

# Self Assessment

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# Goal Setting:

## How to Set Your Goal

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- **Identify** your *long-term* **career objective**
- **Break** the **main goal** into **short-term achievable goals**
- Set **SMART** goals (*Specific, Measurable, Achievable, Relevant, Time-bound*)
- *Regularly* **review** and **adjust goals**
- Stay **motivated** and **disciplined**
- **Example:**
  - To build a career as a Software Developer, UI/UX Designer, and Educator through continuous improvement of programming skills and completion of relevant certifications.

# Strength Analysis: Identify Your Strengths

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- **Strong** *communication* **skills**
- **Ability** to learn new technologies quickly
- **Problem-solving** and **logical thinking**
- **Time management** and **discipline**
- **Teamwork** and **adaptability**
- **Example:**
  - Strength identification plays a crucial role in choosing a suitable career path that matches one's abilities, interests, and competencies.

# Weakness Analysis: Identify Your Weaknesses

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## **The Weakness:**

- Lack of practical experience
- Fear of public speaking
- Difficulty in managing stress
- Procrastination at times

## **Improvement Strategy:**

- Practice regularly
- Seek guidance and training
- Improve time management
- Work on confidence building

# THANKYOU

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