

Gmail Setting

Search mail



Settings

General Labels Inbox Accounts and Import Filters and Blocked Addresses Forwarding and POP/IMAP Add-ons Chat and Meet Advanced

Offline Themes

Forwarding:
[Learn more](#)

Add a forwarding address

Tip: You can also forward only some of your mail by [creating a filter!](#)

POP download:
[Learn more](#)

- 1. Status: POP is disabled**
- ☐ Enable POP for **all mail**
 - ☐ Enable POP for **mail that arrives from now on**

2. When messages are accessed with POP keep Gmail's copy in the Inbox

3. Configure your email client (e.g. Outlook, Eudora, Netscape Mail)
[Configuration instructions](#)

IMAP access:
(access Gmail from other clients using IMAP)
[Learn more](#)

Status: IMAP is enabled

- ☒ Enable IMAP
- ☐ Disable IMAP

When I mark a message in IMAP as deleted:

- ☒ Auto-Expunge on - Immediately update the server. (default)
- ☐ Auto-Expunge off - Wait for the client to update the server.

Google Account

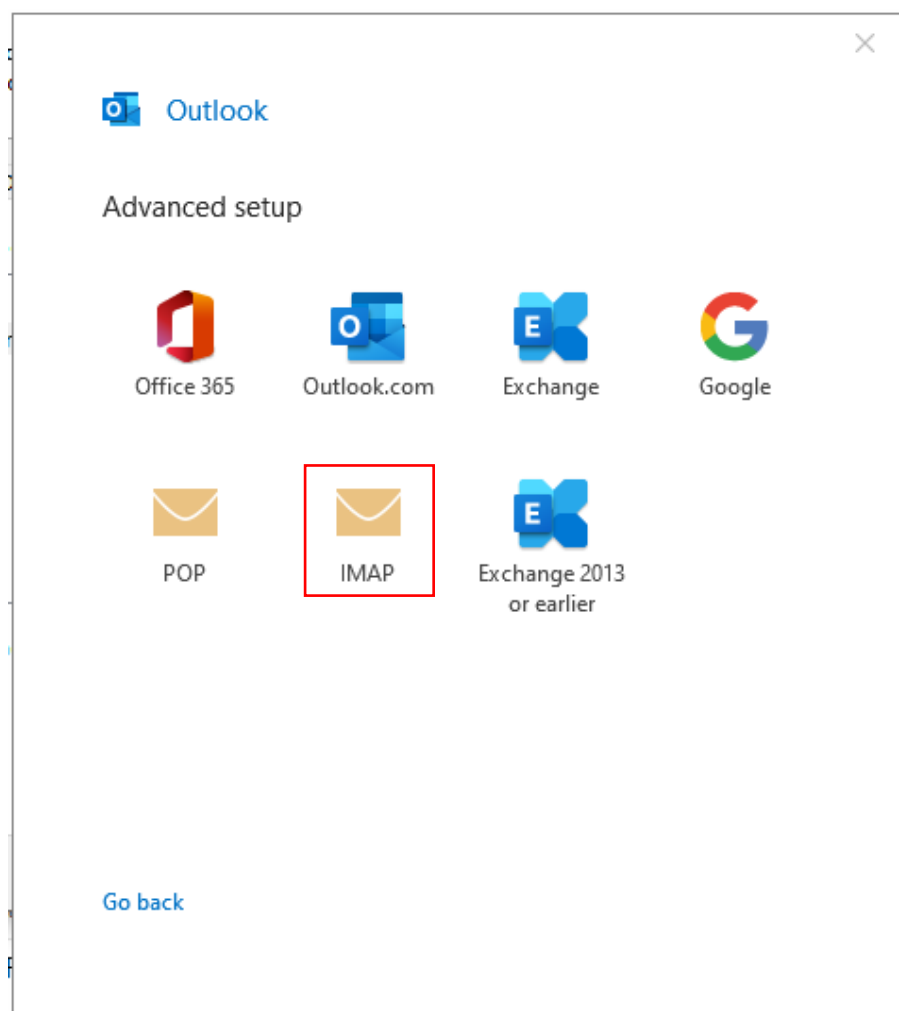
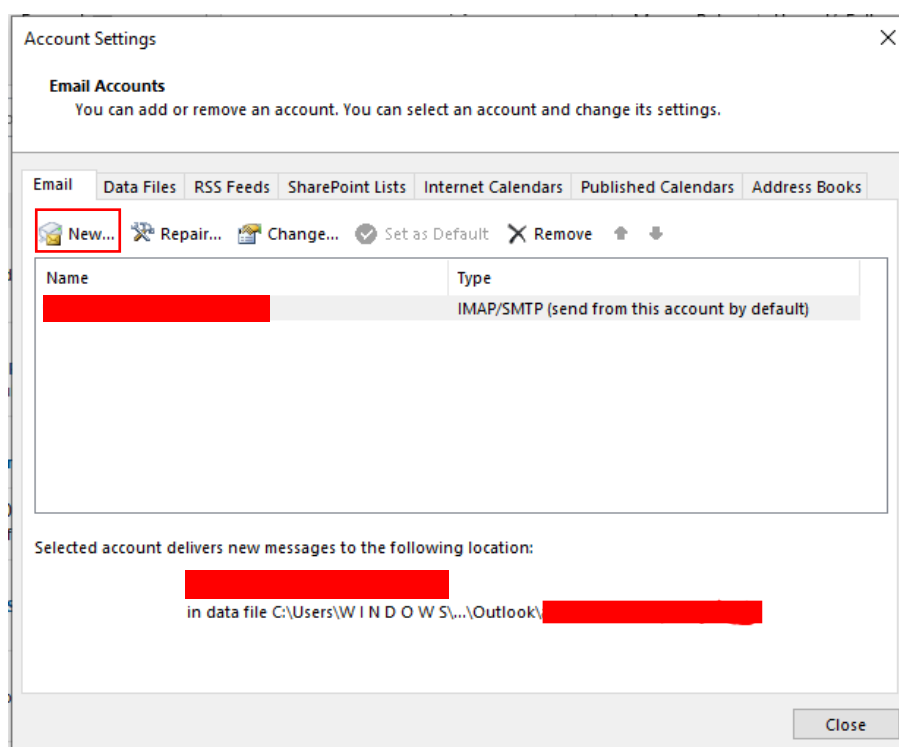
← Less secure app access

Some apps and devices use less secure sign-in technology, which makes your account vulnerable. You can turn off access for these apps, which we recommend, or turn it on if you want to use them despite the risks. Google will automatically turn this setting OFF if it's not being used. [Learn more](#)

Allow less secure apps: ON



Microsoft Outlook Setting



Microsoft Excel Setting

