

# Regex & Parsing

Month 4: Natural Language Processing (NLP) | Week 13: Text  
Basics | Day 3

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## Theory & Concepts

**Interactive:** [RegexOne Tutorial](#) (Lessons 1-10). Pattern matching is crucial for cleaning text.

## Practice Exercises

**Python:** Write a function that extracts all email addresses and dates (dd/mm/yyyy) from a messy text string.

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Estimated Time: 2h

Completed: [ ]

Notes:

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