observing the stimulus movement onset to initiating a movement. Neuromechanical Delay is the mean ( $\mu_{nmd}$ ) and uncertainty ( $\sigma_{nmd}$ ) of the time between a volitional decision to move and movement onset. Movement Time represents the mean ( $\mu_{mt}$ ) and uncertainty ( $\sigma_{mt}$ ) of the delay between movement onset and reaching a tar-

get. Stimulus Movement onset is knowledge of the mean ( $\mu_A$ ) and uncertainty ( $\sigma_A$ ) of the stimulus's movement onset distribution. Timing uncertainty ( $\sigma_\tau$ ) is the participants uncertainty around the intended stopping time,  $\tau$ . Switch Time represents the additional delay ( $\mu_{switch}$ ) and uncertainty ( $\sigma_{switch}$ ) of switching from reacting to guessing. All probability distributions are assumed to be normally distributed with a mean  $\mu$  and standard deviation  $\sigma$ . Each of our three models has a different set of known and unknown parameters. A model decision policy has full knowledge of known parameters when determining the optimal decision time. A model decision policy has no or partial knowledge of unknown parameters when determining the optimal decision time.

#### *No Switch Time Model*

The No Switch Time Model had the following known parameters: response time mean and uncertainty, movement time mean and uncertainty, neuromechanical delay mean and uncertainty, timing uncertainty, and stimulus movement onset. This model had no unknown parameters. Importantly, the No Switch Time Model did not include the switch time mean and uncertainty in neither the known nor the unknown parameter sets. The No Switch Time Model reflects the hypothesis that there is no additional delay and uncertainty when switching from reacting to guessing.

#### *Full Switch Time Model*

The Full Switch Time Model had the following known parameters: response time mean and uncertainty, neuromechanical delay mean and uncertainty, movement time mean and uncertainty, stimulus movement onset, timing uncertainty, and switch time mean and uncertainty. This model did not have any unknown parameters. The Full Switch Time Model reflects the hypothesis that participants fully account for a delay and uncertainty associated with switching from reacting to guessing.

#### *Partial Switch Time Model*

The Partial Switch Time Model had the following known parameters: response time mean and uncertainty, neuromechanical delay mean and uncertainty, movement time

mean and uncertainty, and stimulus movement onset. This model had the following unknown parameters: switch time mean and uncertainty, and timing uncertainty. The Partial Switch Time Model reflects our hypothesis that participants do not account for the delay and uncertainties associated with guessing.

#### *General Formulation for the Models*

We begin by defining the general normal probability density function and cumulative density function:

$$X \sim \mathcal{N}(\mu, \sigma) \quad (3)$$

$$f_X(x; \mu, \sigma) = \frac{1}{\sigma\sqrt{2\pi}} e^{-\frac{1}{2}\left(\frac{x-\mu}{\sigma}\right)^2} \quad (4)$$

$$F_X(b) = P(X \leq b) = \int_{-\infty}^b f_X(x; \mu, \sigma) dx \quad (5)$$

$X$  is the random variable drawn from a normal distribution  $\mathcal{N}$  with some mean and standard deviation.  $f_X(x; \mu, \sigma)$  is the normal probability density function over the variable  $x$ , with a mean ( $\mu$ ) and standard deviation ( $\sigma$ ).  $F_X(b)$  is the normal cumulative density, which is the integral of the probability density function  $f_X(x; \mu, \sigma)$  from  $-\infty$  to  $b$ . Throughout, capitalized variables denote normally distributed random variables. Additionally, lowercase variables such as  $x$  refer to the realization of the random variable  $X$ . The lowercase notation simply indicates that the value is known and is not a random variable.

Next we define the mean and standard deviation of the participant movement onset separately for reaction decisions and guess decisions. We begin by defining  $A$  as the random variable drawn from the stimulus's movement onset distribution (Eq. 4) and  $T$  as the random variable drawn from the stopping time distribution (Eq. 5).



$$S \sim \mathcal{N}(\mu_S, \sigma_S) \quad (6)$$

$$T \sim \mathcal{N}(\tau, \sigma_\tau) \quad (7)$$

Consider  $a$  and  $t$  as the realizations of random variables  $A$  and  $T$  for a single trial. On any specific trial, a decision-maker will react if the stimulus movement onset is before the stopping time (i.e.,  $a < t$ ). Conversely, the decision-maker will guess at the stopping time if the stimulus has not moved by the stopping time (i.e.,  $a > t$ ). Thus, the probability that a participant will react or guess depends on the participants choice of a stopping time  $\tau$ . Specifically, the probability that the participant will react is the probability that the random variable  $A$  is less than  $T$ .

