Learning Style

I have a visual learning style, which I expected, but I don't really believe in particular learning styles. I think there are just better ways to learn certain ideas, and sometimes it's visual, or auditory, or text, etc. At the end of the day, my ability to do something usually comes down to how much time I dedicate to the task and the enjoyment I have with the material. I don't want to step on any toes, but there's a youtube video by a channel called *Veritasium*, that says learning styles don't even exist, and that multi modal education is always superior.

Link to the video: • The Biggest Myth In Education