

Shady Shamy

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Education:

California State University, Chico

Expected May 2024

- Master of Science in Nutritional Science and DPD, GPA: 4.0

University of California, Irvine

June 2021

- Bachelor of Science in Biological Sciences

Relevant Experience:

Research Assistant, Center for Healthy Communities, Chico

May 2022 - Present

- Conduct comprehensive data analysis on SNAP, food insecurity, and dietary patterns, contributing to the assessment of SNAP efficacy
- Manage communications and data collection procedures across over 15 California college campuses to recruit research participants
- Present research findings and implement lucid data visualization techniques through the use of statistical software

Community Health Assistant, Center for Healthy Communities, Chico

Sept 2021 - May 2022

- Reviewed menus for adult and child nutrition plans to ensure meals met standard specifications required by state programs
- Collaborated with community health dietitians and summarized patient assessment forms
- Worked in large teams to distribute food to over 200 families during multiple food pantry tailgate events, ensuring a coordinated and organized process

Dietary Aide, Arbor Post-Acute, Chico

August 2021 – May 2022

- Served meals on tray line to ~130 residents with close attention to medical dietary needs
- Collaborated with the dietitian and speech therapist to update changes to residents' therapeutic diets, textures, and preferences
- Assisted with pureeing, grilling, and cooking to provide daily meals to residents

Other Experience:

Pantry Team Member, Whole Foods Market, Upland

Nov 2020 - April 2021

- Assisted customers with inquiries regarding dietary restrictions and preferences, offering tailored recommendations to accommodate specific nutritional requirements
- Fostered positive customer interactions through the use of soft skills and knowledge of company inventory and services

Physical Therapy Aide, California Therapy Solutions, Huntington Beach

Dec 2019 - March 2020

- Treated 15-25 injured patients daily by leading them through therapeutic exercise routines, and by operating modalities such as electrical stimulation and spinal/cervical traction
- Provided administrative support by managing patient appointments, and maintaining organized patient records, establishing a smooth workflow

Academic Achievements:

- Chico State 2023 College of Natural Sciences Poster Contest: 1st place judge's award for graduate/faculty research, 2nd place people's choice award for graduate/faculty research
- Publication in progress: SNAP vs Food Insecurity and Academic Success
- Publication in progress: Impact of CalFresh on College Students' Dietary Patterns