

## **SHELINA PARADIS, M.N.S, GNP-C**

ARNP 9202808  
1640 Sarno Rd  
Melbourne, FL 329535

321-591-0100  
[shelina@east-coast-health.com](mailto:shelina@east-coast-health.com)  
Fax 1-866-600-0099

### **EXPERIENCE**

#### **Shelina Paradis, ARNP-BC**

##### **Gerontology Nurse Practitioner, Board Certified (2011)**

As a native of Brevard County, I devoted my entire professional nursing career to the care of our aging population. In addition to managing acute and chronic illnesses in the hospital setting, I have also worked in skilled nursing facilities, ALFs, and office practices alongside many fellow practitioners, physicians, and physician's assistance. I have provided Professional Nursing care since 2003, specializing in Cardiovascular Nursing. I graduated with a Master of Nursing Degree from Florida Atlantic University, Boca, Florida in 2011 and transitioned to Heart and Lung Surgery team as their first Nurse Practitioner. Since 2013, I have worked continuously as an **Independent Contractor** in acute rehabilitation hospitals where the patient's medical needs require daily medical oversight of acute and chronic conditions while participating in a comprehensive inpatient therapy program. Additionally, I have contracted my services and expertise in long-term care facilities and the home setting.

### **EDUCATION**

**Psychiatric & Mental Health DNP (student), University of North Florida**  
*Expecting graduation: May, 2025*

M.N.S. **Masters of Nursing Science, Florida Atlantic University, May 2011**  
Boca Raton, FL  
*Gerontology Nurse Practitioner*

B.S.N. **Bachelors of Nursing Science, Florida Atlantic University, May 2011**  
Boca Raton, FL  
*Nursing*

### **LICENSURE**

- Advanced Registered Nurse Practitioner, Florida Board of Nursing
  - FL DEA License
- ARNP 9202808  
MP4227319

### **CERTIFICATIONS**

- ANCC, Gerontology Nurse Practitioner
- ANCC, CardioVascular RN
- BLS/ACLS Certification
- BLS/ACLS Instructor

### **AREAS OF SPECIALIZATION or QUALIFICATIONS SUMMARY**

- Inpatient Rehabilitation Hospital
- Community Wellness Visits and Outpatient Walk Studies
- 20 years Registered Nurse experience includes: emergency, critical care, and outpatient and inpatient cardiac nursing
- Specialized in Cardiology and in utilizing the following technologies: Invasive Hemodynamic Monitoring
- Experienced in developing and delivering multiple training seminars for Cardiac Cath-Lab Nursing and Cardioversion

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### PROFESSIONAL EXPERIENCE

Florida East Coast Health Services, LLC 03/2014-present  
❖ VP, Operations

#### CLIENTS

Juan Lebron, LLC (HealthSouth Seapines Rehab Hospital) 03/2013-present  
❖ Acute rehab inpatient rounds, Progress notes, Admissions, Discharge summaries  
Furhan Zaide, MD (HealthSouth Seapines Rehab Hospital) 12/2012-present  
❖ Weekend Admissions  
Torne Rehab Medicine, LLC (HealthSouth SpringHill Rehab Hospital) 04/2017-2019  
❖ Discharge summaries  
Empowered Motions, LLC (HealthSouth Seapines Rehab Hospital) 02/2013- 2019  
❖ Acute rehab inpatient rounds, Progress notes, Admissions, Discharge summaries  
Mahatti Katakuri, MD (HealthSouth Seapines Rehab Hospital) 08/2015 - 2019  
❖ Admissions, prn  
MAB/Critical Care Pulmonary Medicine 08/2017-2019  
❖ Dr.Pinto Longterm care rounds  
Advanced Diagnostics Port Richey, FL 12/2014 - 12/2015  
❖ In-home walk studies Brevard County  
Brevard Rehabilitation Medicine, Melbourne, FL 12/2012 - 12/2013  
❖ Acute rehab inpatient rounds, progress notes, admissions, discharge summaries  
MAB/Critical Care Pulmonary Medicine  
❖ Dr.Pinto Acute Care, Longterm Care 09/2013-12/2013  
Health First Physicians, Melbourne, FL CardioThoracic Surgeons / 04/2011 – 12/013  
Acute hospital Admissions, inpatient rounds, outpatient clinic

### PROFESSIONAL AFFILIATIONS

American Academy of Nurse Practitioners Member 2009 – present  
Gerontological Advanced Practice Nurse Association 2010- 2014

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### **REFERENCES**

*(Current and past clients)*

Dionne Casthely, DO  
Empowered Motions, LLC  
101 East Florida Avenue  
Melbourne, FL 32901  
321- 872-8770

Furhan Zaide, DO  
2222 South Harbor City Boulevard  
Melbourne, FL 32901  
321-536-9089

Juan Lebron, MD LLC  
101 East Florida Avenue  
Melbourne, FL 32901  
315-373-3412

Mahatti Katakuri, MD  
101 East Florida Avenue  
Melbourne, FL 32901  
248-631-7496

Ashie, Frances, MD  
1007 Beverly Dr.  
Rockledge, FL 32955  
321 636-1834

Mylan Kaltman, PsyD  
101 E. Fl Avenue  
Melbourne, FL 32935  
321- 917-3176

### **REFERENCES (personal and professional)**

Gobivenkata Balaji, MD  
298 Michigan Avenue  
Melbourne, FL 32901  
321-215-6899

Aravind K. Kumar, MD  
2795 W. New Haven Avenue  
Melbourne, FL 32904  
321-615-8626

James Kearney, MD  
580 N. Wickham Rd #A  
Melbourne, FL 32935  
321-255-7118

Jerry Pinto, MD  
402 Babcock St #102  
Melbourne, FL 32935  
321-327-2440

Robert Addington, DO  
301 E. Sheridan Road  
Melbourne, FL 32901  
321-951-8137

Ada Carr, ARNP  
2795 W. New Haven Ave  
Melbourne, FL 32904  
321-652-3255

Naomi Perry, ARNP  
2551 W. Eau Gallie Blvd #101  
Melbourne, FL 32935  
321-610-0865

Holly ARNP  
402 Babcock St #102  
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321-720-8392

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