FAQ’s

All answers are in simplified terms for better understanding- for more details, ask a professional at the clinic.

1. What is routine exam and what will dentist do in first visit.

Ans- it is a general check-up of your mouth and surrounding tissues & tongue. The dentist will do thorough examination and may take any x-rays/pictures/models if needed. A complete treatment plan is planned and estimate of cost is provided to the patient. Under normal circumstances, no procedure is carried out. There are no surprises and first visit helps you to take charge of your treatment, your timings of visit and finances. A clean and polish can be done along with the check up.

1. Dental scaling and polish

Ans- Regular dental cleaning and polishing keeps the teeth and gums free of any plaque/tarter and enables you to evaluate your oral hygiene procedures. It is not painful at all, however a clean after a gap of few years may not be a comfortable experience. A good scaling and polishing leaves you with a perfectly clean, smooth teeth and good taste in your mouth.

1. Why do I need regular check-up even if there is no pain

Ans- regular check-up is important to monitor the growth of microscopic bacteria that you cannot see with your eyes. A thorough periodic check-up with your dentist helps to screen any cavities that might be very small, in their initial stages. It helps to detect plaque/calculus build up so that you can modify/correct your brushing technique. Overall, it keeps you in control. Always remember, prevention is better than cure.

1. What is a Filling? How is it done.

Ans- filling is done in a tooth that has cavities or lost tooth structure due to any other cause. Usually, the dentist will give you a shot to numb the tooth to minimise the discomfort. The dentist gently cleans all the bad tooth surface and restores it with a filling. Eating anything should generally be avoided until the normal feeling around the tooth has been restored until a few days after the procedure. It usually takes a couple of hours for the numbing medicine to go away from around the recently filled tooth.

1. What is Root canal treatment?

Ans- Root Canal Treatment or RCT, is last attempt to save the tooth, after the nerve/pulp of the tooth has been compromised. It could be an infection, cavity or trauma among other reasons. It involves numbing the tooth, removing the nerve of the tooth without pain, and then restoration of the tooth, for painless function. Many times, a root canal treated tooth may need a crown, especially in the back teeth.

1. Why do I need crown after a root canal treatment?

Ans: a crown is needed to strengthen a tooth that may have been compromised or broken or has a large restoration after a root canal treatment

1. What is a gum disease? Is it serious?

Ans: Gum disease starts with minor inflammation of gums induced by plaque deposits and bacteria. It is usually painless and takes time sometimes years to flare up and progress onto infecting the bone around the teeth. This is one of the main reasons to get your teeth cleaned professionally at regular intervals

1. Can I change my metal fillings to white fillings?

Ans: Yes. It can be done in a single sitting. Two things to keep in mind though. Firstly, the metal fillings usually will stain the healthy tooth around it, so a halo of grey may be notable around the white filling after it replaces the metal filling. Secondly, occasionally, after replacing metal fillings, the tooth may not setle down completely, and may require a root canal.

1. Why do I Need Extraction.? Most common reasons.

Ans: if tooth is very painful and root canal is not an option. Fractures on the length of tooth involving the nerve. If it is an extra tooth. For orthodontic considerations. If the tooth is broken beyond repair or only roots are remaining.

10 what happen if I do not get a tooth pulled out.

Ans: it may lead to more painful episodes without warning. May also cause flare up in terms of infections and swelling

11 what is surgical extraction

Ans: removal of tooth after minor removal of bone that holds the tooth. Sometimes it is a planned surgical extraction and sometimes unplanned- a complication of routine extraction

1. Should I think about implants to replace my missing tooth?

Ans: they are currently the best option to replace missing teeth after bridges and partial dentures.

1. Are implants useful for patients with complete dentures?

Ans: yes. Implants help in cases of very loose dentures. Implants can also be used to screw in dentures for a better chewing experience of the patient.

1. I am scared of dentist, so I avoid them. Is this a good decision to stick to?

Ans: No. it will simply let the dental problem grow leading to possible complications. We always advice patients to talk to us, about their fears etc, so that the dentist is on the same page with the patient. At D15 Dental Care, we have long experience to deal with nervous patients and patients with a bad past experience at the dentist. If all else fails, we can refer to a friendly clinic that may offer sedation. Many hospitals in Dublin also carry out dentistry after putting the patients to sleep.

1. My last dentist gave me a different treatment plan. Was I lied to?

Ans: A dentist would want to treat the patient with their best intentions and capabilities, for benefit of their patients. This techniques and styles may differ between two different dentists. It is understandable for two different dentists to carry out a treatment in their own ways. At D15 Dental Care, We always advice to go for a second opinion with another dentist, whenever in doubt or not comfortable with treatment plan.

1. What is composite bonding-

Ans: Composite bonding gives a front facing or lamination to teeth with help of glue. It does not cause any harm to tooth structure and there is no shaving involved. There are many shades available to best match your desired shade. At D15 Dental care, we have a free consultation and demo for patients who may be interested in bonding.

1. Emergency-
   1. broken tooth-what to do- put in milk- bring to dentist asap
   2. knocked out tooth- what to do- put in milk- bring to dentist asap
   3. toothache- what to do- contact dentist asap
   4. sensitivity- what to do- warm salty water rinses, contact dentist asap
   5. sharp edges- what to do- could be broken tooth/filling- contact dentist asap
   6. mobile tooth- what to do- could be fracture of tooth/gum disease- contact dentist asap
   7. facial swelling- what to do- very commonly due to infection- contact dentist asap
2. wisdom tooth- should they be removed.

Ans: Ideally the extraction of wisdom tooth should be deferred until it is bothering you on a regular basis, or causing problems for other teeth in your jaw. Many people do not get their wisdom teeth removed, and have no issues

1. Are baby teeth very important for my child?

Ans: Yes. They are important for facial growth and developing adult teeth of your child. They should be looked after and restored in case of any cavity.

1. What are sealants? Why are they important?

Ans: Sealants are resins that are used to block the deep areas of adult teeth in children. It makes teeth stronger, more resistant to cavities and infections. At D15 Dental care, we make sure that fissure sealants are advised to all children with adult back teeth.

Not helpful. Don’t worry. Write to us your question and we will get back to you as soon as possible.

Link for question.

link to booking/query