

Influence of Motor Fitness and Psychological Variables On Ability In Warangal Hockey Players

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Introduction

Education: It is the reconstruction of events composes the lives of individuals. So that new happenings and new events venom more purposeful and more meaningful. Education institutions play a primary role in the development of the human resources of society, colleges and schools and some universities are clearly the most powerful and effective institutions of our society for the achievement of intellectual skills knowledge and logical analysis of problem Physical education is an education process that has its aim in development through the Sport is a human activity that involves specific administrative organization and historical background of rules which the objective at limit the Pattern of human behaviour. Physicians are relearning their dominant responsibility for the prevention of disease and optimization. Predication is anticipation and predictions are not change guesses rather they are based on constant and vigil observation

Fundamental Skills; Hockey has several fundamental skills such as Dribbling, hitting, shooting, and stopping.

Statement of the problem

The purpose of study was intended to know influence of motor fitness and Psychological variable in the hockey playing ability of inter district hockey men players in Warangal.

Delimitation

The study was further confined to the following Psychological variables sports competition anxiety and self concept.

The study was confined to the following motor fitness variables, speed, Strength, Endurance ability of power.

The study was delimited to 30 Inter District Hockey male players

Limitations

Emotional factors were not taken into consideration

Activities were not controlled and might have affected their performance during the test Administration Special motivation techniques was used during test lack of motivation may affect the performance and also on the results.

Hypothesis

This was hypothesized that the hockey playing ability may be predicted from motor ability and Psychological variables

This study select hockey players with skill motor fitness variables psychological variables and would be easy to understand

Methodology

30 Inter District hockey men players who belong to Warangal Districts were selected as subjects for this study, the subjects were selected as subjects for this study, the subjects were in the age of up to 18- 22 years inter District Hockey players were different socio-Culture and economic. The Purpose the significance of the study and requirement of the testing mint all the subjective agreed voluntarily to co-operate the testing procedures to for them and to put in their best efforts in this best efforts. Selection is ability shooting Balancing moving, Motor ability is speed-50mtsdash, power-standing broad jump, Agility 6 x10shuttle run, Psychological-Sport competition Anxiety (SCAR),Self concept- mukth.

Analysis of Data and Discussion

The statically analysis of data collected on hockey playing ability motor fitness ability speed, strength ,agility and power Psychological variable such as sports competionanciety and self concept form. 30 inter District Hockey men players were presented in this chapter. Level the ascertain relationship obtained using person's product movement correlation, the level of significance was set at .05 level

	Min	Max	Mean	Standard deviation
Moving ability	3.52	7.18	4.69	1.13
Self concept	48.00	79.00	60.66	5.97
Shooting	2.00	8.50	4.37	1.71
Balance Ability	.08	5.31	1.79	0.88
Overall ability	165.70	201.31	182.05	7.95

Conclusion

In view of the limitation of the study they following conclusion may be drawn form the result of the study presented methodology chapter the calculated value some show there is a signification relationship between hockey playing ability with selected motor fitness variables and psychological variables

Recommendations

The same study be conducted on youth club player.

The same study may be conducted on physical education to trainees

Some may be conducted on the other game players also