$$P(\text{React}|\tau) = P(\tau > \mu_S; \sigma_\tau, \sigma_S) \quad (8)$$

Since the participants can only react or guess, the probability of guessing is simply one minus the probability of reacting.

$$P(\text{Guess}|\tau) = P(\tau < \mu_S; \sigma_\tau, \sigma_S) \quad (9)$$

As a result, a decision-maker only reacts to the portion of the stimulus's distribution that is prior to their stopping time. Thus, the participant reacts to a truncated distribution of the stimulus movement onset. The truncated stimulus movement onset distribution is generated from only taking the random variable  $A$  if it is less than the random variable  $T$ . We can then define an indicator function ( $\mathbb{1}_{a < t}$ ), which is equal to one if the realized value  $a$  is less than  $t$  and zero otherwise:

$$\mathbb{1}_{s < t} = \begin{cases} 1 & \text{if } s < t, \\ 0 & \text{otherwise.} \end{cases} \quad (10)$$

589 The mean of the truncated stimulus movement onset distribution ( $\mu_{A_{react}}$ ) can be cal-  
 590 culated by combining the indicator function and the method of moments. We start by  
 591 calculating the expected value of the random variable  $A$ , which is the integral from  $-\infty$   
 592 to  $\infty$  of the value  $a$  multiplied by the probability density function  $f_A(a)$ .

$$\mu_S = \mathbb{E}[A] = \int_{-\infty}^{\infty} a \cdot f_S(s) da \quad (11)$$

593 Note that the expected value of the full stimulus movement onset distribution defined  
 594 here is equivalent to the mean of the distribution. For the truncated stimulus movement  
 595 onset distribution, we only take values  $a$  if they are less than  $t$ . Since the inclusion of  $a$   
 596 depends on  $t$ , we calculate the mean of the truncated stimulus movement onset distri-  
 597 bution by integrating over every possible combination of  $a$  and  $t$ . Inside the double in-  
 598 tegral, we multiply the realized value  $a$  by its probability density function (i.e.,  $f_A(a)$ ). We  
 599 also multiply the probability density function for  $t$  (i.e.,  $f_T(t)$ ) and the indicator function  
 600 ( $\mathbb{1}_{a < t}$ ). Since this double integral multiplies two gaussian probability density functions  
 601 and only sums values if  $a$  is less than  $t$ , we must normalize by dividing by the probability  
 602 that  $A$  is less than  $T$ . The mean (first moment) of the truncated stimulus movement onset  
 603 distribution is

$$\mu_{S_{react}} = \frac{\int_{-\infty}^{\infty} \int_{-\infty}^{\infty} s \cdot f_S(s) \cdot f_T(t) \cdot \mathbb{1}_{s < t} da dt}{P(S < T)} \quad (12)$$

604 Similarly we can find the standard deviation of the truncated stimulus movement on-  
 605 set distribution, where variance is the second moment, by:

$$\sigma_{S_{react}}^2 = \frac{\int_{-\infty}^{\infty} \int_{-\infty}^{\infty} (s - \mu_{S_{react}})^2 \cdot f_S(s) \cdot f_T(t) \cdot \mathbb{1}_{s < t} da dt}{P(S < T)} \quad (13)$$

The player's movement onset distribution consists of a mix between reacting to the truncated stimulus movement onset and guessing. Importantly, reacting and guessing have unique delays and uncertainties. Thus, reaction decisions and guess decisions will lead to unique means and uncertainties of the participant movement onset distribution. The participant mean reaction movement onset ( $\mu_{mot_{react}}$ ; Eq. 10) is the truncated stimulus movement onset mean ( $\mu_{A_{react}}$ ) plus the participant mean response time ( $\mu_{rt}$ ). Likewise, the standard deviation of participant reaction movement onset ( $\sigma_{mot_{react}}$ ; Eq. 11) is the square root of the variance of the truncated stimulus movement onset distribution ( $\sigma_{A_{react}}$ ) plus the participant response time variance ( $\sigma_{rt}^2$ ).

$$\mu_{mot_{react}} = \mu_{S_{react}} + \mu_{rt} \quad (14)$$

$$\sigma_{mot_{react}} = \sqrt{\sigma_{S_{react}}^2 + \sigma_{rt}^2} \quad (15)$$

