**Technical Session- I**

**28-03-2019 (17.30-18.30 hrs)**

**Bose Hall**

Topic Category 1: Sport and Exercise Psychology - Psychological Aspects of Youth Sports Performance

|  |  |  |
| --- | --- | --- |
| Name | Title | Paper Id |
| D.Mogili | The role of Sport Psychology in Sport Performance | 19303 |
| Srinivas Pamula | A study on Psychological variable among KU & OU VB players | 19307 |
| Akhil Thomas Mohan | The Psychology of Extreme sports | 19309 |
| Raju Odela | Increasing Sports Performance - Psychological Approach | 19324 |
| P Supriya | Analysis of psychological traits among kho-kho and kabaddi players of hyd | 19338 |
| R.Vasantha | Concepts of sport psychology | 19358 |
| N.Laxmana Murthy | Influence of Motor Fitness and Psychological Variables on Ability in WGL Hockey Players | 19363 |
| K.Srinivasa Rao | Influence of psychological traits between male and female volleyball players of Hyderabad | 19343 |
| Srinivas Nallela | A psychological factors of kabaddi players & kho - kho players of telangana state – a study | 19301 |
| Srividya S,  Archana S | Promoting recreational activities at work place- a psychological perspective | 19371 |

**Technical Session- II**

**29-03-2019 (16.00-17.00 hrs)**

**Bose Hall**

Topic Category 2: Sport and Exercise Psychology - Mindfulness, Mental Training and Preparation for Performance Enhancement

|  |  |  |
| --- | --- | --- |
| Joseph l Roncon  Vinay choudary | Mindfulness based intervention: an applied sports psychology support to high performance sports | 19334 |
| Dr. M.Vasudev | Mental Toughness among Individual and Team game athletes - A Comparative Study | 19325 |
| Dr.PUVNManendra Rao | The winning mind set | 19328 |
| Md imran | Enhancing the sport performance through applied sport psychology | 19333 |
| KhazaHabib Ahmed | Common Psychological Skills in the field of Applied Sport and Excercise Psychology | 19366 |
| Binu susan paul | Resilience and Sport Achievement | 19305 |
| Dr. Saleem M.K | Building resielience to athletes from indian special forces | 19335 |
| Lakshmikantham, Vidya  Ahmed, Shahin | Enhancing sports performance by mind training techniques and strategies through Neuro Linguistic Programme | 19336 |
| Dr. NJ Rajaram | Training the Mind during the Game of Tennis – A Case study | 19373 |
| Mrs. Sangeetha K& Dr.K.Kannadasan | Effect of Mental Rehearsal intervention on selected Psychological and game skills variables among Basketball players | 19374 |
| praveen b o ravi s r s jose | Mental Toughenss: Role In Sports And Dvelopment Among Youth | 19378 |

**Technical Session- III**

**29-03-2019 (17.00- 18.30 hrs)**

**Bose Hall**

Topic Category 3: Sport and Exercise Psychology - Motivation, Mood and Emotions in Sport

|  |  |  |
| --- | --- | --- |
| Dr.Yogamaya panda | Self Esteem & Trait Anxiety among Athletes | 19302 |
| Mamta Sinha | Relationship of age and experience with state trait anxiety among elite shooters | 19314 |
| Miss J Tejaswi | A Comparative Study of Agressive Behavior among Sportsmen and Non sportsmen | 19323 |
| G.Akhila | Comparative study on mental health among lawn tennis players and table tennis players of the ou | 19331 |
| M.Raveena | A survey on comparative analysis on the level of aggression between the national and state level men bb players of hyd dist. | 19332 |
| C.Kumudhini Goud | A comparative study agression between individual and team game of ou men players | 19342 |
| Syed Irfan Ali | Comparison of Self Confidence among Hockey players and Athletes of Hyd | 19361 |
| Rakeshkumar Charka | Intrinsic & Extrinisic Motivation in Sport & Games ofRrural areas | 19316 |
| Dr Barnabos | A Comparative study of Achievement Motivation among Sports perrsons and Non sports persons of MGIT,JNTU hyd | 19326 |
| M.Rajesh | A compartive study sports achievement motivation between male kabaddi and kho-kho players of ou hyd | 19329 |
| Dr.P.Sampath Kumar | Influence of Motivation Techniques in Sports | 19364 |
| Athul Johnson | Individulised trg. of visuo motor behavior reaharsal in tackling anxiety | 19322 |
| M.Chaitanya bhagath | A study on anxiety behavior between the athletes and non athletes of Kakatiya University Warnagal district | 19352 |
| Sukrithi Anand | Co relation between time and moment anticipation with visual perception and reaction time of racquet sports | 19318 |
| Jayakumar.M & Dr. George Abraham | Effect of sand resistance circuit training programme on mood state among untrained professional college men | 19370 |
| Md faheem Subash c Dr.anil r | sports motivation among university athletes: comparison with respect to sport type | 19375 |
| mr ravi s dr anil r | perception on sports psychology consulting among university athletes | 19376 |
| Mr S Jose & Dr Anil R | motivation and competitive orientation among university athletes: comparison with respect to gender | 19377 |

