

## Sample Questions Bank of Universal Human Values

### UNIT-1

1. What do you mean by values or human values? (5 marks)
2. Briefly explain the fundamental values of human beings? (8 marks)
3. What do you mean by values? How do they differ from skills? How are the values and skills are complementary? (7 marks)
4. “For the success in any human endeavor both values and skills are required”. Explain (7 marks)
5. What is value education? What is the importance of value education? (7 marks)
6. Explain briefly the importance of value based education for the development of a society. (7 marks)
7. What is value education? Why there is a need of value education? (7 marks)
8. Enumerate the basic guidelines for value education (7 marks)
9. Mention the contents of value education (5marks)
10. Discuss the process involved in value education. (7 marks)
11. Define self exploration. Describe the contents of self exploration? (7 marks)
12. Enlist the purpose of self-exploration. (5 marks)
13. Self exploration is a process of dialogue between ‘what you are’ and ‘what you really want to be’. Explain and illustrate. (OR) Explain the process of self exploration with the help of a diagram. (10 marks)
14. What do you mean by natural acceptance and experimental validation? Briefly explain (6 marks)
15. How can we verify proposals on the basis of our natural acceptance? Explain with example. (OR) What do you mean by your natural acceptance? Illustrate with examples. Is it innate, universal and invariant with time? Explain (8 marks)
16. What do you understand by the terms Svatva, Swatantra and Swarajya? Explain (8 marks)
17. What is pre-conditioning? What is their source? Do you feel that you have some preconditioning? How do you evaluate them? (8 marks)
18. “I want to do research in astronomy” / “I want to serve society” / “I want to earn a lot of money and fame”. In the above cases, what is the basic aspiration? Justify your answer. (8 marks)
19. Briefly explain the basic human aspirations. (6 marks)
20. Differentiate between the terms Happiness, Prosperity and Wealth (7 marks)
21. What are the prevailing notions of Happiness and Prosperity? Explain how the false notions of happiness and Prosperity have affected human living at all four levels. (8 marks)
22. Write the differences between Prosperity and Wealth. (6 marks)
23. What do the abbreviations given as SVDD, SSDD and SSSS signify? Briefly describe (7 marks)
24. What are the requirements to fulfil basic human aspirations? (OR) what is the program to fulfil the basic human aspirations? Explain (OR) Explain the basic requirements to fulfill human aspirations. Give the current priority among them. (OR) 3 things are needed to fulfill basic human aspirations-right understanding, right relationships and physical facilities. Explain meaning of each one of these. (10 marks)

25. 'Physical facilities are necessary and complete for animals, while they are necessary but not complete for humans'. Comment. (OR) Physical facilities are necessary but not complete for human being. Do you agree with this statement? Support your answers with reasons and examples.
26. What do you mean by animal and human consciousness? Explain with the help of a diagram. (OR) Distinguish between "human consciousness" and "animal consciousness". How "Shiksha and Sanskar" are helpful in raising man to "human consciousness" (OR) What is the difference between animal consciousness and human consciousness? How does the transformation take place in a human being? (10 marks)
27. Critically examine the prevailing notions of happiness in the society and their consequences. (8 marks)
28. Enumerate the symptoms of a happy person. (7 marks)
29. Briefly explain the difference between Human and Animal Consciousness (7 marks)
30. What are the different levels of human being? Explain how they can be interrelated (8 marks)

## UNIT-2

1. "Human being is more than just the Body"- explain. (OR) Do you think that human beings are sum-total of sentiments and physical aspect, the self ('I') and the body? Explain your answer using examples. (OR) 'Human being is the co-existence of the self and the body'-Explain this statement taking yourself as an example. (OR) Explain the relation between the self and body. What is the responsibility of self towards the body? (7 marks)
2. Distinguish between the needs of the Self and the needs of the Body. (7 marks)
3. The needs of the self are qualitative. Illustrate. (6 marks)
4. 'The need of physical facilities is temporary'. Explain the meaning of this statement with any two examples. (7 marks)
5. What is the qualitative difference between the activities of the Self and those of the Body? Illustrate with one example. (7 marks)
6. Distinguish between the activities going on in the self, going on in the body, and involving both the self and the body. Give examples of each. (7 marks)
7. Differentiate between the activities of knowing, assuming, recognizing and fulfilling with an example. (7 marks)
8. What do you mean by Sukh and Suvidha? (4 marks)
9. Why do human beings require both Sukh (happiness) and Suvidha (facility)? (7 marks)
10. What are the consequences of confusing between Sukh and Suvidha? (6 marks)
11. 'I' is a conscious unit while the Body is a material unit. Examine this statement. (7 marks)
12. Why are physical facilities required? What do you mean by right utilization of the Body? (6 marks)
13. "I am the seer, doer and enjoyer. The body is my instrument"- explain. (7 marks)
14. What is Pre conditioning and its sources? (7 marks)
15. "The pleasure that we derive from sensations are short lived and the efforts to extend them lead to misery". Examine and illustrate this statement with an example. (OR).

