

Referral

Patient Name: Rajesh Kumar

Date of Birth: 1991-02-07

Doctor: Dr. Harry

Date Generated: 12/11/2025

Patient Referral Note

Referring Doctor: Dr. Meera Kapoor (MBBS, MD – General Medicine)

Reason for Referral:

The patient has a history of Type 2 Diabetes Mellitus, currently experiencing poor glycemic control despite oral medications. Blood sugar readings remain elevated, and the patient requires specialist endocrinology evaluation for optimized management.

Medical History:

Type 2 Diabetes Mellitus — 5 years

Hypertension — 3 years

No known drug allergies

Current Medications:

Metformin 500 mg — Twice daily

Glimepiride 2 mg — Once daily

Clinical Findings:

Blood Sugar (Fasting): 160 mg/dL

Blood Sugar (Postprandial): 220 mg/dL

HbA1c: 8.2%

Recommendation:

Referral to an Endocrinologist for:

Further evaluation of glycemic control

Adjustment of medications

Screening for diabetes-related complications