**Parallel Session-IV**

**30-03-2019 (09.00 - 10.00 hrs)**

**Bose & Homi Bhaba Halls**

Topic Category 4: Sport and Exercise Psychology - Interpersonal and social Dynamics in Sport Settings

|  |  |  |
| --- | --- | --- |
| Eva Sara Jacob | A study on the impact of Bollywood Sports films on the athlete in Kerala | 19306 |
| K.Sunil Reddy | Influence of meditation on personality development in physical education | 19340 |
| P. Supriya | Analysis of psychological traits among kho-kho and kabaddi players of Hyderabad | 19338 |
| Yadagiri, P. | The main role of physical education - effect of a healthy way to personality development | 19337 |
| P. Anitha | Influence of Yogic practice on academic anxiety of female engineering students | 19327 |
| Koti reddy K | Outturn of autogenic pedagogy on the regulation of anxiety and stress among distance runners. | 19346 |
| Dr.Mangilal Bano | The influence of social intelligence on stress and coping behavior among engineering students | 19348 |
| Ahmed Shahin & V. Raghuvarman | A study on personality and sports teams relationship among the team sports personnel | 19349 |
| Dr.M.Srinivas Reddy  Prof.P.Ramesh Reddy | Study on competitive anxiety of medal winners and other participants of kakatiya university athletic championship | 19351 |

**Parallel Session-V**

**30-03-2019 (10.00 - 11.00 hrs)**

**Bose & Homi Bhaba Halls**

Topic Category 5: Sport and Exercise Psychology - Yogic Practices in Sport Psychology Perspective

|  |  |  |
| --- | --- | --- |
| P.Kotaiah | Sound body in a sound mind | 19318 |
| Marx Lee Jose | The role of Yoga in Sport Psychology | 19310 |
| Nikitha vishnoi | Effects of Yogic and Physical Excercises on Mental Fatigue | 19311 |
| B.Ravi Prasad | Effectiveness of yoga on stress level among adolescent students | 19312 |
| Dr. D.Hari | Effect of interval trg. with yoga an aerobic endurance among middle & long distance runners performance of hyd dist. | 19313 |
| Dr. Usha Singh | Yogic Practices for Mind Training | 19319 |
| Dr. Mahendra Sawant | Efficacy of yogic practices for the promotion of academic achievement mental health and health related physical fitness of college level female students | 19350 |
| Dr.Deba Prasd Sahu | Effect of yoga nidra and pranayama on selected physiological variables of tribal youths | 19354 |
| B.Neela | Importance of yoga in health and sports | 19357 |
| P.Sunil Kumar | Effects of Yoga and Pranayama on Psychological Disorders | 19362 |
| G.Kavitha | Effect of Yogic Excercise on Selected Physical Fitness Components among High School Girls in Hyd Public School | 19369 |
| AlliNaresh & Prof. L.B.LRathod | Effect of Meditational practices on Anxiety and Self Concept among volleyball players of Medak district | 19356 |
| Y Srinivasulu | Effect Of Yogic Practices On Selected Physical Fitness Variables Of College Level Men Basketball Players. | 1919367 |

**Parallel Sessions-VI**

**30-03-2019 (11.15 - 12.15 hrs)**

**Bose & Homi Baba hall**

|  |  |  |
| --- | --- | --- |
| G.sunilkumar | Analysis of physical working capacity on men Phy.Edu. trainees | 19304 |
| K.Vishnuvardanreddy | Comparative analysis of explosive power between inter collegiate men BB & HB players of OU | 19315 |
| Y.Rama Rao | Horizons and trends of pedagogy on leadership qualities of kabaddi coaches among the Physical directors in Telangana state | 19317 |
| Dr. D.Hari | A Comparative Study of Physical Fitness among kho-kho & Kabaddi players of hyd dist. | 19320 |
| P.Bujji | Effect of six week training on the Physical Fitness Performance of under 12-14 age male and female groups of excellence athletes hyd dist. | 19321 |
| B.Krishna Deepika | Effectiveness of short term plyometric trg. on speed strength agility of hokey players | 19339 |
| Dr. P. Srinivas Goud | A study on the criteria for measuring the physical fitness among different players | 19341 |
| P N Saikumar | Effect of specific exercise regimen for the improvement of fitness abilities on cricket players | 19344 |
| P Saikiran | Analysis of fitness abilities among male and female vb players of hyd | 19345 |
| K.Raghu | Effect of plyometric exercises on shot put performance on selected high school boys | 19347 |
| Md lokman saikh | A comparative study on career preference between higher secondary level arts and commerce stream girls students | 19353 |
| P.Raghuvaran | A comparative study on health related physical fitness components on basketball and handball players of karimnagar district | 19355 |
| Pole Laxmipathi | The Importance of Physical Activity in Daily Lifestyle | 19365 |
| J.Babu Lal | Boost Mental Health through Sports and Games | 19368 |
| Prashanth Shekar Loku | Impact of Physical Education on Human Development | 19330 |
| L.Praveen Kumar, Dr.R.Chinna | The Effects Of Circuit Training On Motor Ability Of AthleticsPlayers Of Visakhapatnam City | 19359 |
| Nilotpal Mandal | A Study on Some Physiological, Biochemical and Nutritional Status of Alcoholic and Non alcoholic rickshaw pullers (30 to 40 Years) Of Purba Midnapur District At West Bengal In India. | 19360 |
| T. Kalyani, B.Sunil Kumar | Comparative Analysis Of Agility And Flexibility Among University Kabaddi And Kho-Kho Players | 19372 |

Topic Category6:Sport and Exercise Psychology Health Enhancing Physical Activity Promotion