



Synergizing Human Behavior and Cybersecurity using Psychometric Scale



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Summary



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Problem Statement

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Cybersecurity today is not just a technological challenge but also a behavioral one. Although encryption, AI, and real-time threat detection systems have matured, human error remains the weakest link with studies indicating over 90% of successful cyberattacks stem from user mistakes rather than software flaws.

Common vulnerabilities include:

- Falling for phishing scams.
- Using weak or repeated passwords.
- Ignoring organizational security protocols.
- Modern cybersecurity demands an understanding of how individuals interact with systems, make decisions under pressure, and perceive risk. Tools like HAIS-Q and SeBIS offer a window into user behavior, but there's a growing need for adaptive, culturally-aware, real-time strategies that evolve with users and threats alike.

Objective



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The project aimed to design a human-centered cybersecurity framework that merges technical tools with behavioral science. Specific objectives included:

- Integrate behavioral psychology (e.g., psychometric scales like HAIS-Q and CRPS) into cybersecurity practices.
- Identify and profile behavioral personas (e.g., “Naïve Greenhorns”, “Reliable Troupers”) for tailored security interventions.
- Develop personalized cybersecurity training using insights from psychometric analysis.
- Evaluate existing frameworks (like TAM and CVP) for strengths and gaps.
- Promote a cybersecurity culture led by leadership and reinforced through feedback loops.
- Build scalable, cost-effective tools usable across industries and organizations.

FYP Scope



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Included in Scope:

- Analyzing human error in cybersecurity (e.g., phishing, weak passwords)
- Developing psychometric profiling using HAIS-Q and CRPS
- Behavioral interventions: nudging, gamification, feedback systems
- Cultural and leadership influence on cybersecurity behaviors
- Data collection from diverse roles and demographics
- Development of a modular, scalable analysis system using Python and Google Forms

Excluded from Scope:

- Creation of new technical security tools (e.g., antivirus software)
- Industry-specific case studies
- Longitudinal tracking (time-bound post-implementation changes)
- Real-time tracking (due to system and privacy constraints)

Our Methodology



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We adopted a mixed-method, incremental development approach combining psychometric analysis and software engineering. Key components included:

