Basic operations to be performed by (Walk-it/Weight-Walker):

* Counting daily steps
* Counting daily miles (distance)
* Counting daily calories burned from walking
* Ability to see heartrate
* Ability to tell the time and date
* Some sort of screen or display

Advanced operations and features:

* Bluetooth capabilities to send data to a phone or app
* Ability to tell user when their heartrate is in the ideal workout/calorie burning zone
* Ability to show certain notifications through the watch
* If possible, measure blood pressure