Progym

docker-compose.yml

progymdb.sql

# Progym-frontend

# Progym-backend

* server.js [Entry point for the backend server]
* Dockerfile [docker setup for containerizing the backend]
* .env [Environment variables e.g., API keys, db config]

## Config

* db.js [connection using mysql2]

## Controller

* authController.js [Handles login, register, and session check logic]
* gymbotController.js [Handles gymbot ai chat interactions]
* workoutController.js [CRUD operations for workout tracking]

## Models

## Routes

* auth.js [Routes for login, register, logout, session check]
* gymbot.js [Route for sending/receiving messages from gymbot]
* workoutRoutes.js [Routes to add, view, and delete workouts]