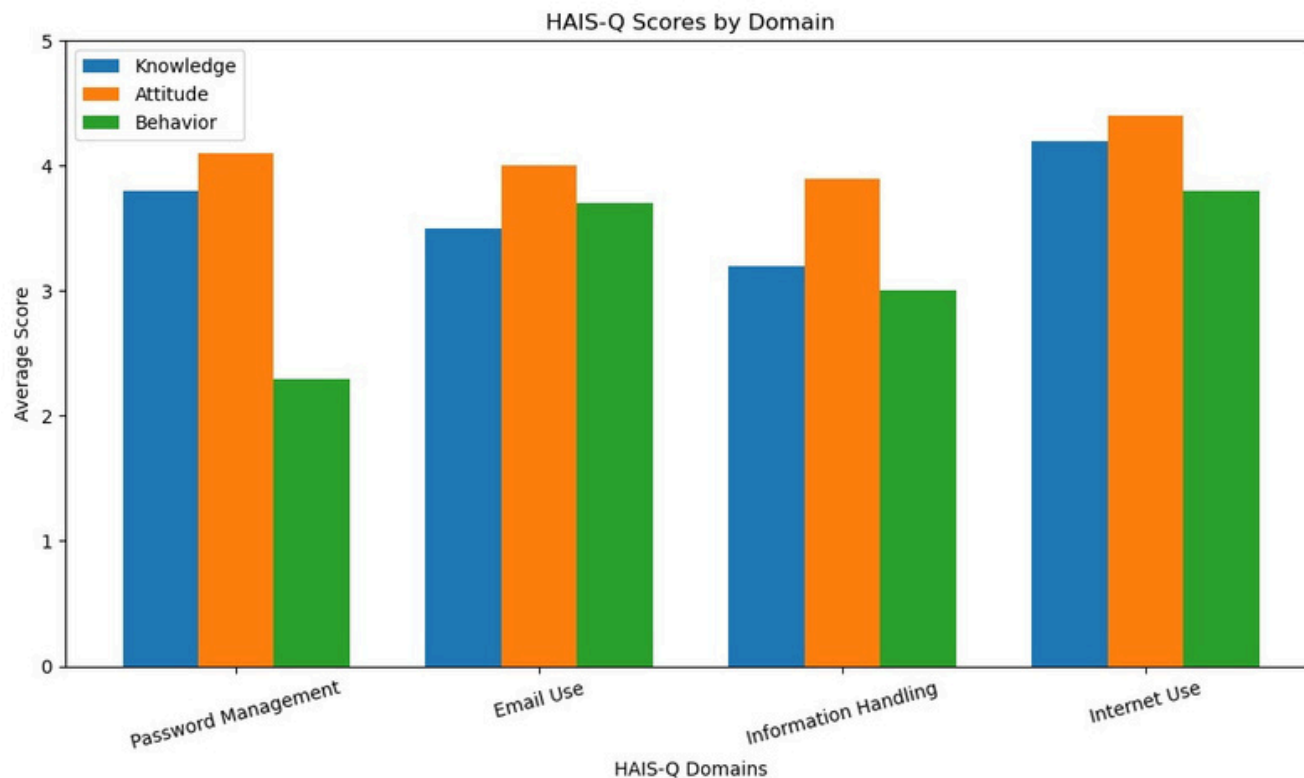
- **Incremental Software Development Model:** Allowed for step-wise, flexible updates and feedback integration.
- **Participant Selection:** Diverse group from IT, admin, and non-tech roles.
- **Psychometric Tools:** HAIS-Q and CRPS were used to assess attitudes, knowledge, and behavior.
- **Data Collection:** Google Forms + Google Sheets for structured response logging.
- **Statistical Analysis:** Conducted in Python using pandas, matplotlib, and scipy.
- **Behavioral Profiling:** Created personas based on data patterns.
- **Customized Training Recommendations:** Based on risk type and psychometric scores.

GRAPHS



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Figure 1: Highlighted the variation in HAIS-Q scores across different cybersecurity domains, with Internet use scoring highest in knowledge but password management scoring lowest in behavior.

