

Protein Waffles

Vanilla

Nutrition Facts

Serving Size 350g (5 Waffles)

Calories 533

Protein 48 g

Total Fat 17 g

Saturated Fat 2 g

Trans Fat 0 g

Polyunsaturated Fat 1 g

Monounsaturated Fat 4 g

Carbohydrate 47 g

Dietary Fiber 6 g

Sugar 8 g

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