

## DISCIPLINE SPECIFIC CORE COURSE– 6 (DSC-6): Human Physiology-Control and Coordination Systems

### CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical/ Practice		
<b>Human Physiology-Control and Coordination Systems</b>	<b>04</b>	<b>02</b>	<b>0</b>	<b>02</b>	<b>Class XII pass with Biology/ Biotechnology</b>	<b>NIL</b>

### Learning Objectives

The learning objectives of this course are as follows:

- The course will provide a thorough understanding of the normal body function and helps to determine the cause of disease.
- It will enable the development of new and more effective treatments and guidelines for maintaining good health.
- It will equip the students with an ability to pursue career in medical and healthcare sector, pharmaceuticals and other related areas.
- It will help in understanding how these systems interact among themselves to maintain stability or homeostasis.

### Learning Outcomes

By studying this course, students will be able to:

- appreciate human physiology and have its enhanced knowledge.
- recognize and identify principal tissue structures and functions
- understand the functions of important physiological systems including the nervous system, muscular system, endocrine and reproductive system
- learn an integrative approach to understand how these separate systems interact to yield integrated physiological responses to maintain homeostasis in the body along with feedback mechanisms.
- synthesize ideas to make the connection between knowledge of physiology and real-world situations, including healthy lifestyle decisions and problems faced due to homeostatic imbalances
- perform, analyze and report on experiments and observations in physiology
- know the fundamentals and understand advanced concepts so as to develop a strong foundation that will help them to acquire skills and knowledge to pursue an advanced degree.

### SYLLABUS OF DSC-6

#### UNIT – I Nervous System and Sense Organs

**08 Hours**

Structure of neuron, resting membrane potential, origin and conduction of action potential across

the myelinated and unmyelinated nerve fibers; Types of synapses, synaptic transmission, Neuromuscular junction.

#### **UNIT – II Muscle Physiology**

**07 Hours**

Mechanism of muscle contraction; Characteristics of muscle twitch; Motor unit, summation, and tetanus.

#### **UNIT – III Endocrine System**

**08 Hours**

Hormones secreted by the glands, their physiological action and the disorders related to their secretion; Classification of hormones and their regulation; Mode of hormone action- Signal transduction pathways for peptide and steroid hormones.

#### **UNIT – IV Reproductive System**

**07 Hours**

Physiology of male and female reproduction– spermatogenesis, oogenesis, follicular development, steroidogenesis, implantation, pregnancy, and mammary gland development.

#### **Practical component – 60 Hours**

1. Classification, structure and functions of tissues: epithelial, connective, muscular and nervous tissue.
2. Structure, histology, types and function of bones and cartilage.
3. Classification and histological structure of muscle; ultrastructure of striated muscle.
4. Preparation of temporary mounts: Squamous epithelium, Striated muscle fibres, Nerve cells.
5. Demonstration of the unconditioned reflex action (Deep tendon reflex such as knee jerk reflex).
6. Recording of simple muscle twitch with electrical stimulation (Interpretation/ Virtual).
7. Study of permanent slides of Mammalian Skin, Spinal cord, Hypothalamus, Pineal, Pituitary, Thyroid, Parathyroid, Pancreas, Adrenal, Testis and Ovary.
8. Permanent slide preparation from various tissues: Tissue fixation, block preparation, tissue sectioning, H&E staining, microscopy (Minimum three tissues; tissue can be procured from the slaughterhouse).

#### **Essential/recommended readings**

1. Tortora, G.J. and Derrickson, B.H. (2012). Principles of Anatomy and Physiology. XIII Edition, John Wiley and Sons, Inc.
2. Widmaier E, Raff H and Strang K. (2013) Vander's Human Physiology: The Mechanism of Body Functions. XIII Edition, McGraw-Hill Education.
3. Guyton, A.C. and Hall, J.E. (2011) Textbook of Medical Physiology. XII Edition, Harcourt Asia Pvt. Ltd/ W.B. Saunders Company.
4. Eroschenko, Victor P. (2012) Di Fiore's Atlas of Histology with Functional Correlations; 12th edition, CBS Publishers and Distributors Pvt. Ltd.

#### **Suggestive readings**

1. Chatterjee, C.C. (2021) Human Physiology, 14th Edition, Volume 1 & Volume II, CBS Publishers and Distributors Pvt. Ltd.
2. Kesar, S. and Vashisht, N. (2007) Experimental Physiology. Heritage Publishers.