

# The culinary dream

*Havgløtt 2024 menu*

16.06.2024

Pernille Ruud & Halvor Dybdahl



# The Norwegian experience

*Saturday lunch*

16.06.2024

Pernille Ruud & Halvor Dybdahl





# Brown lapskaus with mothers flatbread

*The flash-back meal*

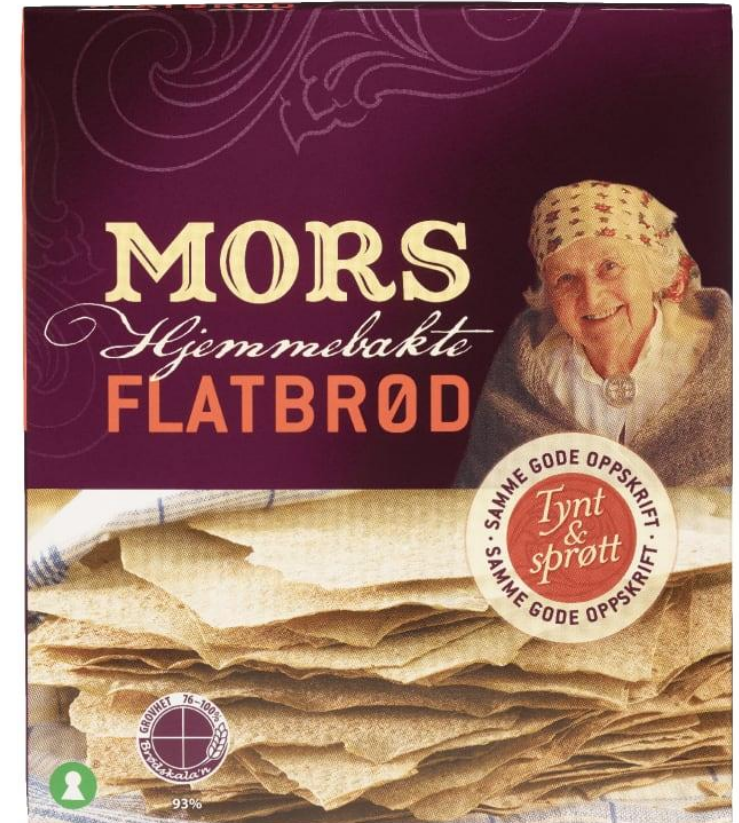
## Commentary

- Due to high inflationary pressure, and weakening markets, the committee has decided to serve Brown lapskaus with Mothers flatbread for lunch
- This meal will build the foundation for an insanely night, which will become a part of our history
- We believe this recipe will enhance the Havgløtt-experience and provide a nutritious meal in a hectic period

## Brown lapskaus



## Mors Flatbread



# Ocean explosion

*Saturday dinner*

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# Ocean explosion in our motion

*A culinary journey through the Norwegian seabed*

## Commentary

- Due to the natural geographical position of Kragerø, we believe a journey through the Norwegian coast is in its right place
- To maximize taste and minimize cost, we believe it is a great idea to combine Italian culinary art (pizza), with British tradition (fried food) and coastal raw material (Squid). The result is the fantastic calamari pizza.
- To top things off, we will serve Shrimp cabaret and Eel carpaccio on the side

## Calamari pizza



## Shrimp cabaret



## Eel carpaccio



# The hangover cure

*Sunday lunch*

16.06.2024

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# The notorious nutrition package

*Who doesn't love a vegan lunch?*

## Commentary

- To minimize recovery time post an intense Saturday evening, we need nutrient food with vegetables
- Smoked salmon lasagna is a favorite in the cantina at work, so I think it will be great to try this at home. We have gotten an amazing discount from Joker Stabbestad on Smoked Salmon, due to the expiry date, but don't worry, its even more flavorful
- We believe this will be a great recovery meal, topping off an amazing culinary weekend!

## Smoked salmon lasagne



## Spinach and Avocado smoothie



## Brussel sprout salad

