

SEMESTER-5

BSc. (Hons.) Anthropology

DISCIPLINE SPECIFIC CORE COURSE -13 (DSC-13)

Anthropology of Health and Wellbeing

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

Course title & Code	Credits	Credit distribution of the course			Eligibility criteria	Pre-requisite of the course (if any)
		Lecture	Tutorial	Practical / Practice		
Anthropology of Health and Wellbeing	04	03	Nil	01	Class XII pass	NIL

(Teaching hours required: Theory, 45 hours; Practical, 30 hours)

Course Objectives

1. To explore various dimensions of health and issues related to illness and disease.
2. To familiarize the students with various demographic measuring methods and their applications.
3. Aims to provide knowledge about the cultural dimensions of illness, disease, and health in Indian context.

Learning Outcomes

Students will be able to:

1. comprehend the application of the concept of health, illness, and disease.
2. handle basic demographic and medical anthropological methods to evaluate demographic and health assessment.
3. grasp, analyse and interpret health, illness, disease related issues and develop critical understanding.

Syllabus:

Unit-1: Introduction (10 Hours)

Anthropology and health; Medical Anthropology and its subfields; Approaches, health and its determinants, dimensions and indicators

Unit-2: Disease, Illness and Healing (11 Hours)

Concept of Disease and Illness; Experiential Health – Indian perspective: placebo, faith healing; Measuring Health: Morbidity and Mortality: Healing and Healers in Cross-Cultural Perspectives, Ethno-medicine

Unit-3: Mental Health and Wellbeing (12 Hours)

Culture and Mental Health, Ethno-psychiatry, Concept of wellbeing and quality of life; Happiness Life Index

Unit-4: Public Health and Anthropology (12 Hours)

National Health Policy, Health Care Programmes in India; Mother and Child Health: Women's Health, New-born's health, Family Planning; Endemics, Epidemics, and Outbreaks; Pandemics and Communicable diseases; Health and Environment

Practical (30 Hours)

Project on Health-related issues based on primary/secondary data collection through fieldwork/review of literature.

References

1. Farmer, Paul, Jim Yong Kim, Arthur Kleinman and Matthew Basilio (2013) *Reimagining Global Health*, University of California Press
2. Gaur, Mokshika and Soumendra. Patnaik (2011). Who is healthy among the Korwa?" Liminality in the experiential health of the displaced Korwa of Central India, *Medical Anthropology Quarterly*, Mar;25(1):85-102.
3. Hahn, Robert A. 1999. *Anthropology in Public Health. Bridging Differences in Culture and Society*. New York: Oxford University Press.
4. Helman, Cecil G. 1994. *Culture, Health, and Illness*. 3rd ed. Oxford.
5. Inhorn, Marcia C; Wentzell, Emily A (2012). *Medical Anthropology at the Intersections: Histories, Activisms and Futures*. Duke University Press Books
6. Mehrotra, Nilika & Mahima Nayar (2015). *Isliye dard hota hai: Women's Mental Health Issues in Poor Households of India*, *Psychology and Developing Societies*, vol. 27 no. 1 104-124.
7. Tsui, Amy O., Judith N. Wasserheit, and John G. Haaga (eds.) (1997). *Reproductive Health in Developing Countries*. Washington, D.C.: National Academy Press.
8. Winkelman M (2008). *Culture and Health: Applying Medical Anthropology*. Jossey-Bass

Teaching Learning Process

The process of learning will involve acquisition of disciplinary knowledge and understanding of skills required for a researcher exploring health, illness, and disease. The process will involve lecture, class-room exercises, project-based learning, data collection and analysis, fieldwork and report preparation and presentation.

Assessment Methods

Examination schemes and mode shall be as prescribed by the Examination Branch, University of Delhi from time to time.

Keywords

Health, Illness, Disease, Health Policy, Health Dimensions