

Dr. NASEER KHAN

OBJECTIVE: TO MOVE FORWARDS IN MY CAREER WHILE HELPING AND GUIDING OTHERS

PERSONAL INFORMATION

- **Date of Birth:**
- **Age:**
- **Place of Birth:** Karachi, Pakistan
- **Nationality:** Pakistani
- **Gender:** Male
- **Marital Status:** Single
- **Languages Known:** English, Urdu
- **Visa:** Tier 2 (General) Visa
- **Current Location:** Portsmouth, UK

CONTACT

- **Email:** ***
- **Mobile:** ***
- **Home:** ***
- **Address:** ***

PERSONAL STATEMENT

My aspiration to become a doctor came from my passion to help others. I think it is one of the best feelings in the world to be able to make a positive impact in other people's lives. I have a strong commitment to improving my knowledge, skills and professionalism so that I may help my patients in the best possible way. I consider my strongest points to be my passion to help others, my determination, and my interpersonal and organizational skills. I aim to be an excellent doctor who not only looks after his patients but actively helps and guides his juniors as well.

QUALIFICATIONS

- April 2005
Secondary School Certificate
Board of Secondary Education Karachi
- May 2008
Higher Secondary Certificate
Board of Intermediate Education Karachi
- Nov 2013
MBBS
Baqai Medical University
- Nov 2014
PLAB 1
General Medical Council
- Feb 2016
PLAB 2
General Medical Council

PROFESSIONAL REGISTRATION

- Mar 2017
General Medical Council, UK
Full registration with licence to practice
GMC registration number: 7476837
- Mar 2014
Pakistan Medical and Dental Council
Full medical registration
GMC registration number: 65414-S

ELECTIVES

- Nov 2010
Liaquat National Hospital
Department Of General Medicine

WORK EXPERIENCE

- **Feb 2014 - Aug 2014**
House Officer
Dept. of Medicine
Baqai University Hospital, Karachi

This was part of my House job/Internship. I worked in the department of medicine for a designated six months. I learned how to take a thorough history of a patient, perform a detailed examination, make relevant differentials and devise an appropriate management plan in terms of investigations and treatment plan.

In the morning and evening rounds I presented cases in detail. I frequently attended educational seminars, workshops and CME meetings.

- **Aug 2014 - Feb 2015**
House Officer
Dept. of Surgery
Baqai University Hospital, Karachi

This was also a part of my House job/Internship. I learned to take a proper history, perform examination, and make differentials for a surgical patient. I also presented cases in ward rounds and morning meetings.

I observed and managed surgical elective case and emergencies like acute abdomen, intestinal obstruction, cholecystectomy, pancreatitis and diabetic foot.

In the A & E, an Orthopaedic Surgeon supervised me in the management of fractures, applying plasters and bandaging the wounds. I also attended operation theater, assisted in various surgeries and helped in suturing.

- **Feb 2015 – Aug 2015**
Senior House Officer
Dept. of Surgery
Baqai University Hospital, Karachi

I participated in ward rounds for General Surgery, Orthopedics, Urology, ENT, Plastic Surgery. On a daily basis I presented cases to consultants. I was also doing long on-call duties (8AM to 12PM the following day) every third or fourth day.

On a weekly basis I participated in case meetings where I presented cases to fellow junior doctors and consultants. I also attended CME courses frequently and did various workshops.

- **Aug 2015 – Jan 2017**
Resident Medical Officer
Dept. of Nephrology
Sindh Institute of Urology and Transplantation (SIUT), Karachi

I was allotted beds in the Nephrology Emergency ward and I was the doctor in charge of those beds. I had to take history, examine the patients and update their treatment charts accordingly. I presented cases in the daily rounds – first to the senior resident in charge and then to the professor.

I also had long on-call duties every fourth day (from 8 AM to 12 PM the following day) and had to look after all the patients in the ward.

I also worked in the main Nephrology Emergency where triage was performed. Most patients presented with signs and symptoms of fluid overload or uremia. I learned to assess them quickly, perform quick examination and investigations before making a decision about their treatment plan.

