

(Patient Summary Report)

Patient Name: Rahul Sharma

Age: 32

Gender: Male

Patient ID: PT-45827

Date of Visit: 11 Dec 2025

Consultant: Dr. Meera Kapoor (MBBS, MD – General Medicine)

1. Chief Complaints

- Fever for 3 days
 - Headache
 - Mild throat irritation
 - Generalized weakness
-

2. History of Present Illness

The patient reports a gradual onset of fever over the past three days, with temperatures ranging between 100–101°F. He also experiences intermittent headaches and mild throat irritation. No history of vomiting, chest pain, diarrhea, or respiratory distress.

3. Past Medical History

- No known chronic illnesses
 - No history of diabetes or hypertension
 - No known drug allergies
 - Non-smoker, occasional alcohol consumption
-

4. Physical Examination

Parameter	Value
Temperature	101.2°F
Pulse Rate	92 bpm
Blood Pressure	118/76 mmHg
Respiratory Rate	18 breaths/min
Oxygen Saturation (SpO_2)	97%

General appearance: Mildly weak but conscious and oriented.
Chest: Clear breath sounds, no wheezing or crackles.
Throat: Mild redness, no pus deposits.

5. Investigations Requested

- Complete Blood Count (CBC)
 - C-Reactive Protein (CRP)
 - Rapid Antigen Test for Viral Infection
 - Throat Swab Culture (if symptoms persist)
-

6. Diagnosis

Probable Viral Upper Respiratory Infection (Viral Fever)

7. Treatment Plan

- Paracetamol 650 mg — *1 tablet every 8 hours as needed for fever*
 - Cetirizine 10 mg — *1 tablet at night for throat irritation*
 - Oral Rehydration and increased fluid intake
 - Steam inhalation twice a day
 - Avoid cold foods/drinks
 - Rest for 2–3 days
-

8. Follow-Up

Patient advised to return if:

- Fever persists beyond 72 hours
- Breathing difficulty occurs
- Symptoms worsen

Next follow-up scheduled in **3 days**.

Doctor's Signature:

Dr. Meera Kapoor

Reg No: MP-10234