

Shady Shamy

Chico, CA 95928 | Shadyshamy80@gmail.com | (760) 718-0963

Education:

- | | |
|--|-----------|
| California State University, Chico | May 2024 |
| • Master of Science in Nutritional Science, GPA: 4.0 | |
| University of California, Irvine | June 2021 |
| • Bachelor of Science in Biological Sciences, GPA: 3.6 | |

Relevant Experience:

- | | |
|--|------------------------|
| Research Assistant, Center for Healthy Communities, Chico | May 2022 - Present |
| • Conduct comprehensive data analysis on SNAP, food insecurity and dietary patterns, contributing to the assessment of SNAP efficacy | |
| • Manage communications and data collection procedures across over 15 California college campuses to recruit research participants | |
| • Present research findings to national and state partners by implementing lucid data visualization techniques through the use of statistical software | |
| Community Health Assistant, Center for Healthy Communities, Chico | Sept 2021 - May 2022 |
| • Reviewed menus for adult and child nutrition plans to ensure meals met standard specifications required by state programs | |
| • Collaborated with community health dietitians and summarized patient assessment forms to highlight critical information | |
| • Worked in large teams to distribute food to over 200 families during multiple food pantry tailgate events, ensuring a smooth and organized process | |
| Dietary Aide, Arbor Post-Acute, Chico | August 2021 – May 2022 |
| • Served meals on tray line to ~130 residents with close attention to medical dietary needs | |
| • Collaborated with the dietician and speech therapist to update changes to residents' clinical diets, textures, and preferences | |
| • Assisted with pureeing, grilling, and cooking to provide daily meals to residents | |

Other Experience:

- | | |
|---|-----------------------|
| Pantry Team Member, Whole Foods Market, Upland | Nov 2020 - April 2021 |
| • Assisted customers with inquiries regarding dietary restrictions and preferences, offering tailored recommendations to accommodate specific nutritional requirements | |
| • Fostered positive customer interactions through the use of soft skills and knowledge of company inventory and services | |
| Physical Therapy Aide, California Therapy Solutions, Huntington Beach | Dec 2019 - March 2020 |
| • Treated 15-25 injured patients daily by leading them through therapeutic exercise routines, and by operating modalities such as electrical stimulation and spinal/cervical traction | |
| • Provided administrative support by managing patient appointments, and maintaining organized patient records, ensuring a smooth workflow | |

Academic Achievements:

- Chico State College of Natural Sciences Poster Contest 1st place judge's award for graduate/faculty research, 2nd place people's choice award for graduate/faculty research
- Publication in progress: SNAP Vs Food Insecurity and Academic Success
- Publication in progress: Impact of CalFresh on College Students' Dietary Patterns