Here,  $\mu_{rt}$  represents the time to process the stimulus movement plus the neuromechanical delay ( $\mu_{nmd}$ ). For the no switch time model, the participant mean guess movement onset ( $\mu_{mot_{guess}}$ , Eq. 12) is the sum of the participant stopping time  $\tau$  and the mean neuromechanical delay  $\mu_{nmd}$ . The participant standard deviation guess movement onset ( $\sigma_{mot_{guess}}$ ) is the square root of the sum of the timing variance  $\sigma_{\tau}^2$  and neuromechanical delay variance  $\sigma_{nmd}^2$  (Eq. 13).

$$\mu_{mot_{guess}} = \tau + \mu_{nmd} \quad (16)$$

$$\sigma_{mot_{guess}} = \sqrt{\sigma_{\tau}^2 + \sigma_{nmd}^2} \quad (17)$$

Crucially, for the known switch time model and unknown switch time model, the mean and standard deviation of the guess movement onset includes the switch time mean and

625 uncertainty,

$$\mu_{mot_{guess}} = \tau + \mu_{nmd} + \mu_{switch} \quad (18)$$

626

$$\sigma_{mot_{guess}} = \sqrt{\sigma_{\tau}^2 + \sigma_{nmd}^2 + \sigma_{switch}^2} \quad (19)$$

627 For both the known switch time model and unknown switch time models, the switch  
 628 time mean and uncertainty influence the model outputs. However, the decision policy of  
 629 the Full Switch Time Model has perfect knowledge of the switch time, while the decision  
 630 policy of the Partial Switch Time Model has imperfect knowledge of the switch time.  
 631 Further below (see Model Fitting), we address how we estimate the amount of imperfect  
 632 knowledge for the Partial Switch Time Model.

633 We define the react target reach time mean ( $\mu_{reach_{react}}$ ) and standard deviation ( $\sigma_{reach_{react}}$ ),  
 634 and the guess target reach time mean ( $\mu_{reach_{guess}}$ ) and standard deviation ( $\sigma_{reach_{guess}}$ ) as

$$\mu_{reach_{react}} = \mu_{mot_{react}} + \mu_{mt} \quad (20)$$

$$\sigma_{reach_{react}} = \sqrt{\sigma_{mot_{react}}^2 + \sigma_{mt}^2} \quad (21)$$

$$\mu_{reach_{guess}} = \mu_{mot_{guess}} + \mu_{mt} \quad (22)$$

$$\sigma_{reach_{guess}} = \sqrt{\sigma_{mot_{guess}}^2 + \sigma_{mt}^2} \quad (23)$$

635 To obtain the probability of reaching the target given the participant has either re-  
 636 acted ( $X_{reach_{react}}$ ) or guessed ( $X_{reach_{guess}}$ ), we need to define a random variable for the  
 637 distribution of target reach times according to

$$X_{reach_{react}} \sim \mathcal{N}(\mu_{reach_{react}}, \sigma_{reach_{react}}) \quad (24)$$

$$X_{reach_{guess}} \sim \mathcal{N}(\mu_{reach_{guess}}, \sigma_{reach_{guess}}) \quad (25)$$

$$\hat{X}_{reach_{guess}} \sim \mathcal{N}(\hat{\mu}_{reach_{guess}}, \hat{\sigma}_{reach_{guess}}) \quad (26)$$

638 We can then define the probability that the participant will reach one of the two  
 639 targets before the time constraint of 1500ms given they react ( $P(Reach|React)$ ) or guess  
 640 ( $P(Reach|Guess)$ ):

$$P(Reach|React) = P(X_{reach_{react}} < 1500) \quad (27)$$

641

$$P(Reach|Guess) = P(X_{reach_{guess}} < 1500) \quad (28)$$

642 We can now define the conditional probabilities for three outcome metrics: indeci-  
 643 sion, win, and incorrect. The conditional probability of an indecision given the participant  
 644 has reacted ( $P(Indecision|React)$ ) or guessed ( $P(Indecision|Guess)$ ) follows immediately  
 645 from Eqs. 20-21. An indecision is simply the probability that the participant reaches the  
 646 target after the time constraint:

$$P(Indecision|React) = 1 - P(Reach|React) \quad (29)$$

647

$$P(Indecision|Guess) = 1 - P(Reach|Guess) \quad (30)$$

648 To define a win or incorrect trial, we need the conditional probability of selecting  
 649 the correct target given the participant has either reacted ( $P(Correct|React)$ ) or guessed  
 650 ( $P(Correct|Guess)$ ). The probability of selecting the correct target when the participant

651 reacts is 100% (Eq. 24). The probability of selecting the correct target when the partici-  
652 pant guesses is 50% (Eq. 25).

