

- Junior Men

Planned Program Content - Check List

As of: 05/12/2018 06:57:06

Stephen GOGOLEV CAN

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	3F Triple Flip	
3	CCoSp Change Foot Combination Spin	
4	3A Triple Axel	
5	FCSp Fly. Camel Spin	
6	StSq Step Sequence	
7	CSSp Change Foot Sit Spin	
8		
9		
10		
FS/FD		Remarks
1	4Lz Quad Lutz	
2	4T Quad Toeloop	
3	4S+3T Quad Salchow+Triple Toeloop	
4	CCoSp Change Foot Combination Spin	
5	3A+3T Triple Axel+Triple Toeloop	
6	3A Triple Axel	
7	3Lz+1Eu+3S Triple Lutz+Single Euler+Triple Salchow	
8	3Lo Triple Loop	
9	CSSp Change Foot Sit Spin	
10	StSq Step Sequence	
11	FCCoSp Fly. Change Foot Comb. Spin	
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As of: 05/12/2018 06:57:06

Adam SIAO HIM FA FRA

SP/SD		Remarks
1	3A Triple Axel	
2	3Lz+3T Triple Lutz+Triple Toeloop	
3	FCSp Fly. Camel Spin	
4	3F Triple Flip	
5	CCoSp Change Foot Combination Spin	
6	StSq Step Sequence	
7	CSSp Change Foot Sit Spin	
8		
9		
10		
FS/FD		Remarks
1	4T+3T Quad Toeloop+Triple Toeloop	
2	3A+2T Triple Axel+Double Toeloop	
3	3A Triple Axel	
4	FCCoSp Fly. Change Foot Comb. Spin	
5	StSq Step Sequence	
6	4T Quad Toeloop	
7	3Lz+1Eu+3S Triple Lutz+Single Euler+Triple Salchow	
8	3Lo Triple Loop	
9	3F Triple Flip	
10	CCoSp Change Foot Combination Spin	
11	CSSp Change Foot Sit Spin	
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As of: 05/12/2018 06:57:06

Koshiro SHIMADA JPN

SP/SD		Remarks
1	3A Triple Axel	
2	CSSp Change Foot Sit Spin	
3	3F Triple Flip	
4	3Lz+3T Triple Lutz+Triple Toeloop	
5	FCSp Fly. Camel Spin	
6	StSq Step Sequence	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	4T Quad Toeloop	
2	3A+2T Triple Axel+Double Toeloop	
3	StSq Step Sequence	
4	FCSp Fly. Camel Spin	
5	2A+3T Double Axel+Triple Toeloop	
6	3Lz+1Eu+3S Triple Lutz+Single Euler+Triple Salchow	
7	3Lo Triple Loop	
8	3Lz Triple Lutz	
9	3F Triple Flip	
10	CSSp Change Foot Sit Spin	
11	CCoSp Change Foot Combination Spin	
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Planned Program Content - Check List

As of: 05/12/2018 06:57:06

Petr GUMENNIK RUS

SP/SD		Remarks
1	3A Triple Axel	
2	3F Triple Flip	
3	FCSp Fly. Camel Spin	
4	StSq Step Sequence	
5	CCoSp Change Foot Combination Spin	
6	3Lz+3Lo Triple Lutz+Triple Loop	
7	CSSp Change Foot Sit Spin	
8		
9		
10		
FS/FD		Remarks
1	4S Quad Salchow	
2	3A+2T+2Lo Triple Axel+Double Toeloop+Double Loop	
3	3S Triple Salchow	
4	CCoSp Change Foot Combination Spin	
5	StSq Step Sequence	
6	FCSp Fly. Camel Spin	
7	3A Triple Axel	
8	3Lz+3Lo Triple Lutz+Triple Loop	
9	3F Triple Flip	
10	3Lz+3T Triple Lutz+Triple Toeloop	
11	FCCoSp Fly. Change Foot Comb. Spin	
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Planned Program Content - Check List

As of: 05/12/2018 06:57:06

Tomoki HIWATASHI USA

SP/SD		Remarks
1	3A Triple Axel	
2	FCSp Fly. Camel Spin	
3	CSSp Change Foot Sit Spin	
4	3F Triple Flip	
5	3Lz+3T Triple Lutz+Triple Toeloop	
6	StSq Step Sequence	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	4T+3T Quad Toeloop+Triple Toeloop	
2	3A Triple Axel	
3	3A+2T Triple Axel+Double Toeloop	
4	3S Triple Salchow	
5	FCSp Fly. Camel Spin	
6	3Lo Triple Loop	
7	3Lz+1Eu+3F Triple Lutz+Single Euler+Triple Flip	
8	3Lz Triple Lutz	
9	CSSp Change Foot Sit Spin	
10	StSq Step Sequence	
11	CCoSp Change Foot Combination Spin	
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Planned Program Content - Check List

As of: 05/12/2018 06:57:06

Camden PULKINEN USA

SP/SD		Remarks
1	3Lz+3T Triple Lutz+Triple Toeloop	
2	3A Triple Axel	
3	FCSp Fly. Camel Spin	
4	StSq Step Sequence	
5	3F Triple Flip	
6	CSSp Change Foot Sit Spin	
7	CCoSp Change Foot Combination Spin	
8		
9		
10		
FS/FD		Remarks
1	3Lz+1Eu+3S Triple Lutz+Single Euler+Triple Salchow	
2	3A Triple Axel	
3	3Lo Triple Loop	
4	StSq Step Sequence	
5	3A+3T Triple Axel+Triple Toeloop	
6	FCCoSp Fly. Change Foot Comb. Spin	
7	3F+2T Triple Flip+Double Toeloop	
8	2A Double Axel	
9	CCoSp Change Foot Combination Spin	
10	3Lz Triple Lutz	
11	FSSp Fly. Sit Spin	
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