

## **The Official Catholic Church Proclamation of a Plenary Indulgence for November 1-8**

The Catholic Church has officially granted a plenary indulgence **applicable only to the souls in purgatory for the faithful who devoutly visit a cemetery and pray, if only mentally, for the departed on any and each day from November 1 to 8**. This indulgence is available throughout the entire month of November, a change implemented by the Apostolic Penitentiary to accommodate circumstances such as the pandemic, allowing the faithful to gain this indulgence on any day in November, not just the traditional week.

To gain this plenary indulgence, the faithful must be in the state of grace and fulfill the following conditions: have the interior disposition of complete detachment from sin, even venial sin; receive sacramental confession, which may be completed within about 20 days before or after the indulgenced act; receive Eucharistic communion, which may also be completed within the same timeframe; and pray for the intentions of the Holy Father, such as one Our Father and one Hail Mary. While it is recommended that confession, communion, and prayer for the Pope's intentions occur on the same day as the cemetery visit, it is sufficient if they are completed within several days before or after.

**A plenary indulgence can be obtained only once per day, and it is specifically intended for the souls in purgatory, not for the living.** The indulgence is not limited to a single soul; a person may gain a plenary indulgence for a different soul each day during the period.