$$P(\text{Correct}|\text{React}) = 1.0 \quad (31)$$

653

$$P(\text{Correct}|\text{Guess}) = 0.5 \quad (32)$$

654 The conditional probability the participant wins given they react ( $P(\text{Win}|\text{React})$ ) or  
655 guess ( $P(\text{Win}|\text{Guess})$ ) is the probability that they reach the target within the time con-  
656 straint and they select the correct target:

$$P(\text{Win}|\text{React}) = P(\text{Reach}|\text{React}) \cdot P(\text{Correct}|\text{React}) \quad (33)$$

657

$$P(\text{Win}|\text{Guess}) = P(\text{Reach}|\text{Guess}) \cdot P(\text{Correct}|\text{Guess}) \quad (34)$$

658 The conditional probability the participant is incorrect given they react ( $P(\text{Incorrect}|\text{React})$ )  
659 or guess ( $P(\text{Incorrect}|\text{Guess})$ ) is the probability that they reach the target within the time  
660 constraint and they select the wrong target:

$$P(\text{Incorrect}|\text{React}) = P(\text{Reach}|\text{React}) \cdot (1 - P(\text{Correct}|\text{React})) \quad (35)$$

661

$$P(\text{Incorrect}|\text{Guess}) = P(\text{Reach}|\text{Guess}) \cdot (1 - P(\text{Correct}|\text{Guess})) \quad (36)$$

662 Finally we define the final probability of wins ( $P(\text{Win}|\tau)$ ), indecisions ( $P(\text{Indecision}|\tau)$ ),  
663 and incorrects ( $P(\text{Incorrect}|\tau)$ ), by considering their and their associated conditional  
664 probabilities (Eq. x-x) and the probability of reaching and guessing given a stopping  
665 time (Eq. x-x), as

$$P(Win|\tau) = P(React|\tau) \cdot P(Win|React) + P(Guess|\tau) \cdot P(Win|Guess) \quad (37)$$

$$P(Indecision|\tau) = P(React|\tau) \cdot P(Indecision|React) + P(Guess|\tau) \cdot P(Indecision|Guess) \quad (38)$$

$$P(Incorrect|\tau) = P(React|\tau) \cdot P(Incorrect|React) + P(Guess|\tau) \cdot P(Incorrect|Guess) \quad (39)$$

#### 666 Decision Policy

667 For each model, the goal of the decision policy is to find the optimal stopping time  
668 that maximizes expected reward. The reward on a particular trial for wins ( $R_{win}$ ), indeci-  
669 sions ( $R_{indecision}$ ), and incorrects ( $R_{incorrect}$ ) is,

$$R_{win} = 1 \quad (40)$$

$$R_{indecision} = 0 \quad (41)$$

$$R_{incorrect} = 0 \quad (42)$$

672 The expected reward is defined as the reward of a trial outcome multiplied by the  
673 probability of that outcome, which is

$$\begin{aligned} \mathbb{E}[R|\tau] = & P(Win|\tau) \cdot R_{Win} \\ & + P(Incorrect|\tau) \cdot R_{Incorrect} \\ & + P(Indecision|\tau) \cdot R_{Indecision} \end{aligned} \quad (43)$$

674 The decision policy uses known parameters to select an optimal stopping time  $\tau^*$  that

maximizes expected reward:

$$\tau^* = \underset{\tau}{argmax} [\mathbb{E}(R|\tau)] \quad (44)$$

## Model Parameter Estimation and Fitting Procedure

As a reminder, we had three models: No Switch Time Model, Full Switch Time Model, and Partial Switch Time Model. Each of these models had full knowledge of the reaction time mean and standard deviation, neuromechanical delay mean and standard deviation, movement time mean and standard deviation, and the stimulus movement onset distribution. These parameter values were estimated from experimental data by bootstrapping the means from the response time experiment ( $\mu_{rt}, \sigma_{rt}$ ), timing experiment ( $\sigma_{\tau}$ ), and Experiment 1 ( $\mu_{mt}, \sigma_{mt}$ ). We describe the bootstrap procedure below. Neuromechanical delay ( $\mu_{nmd}$ ) and uncertainty ( $\sigma_{nmd}$ ) were estimated from prior literature (Norman and Komi 1979, Bruce et al. 1985, Rossini and Rossi 1998 ).

We used both a warm-start initialization and bootstrap procedure (see below) to determine the switch time mean ( $\mu_{switch}$ ) and uncertainty ( $\sigma_{switch}$ ), as well as the decision policy's knowledge of the switch time mean ( $\hat{\mu}_{switch}$ , switch time uncertainty ( $\hat{\sigma}_{switch}$ ), and timing uncertainty ( $\hat{\sigma}_{\tau}$ ).