I also worked at four different dialysis centers associated with SIUT. I was the only doctor at these dialysis centers. My duty included both medical and non-medical responsibilities. Each center used to see 50 to 100 dialysis on a daily basis. I used to see all of these patients, educate them about their condition, discuss their dietary options and restrictions and keep an eye on their weight. I also had to deal with emergencies at the dialysis centres.

Therefore, I can efficiently deal with nephrological emergencies in the ward and have learned all emergency procedures for acute management of a patient (like pulmonary edema, seizures due to hypocalcemia or hypocalcemia, severe acidosis, bleeding from burst arteriovenous fistula, loss of consciousness, anuria). I can also carry out daily ward responsibilities such as venupuncture, doing arterial blood gas, IV cannulation. I have also passed central venous catheters in dialysis patients under supervision.

- **Aug 2017 - Present**
Core Medical Training Fellow
Dept. of Medicine, Renal, Care of Elderly & Respiratory
Portsmouth Hospitals NHS Trust

I joined Queen Alexandra Hospital on 2nd August 2017 as a Core Medical Training Fellow (non-training SHO) in General Medicine. My first rotation was in Renal from 02 August to 01 January 2017.

My duties included the following:

1. Attending the morning handover.
2. Discussing patients with the consultant before the ward round.
3. Attending the ward round; presenting cases and noting down the happenings and orders.
4. Following orders from the rounds, which included the following:
 - a) Small procedures like blood sampling, IV cannulation or urinary catheter insertion.
 - b) Clerking.
 - c) Making drug charts.
 - d) Requesting imaging scans.
 - e) Chasing reports.
 - f) Making referrals to other departments.
 - g) Making discharge summaries.
 - h) Answering patients' phone calls.
 - i) Documenting everything in the files or on the online computer systems.

PROCEDURES

I have performed the following procedures during my clinical experience:

- Blood Sampling
- IV Cannulation
- Nasogastric Tube Insertion
- Urinary Catheter Insertion
- Proctoscopy
- Femoral Line Insertion (with assistance)

CME, WORKSHOPS AND SEMINARS ATTENDED

- March 2015
CME on Tuberculosis
Baqai Medical University
- Jan 2015
CME on How to Make Pakistan Thalassemia Free & Updates on Hepatitis B
Baqai Medical University in collaboration with The Aga Khan University
- Sept 2014
Workshop on Spirometry
Baqai Medical University in collaboration with Dow University of Health Sciences
- May 2013
Orientation Program on Manual Vacuum Aspiration and Endometrial Sampling Techniques
Baqai Medical University
- April 2013
CME Program on Nutrition During the First 1000 days of Life
Baqai Medical University
- April 2013
Workshop on Family Planning
Baqai Medical University
- March 2013
Interactive session on 2nd Stage of Labour
Pakistan Medical Association
- Feb 2013
Workshop on Medical Research
Pakistan Medical Association
- May 2010
Workshop on Basic Surgical Skills
Department Of Surgery, Baqai Medical University

RESEARCH

- 2012
Conducted KAP study regarding Self Medication
Supervised by Dr. Syed ImtiazJafry, Baqai Medical University.

ENGLISH LANGUAGE ABILITY

- February 2016
IELTS UKVI Academic
Overall score 8.0
Australian Education Office

HOBBIES, INTERESTS AND ACTIVITIES

- Keen interest in Football and Cricket
- Participated in AKU Inter-University Football Tournament, April 2012
- Participated in AKU Inter-University Football Tournament, April 2011
- Participated in Sports Week at Baqai Medical University, 2011
- Winner of the unofficial Baqai Football League 2010-11
- Participated in A.O. Cricket Coaching Camp, 2001
- Participated in A.O. Cricket Coaching Camp, 2000
- Reading books, listening to music, watching movies, TV shows and playing Xbox
- Active social media user

PERSONAL GOALS

1. To work in the NHS to gain sufficient experience before I enter training in the UK.
2. To take part in researches and audits under supervision.
3. To work in different sub-specialties of Medicine to explore my interest and to learn.
4. To enter GP training in the future.
5. To teach, guide and counsel medical students and young doctors.

REFERENCES

References and Letter of Recommendations can be made available upon request.