

30 Minute Oats

Dark Chocolate

Nutrition Facts

Serving 115g powder, 300ml Almond Milk, 200g topping

Calories	598
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Protein	62g
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Total Fat	15 g
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Saturated Fat	4,2 g
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Trans Fat	0 g
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Polyunsaturated Fat	1,5 g
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Monounsaturated Fat	8,3 g
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Carbohydrate	40 g
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Dietary Fiber	18,6 g
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Sugar	8,9 g
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