### Warm-Start Initialization

The fitting procedure for the Full Switch Time Model and Partial Switch Time Model began with a "warm-start" to find an initial set of  $\mu_{switch}$ ,  $\sigma_{switch}$ ,  $\hat{\mu}_{switch}$ ,  $\hat{\sigma}_{switch}$ , and ( $\hat{\sigma}_{\tau}$ ) (Roth 2023r). Here the remaining parameters estimated from experimental data were set as the group level means. We found the best-fit parameters that led to the lowest loss between model outputs ( $Model_{i,j}$ ) and group data means ( $Data_{i,j}$ ) according to

$$\mathcal{L} = \sum_{i=1}^6 \sum_{j=1}^5 \frac{|Data_{i,j} - Model_{i,j}|}{Data_{i,j}} \quad (45)$$

where, i corresponds to experimental condition and j corresponds to each dependent



measure (i.e., movement onset, standard deviation of participant movement onset, wins, indecisions, and incorrects) over the target metrics. This fitting procedure was repeated 1,000 times to avoid local minimums. From these 1,000 optimizations, we used the set of parameters that resulted in the lowest loss as the initial guess for our bootstrap procedure. Model fitting was performed using the Powell algorithm in the Minimize function from the Scipy Python library. The parameter set with the lowest loss was used as the initial guess for the bootstrap procedure.

#### *Warm-Start Initialization*

In the bootstrap procedure we randomly sampled participants with replacement 10,000 times (Cashaback 2017, Cashback 2019, Roth 2024, Roth 2023). We used the mean of the bootstrapped participant data for each of the parameter values that were estimated from data. For each bootstrap iteration, the optimization process selected the free parameters for the Full Switch Time Model ( $\mu_{switch}, \sigma_{switch}$ ) and Partial Switch Time Model ( $\mu_{switch}, \sigma_{switch}, \hat{\mu}_{switch}, \hat{\sigma}_{\tau}, \hat{\sigma}_{\tau}$ ) that minimized the loss function (Eq. 44).

#### **Model Parameters**

Here we report the mean and 95% confidence intervals for the bootstrapped model parameters. For each parameter, each model had a value that determined the model outputs and a value that the decision policy used to select  $\tau$ . The No Switch Time Model and Full Switch Time Model were both optimal in the sense that they had perfect knowledge of all parameters. That is, the value that determined model outputs was equal to the value used by the decision policy. Parameter values for reaction time mean, reaction time uncertainty, movement time mean, movement time uncertainty, and timing uncertainty were all calculated from participant data on each bootstrap iteration: reaction time mean (247.4 ms; [239.2, 256.35]), reaction time uncertainty (38.5 ms; [35.7, 41.4]), movement time mean (171.7 ms; [157.6, 197.2]), movement time uncertainty (25.4 ms; [22.2, 28.7]), and timing uncertainty (77.8 ms; [69.4, 86.6]). The No Switch Time Model had no parameters to fit and the decision policy had full knowledge of all of these parameters.

The Full Switch Time Model fit the switch time mean and switch time uncertainty and the decision policy had full knowledge of all parameters. The bootstrapped mean of the switch time delay parameter was 0.95 ms with a 95% confidence interval of [0.21, 2.20]. The bootstrapped mean of the switch time uncertainty parameter was 103.20 ms with a 95% confidence interval of [97.77, 115.31].

The Partial Switch Time Model fit the timing uncertainty, switch time mean, switch time uncertainty. Critically, this model did not have full knowledge of these parameters, so the value that the decision policy used to select the optimal time was fit separately from the value that was used to determine the model outputs. Note that the timing uncertainty value used for model outputs is from experimental data, but this model allowed the knowledge of the timing uncertainty to be a fit parameter. The values that were used for model outputs were: timing uncertainty (77.83 ms; [69.4, 86.8]), switch time mean (21.10 ms; [1.46, 63.71]), switch time uncertainty (134.73 ms; [111.22, 155.06]). The values that were used by the decision policy were: timing uncertainty (1.65 ms; [0.08, 4.63]), switch time mean (9.0 ms; [0.00, 16.65]), switch time uncertainty (40.4 ms; [34.54, 48.02]). Critically, the fitting procedure for the Partial Switch Time Model selected the decision policy's values for the switch time mean, switch time uncertainty, and stopping time certainty to be less than the values that impact the model outputs, indicating that humans have imperfect knowledge of these parameters.

## **Main Figures**

Hello<sup>1</sup>

## **REFERENCES**

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