

Comparative Analysis of Explosive power between intercollegiate men Basketball and Handball Players of Osmania University

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Abstract:

The purpose of the study was to assess the difference on Explosive power between inter collegiate men Basketball and handball players. To achieve the purpose of the study the investigator randomly selected 100 players (i.e. 50 players in Basketball and 50 players in Handball) from Osmania University inter collegiate men basketball and Handball tournament. The criterion variable selected for this study was vertical jump for Explosive power. The collected data were analyzed by using the independent 't' test, to interpret the results. The level of confidence was fixed at 0.05 levels. It was concluded that there was significant differences found on explosive power between inter collegiate men Basketball and Handball players of Osmania University.

Key words: Basketball, Handball, Explosive power.