

# THE ICARUS MEDICAL APP

The Icarus Medical app is compatible with Apple iPhone X or newer. To download the app, scan the QR code.



# SETTING UP

Locate an open and spacious area, where you will be able to clearly capture the necessary range of the knee. It is important to ensure that there is nothing in the immediate background that could be picked up in the scan.

We recommend that a chair be placed near the patient's opposite leg, providing them with an object to hold on to for stability during the scan. Ensure that the object is placed in a way that it does not interfere with the scan. Patients should wear shorts that fall around 9" above their knee for best results.

#### **GETTING INTO POSITION**

Before beginning, the scanner should ensure that they are positioned in front of the patient and toward the inside of the leg they are scanning. This will allow them to capture approximately 8" above and below the patients knee. This is very important! If you are unsure how much of the leg to capture in the scan, just remember that more is better!



Figure 2. Maintaining a distance of at least two feet between the device and patients knee will provide the best scanning results.

It is crucial that the patient remain completely still, feet shoulder-width apart, for the duration of the scan. Maintaining a distance of at least two feet between the device and patients knee will provide the best scanning results. Icarus recommends holding the phone upside down while scanning (fig. 2), as most individuals find that this makes it easier to press the button to begin and end the scan.

# **SCANNING**

- 1. The patient should stand with their leg straight through the scan. It is important that they are <u>bearing weight</u> on the leg as well. The scan should start from the inside of the leg with the camera angled so that it is capturing the knee in the center of the screen.
- 2. Press the circular button located at the bottom of the screen and wait until the countdown has finished before moving the phone around the leg from the inside toward the outside in a slow, steady sweeping motion, keeping the phone level as you go.
- 3. Ideally, you want to capture a full 360 degrees of the leg being scanned; however, 270 degrees will typically provide enough information to accurately depict the curvature of the leg. When you are confident that you have captured at least 270 degrees of their leg, you can end the scan by pressing the circular button at the bottom of the screen.





Figure 3. Example of a high quality scan.

Once the mesh has loaded and you can see that you have collected a clear, visible scan, press the save button located at the bottom of the screen. Select the scan that you would like to send to Icarus and tap the blue 'Send Scan' button.

It may take a few tries before you capture a quality scan, and that is completely okay! There is no limit to the number of scans you are permitted to take. It is best to take multiple scans, before deciding on the best one.

#### **PHOTO**

- 1. First, mark the center of the knee cap with an "X". This is an important step, as some individuals have a patella that is difficult to identify from the scan alone.
- 2. Draw a line 5  $\frac{1}{2}$  inches above the X, and another 5  $\frac{1}{2}$  inches below.

TIP: Use a piece of paper folded in half to easily measure out 5 ½ inches

3. Take a photo of the front of the patient's knee, ensuring the X and both lines are square within the frame, and submit.

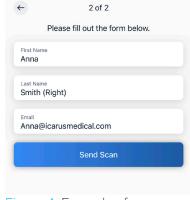


Figure 4. Example of submission information

Complete the form, entering the patient's First Name, Last Name (identify which leg has been scanned by specifying 'Left' or 'Right' as shown in *fig. 4*), and email address.

After submission, you should receive a 'success' notification, verifying that we have received the scan!