

This question paper contains 2 printed pages]

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S. No. of Question Paper : 5683

Unique Paper Code : 2153012008

Name of the Paper : (DSE) Nutritional Anthropology

Name of the Course : B.Sc. (Hons.) Anthropology, Part-II

Semester : IV

Duration : 3 Hours

Maximum Marks : 90

*(Write your Roll No. on the top immediately on receipt of this question paper.)*

Attempt any five questions.

All questions carry equal marks.

1. What do you mean by Nutritional Anthropology ? Discuss its aims and scope.
2. What is balanced diet for adults ? "Maintaining a balanced diet is essential for healthy life." Discuss.
3. Discuss the various problems of nutritional disorders among children in India.
4. Discuss the role of carbohydrates, protein and fat in the body giving suitable examples.
5. Highlight the different food practices of India according to their eco-cultural zones.
6. Write a note on the evolution of diet from Palaeolithic period down to the modern times.

P.T.O.

7. What are the dietary recommendations in pregnant and lactating mothers ?  
Discuss.
8. Discuss the daily dietary recommendations for adults according to National Institute of Nutrition.
9. Write short notes on any *two* of the following :
  - (a) Nutritional transition
  - (b) Malnutrition
  - (c) Micro-nutrients
  - (d) Obesity
  - (e) Food diversity.