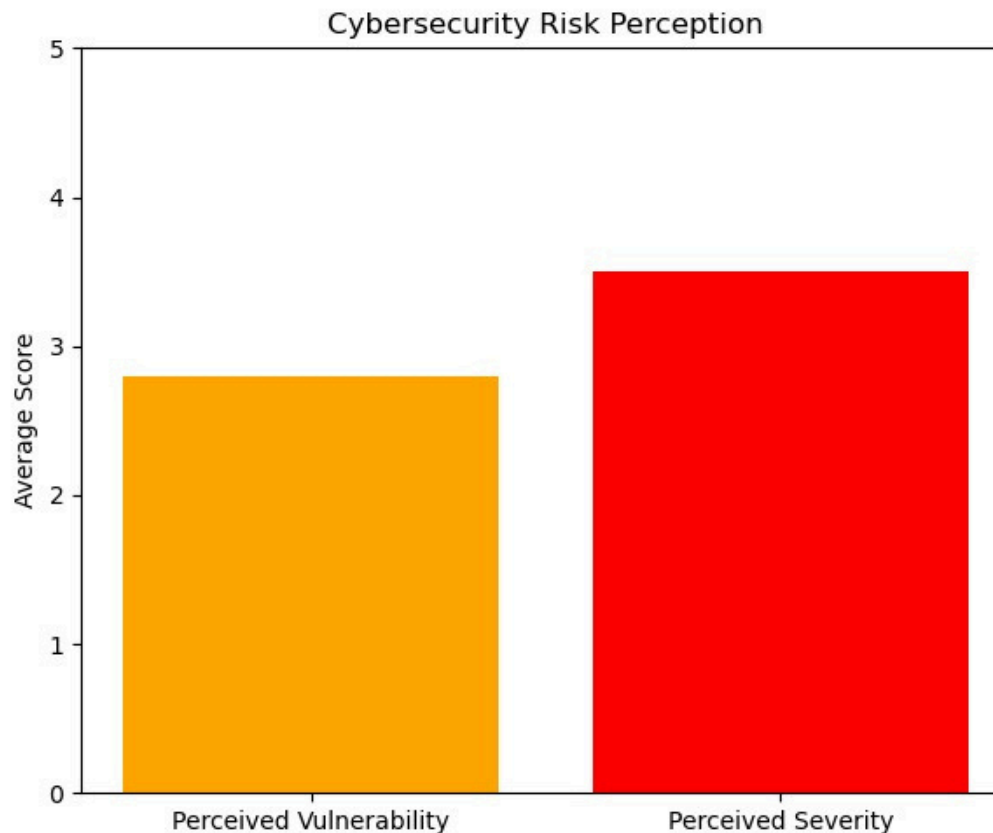


GRAPHS



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Figure 2: Illustrated the discrepancies between participants' perceived risk and actual cybersecurity practices, emphasizing the "false sense of security" trend.



GRAPHS



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Figure 3: Compared behavior scores based on cybersecurity training, visually confirming the positive impact of formal education.



FYP Deliverables



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Deliverable	Description
Questionnaire Design	Custom HAIS-Q and CRPS instruments
Data Collection Report	Responses from ~200 diverse participants
Python-Based Analysis Scripts	Scripts for correlation, regression, and profiling
Behavioral Personas	Categorized profiles like "Greenhorns" & "Troupers"
Personalized Recommendations	Tailored training guidelines based on behavior
Documentation	Complete project report + presentation
System Design	Modular pipeline from survey to analysis to reporting

Literature Review



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- Cybersecurity evolved from tech-only focus to a human behavior concern.
- Frameworks like HAIS-Q and SeBIS help assess awareness and action.
- Human typologies (Greenhorns, Troupers) allow custom training.
- Challenges: self-reported bias, cultural blind spots, real-time data gaps.

Research gaps:

- Lack of IoT-specific human behavior studies.
- No cross-cultural validations.
- Few AI-based, adaptive training programs.
- Future direction includes gamification, biometric indicators, AI-enhanced psychometrics

Demo of 100% of Work



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Modules Demonstrated:

- Google Form questionnaire capturing HAIS-Q and CRPS data.
- Automated logging to Google Sheets.
- **Python scripts showing:**
 1. Statistical summaries
 2. Correlation analysis (e.g., Knowledge vs. Vulnerability)
 3. Behavioral profiling
- Visualizations: Risk disconnect graphs, score distributions, persona comparisons
- Final report generation and recommendation module.

All functionalities executed successfully during final demonstration.

Experimental Evaluations & Results



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Testbed:

- ~200 participants (students, IT staff, admin personnel)
- Tools: Google Forms, Google Sheets, Python, Cloud Storage

Key Findings:

- **Knowledge-Behavior Gap:** Avg. internet knowledge = 4.2/5, but password behavior = 2.3/5
- **Risk Disconnect:** High threat awareness (3.5/5) but low perceived vulnerability (2.8/5)
- **Training Effect:** Trained users scored 15% better on secure behaviors

Demographics:

1. Older users perceived higher risk
2. IT professionals performed better but still had behavior gaps

Visualization Highlights:

- HAIS-Q domain scores
- Trained vs. untrained behavior bar chart
- Risk perception vs. actual behavior graph

Test Plan & Test Cases



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Test Case ID	Description	Expected Result	Status
TC-01	Validate Google Form submission	Responses logged correctly	✓
	Pass		
TC-02	Test cloud storage backup	Data securely stored	✓ Pass
TC-03	Python analysis accuracy	Correct statistical outputs	✓ Pass
TC-04	Generate final report	Personalized, correct profiles	✓ Pass
TC-05	Multi-user form response	Handles concurrent inputs	✓ Pass

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