- Elaborate how sensation from the body cannot be a source for continuous happiness. (7 marks)
16. Enumerate the conflicts and contradictions in 'I' as a result of preconditioned desire. (6 marks)
  17. How harmony in individual is possible? Explain. (7 marks)
  18. Explain the activities of realization and understanding. How do they lead to harmony in the activities of 'I'? Illustrate with an example. (8 marks)
  19. Why do sensation and preconditioning leads to our bondage? Point out the best method to regain our freedom. (8 marks)
  20. Define Sanyam (self control) and Swasthya (Health). Explain various responsibility of 'I' for the body in brief. (6 marks)
  21. Suggest any two programs that you can undertake to improve the health of your body. (OR) How does the feeling of Sanyam ensure health of the body? List two programs Sanyam. (8 marks)

### UNIT-3

1. What is the meaning of justice in human relationship? How does it follow from family to world family? (OR) What is 'Justice'? What are its four elements? Is it a continuous or a temporary need? (OR) What is Justice? How does it lead to mutual happiness? (8 marks)
2. Define Love. How can you say that love is the complete value? (6 marks)
3. How do we differentiate in relationship on the basis of body, physical facilities or beliefs? What problems do we face because of such differentiation? (OR) How have we differentiated people on the basis of body and beliefs? (8 marks)
4. 'Discrimination leads to acrimony in relationship'. Explain. What problems are created when we discriminate? (OR) Explain the problems faced due to differentiation in relationship. (7 marks)
5. What is the difference between respect and differentiation? Which of the two is naturally acceptable to you? (5 marks)
6. What do you understand by trust? Differentiate between intention and competence with examples. (OR) How do you differentiate between intention and competence, when you have to judge the other? Why is it important? (7 marks)
7. What are the foundational values of relationship? How can they be used to ensure strong and mutually relationship? (OR) Enumerate some of the important values which lie at the base of good relationships. (OR) List down the foundation value and the complete value in human relationship. Explain each with one example.(8 marks)
8. In our behavior, we generally observe our intention and other's lack of competence. Does it lead to mutual happiness? What is the alternative? Explain with the help of an example. (8 marks)
9. What is the meaning of respect? How do we disrespect others due to lack of right understanding of this feeling?(6 marks)

10. Write the program to attain comprehensive human goal. Give examples also. (OR) What are the five dimensions of human endeavour in society conducive to “Manaviya vyavastha”. (OR) What are the programs needed to achieve the comprehensive human goal? List and define each briefly. (8 marks)
11. Explain the comprehensive human goal. How does fearlessness follow from right understanding and prosperity? (6 marks)
12. Right understanding in the individuals is the basis for harmony in the family, which is the building block for harmony in the society. Give your comments. (5 marks)
13. Explain how production activities can be enriching to all the orders of nature. Give any two examples. (8 marks)
14. What do you mean by Universal Human order? What are its implications? (OR) What is Universal Human order? How it can be realized?

#### UNIT-4

1. Define harmony in nature (OR) Explain the harmony in nature. (5 marks)
2. What do you mean by co-existence? (5 marks)
3. Differentiate between nature and space. (4 marks)
4. What do you mean by ‘Innateness’? What is the innateness in the four orders? (OR) What do you understand by the term ‘innateness’ (dhaarna) in nature? Explain the innateness of material and animal order in nature. (8 marks)
5. What is the svabhava (natural characteristics) of a unit? Elaborate on the svabhava of a human order. (OR) How does the natural characteristics (svabhava) of material order helped man to lead a better life. (OR) Explain the natural characteristics of the material and pranic orders. Give examples. (9 marks)
6. What are the four orders of nature? Briefly explain them. (OR) What are 4 orders in nature? How are they interdependent and mutually fulfilling for each other? Explain. Closely examine 4 orders in nature and their participation, explain present state of participation of human order (8 marks)
7. Present the difference and similarity between a human being and an animal. Give examples to support your answer. (OR) Explain the differences and similarities between animal order and human order. What is the relation between the two orders? (9 marks)
8. What are the four orders in nature? Describe their activities and natural characteristics? (OR) What do you understand by ‘activity’? Write down the activity of the four orders in nature. (OR) Distinguish between the activities of different orders of nature giving an example of each. (8 marks)
9. How will you show interconnectedness and mutual fulfillment in four order of nature with examples? (OR) There are 4 orders in nature. How does each order participate in the harmony in nature? Give few examples. (OR) What are the four orders in nature? How can the human order be responsible to the other 3 orders? (OR) Critically examine

the attitude of human today towards the other 3 orders of nature. Try to make a proper evaluation of human efforts. (8 marks)

10. Explain how there is recyclability and self-regulation in nature. (OR) Explain the recyclability in nature with any two examples. (OR) There is recyclability in nature. Explain this statement with any two examples. How does it help in production activity? (5 marks)
11. What do you mean by 'conformance'? Explain the conformance in the four orders. (8 marks)
12. How the activity in human order is different with that of animal and plant order? (8 marks)
13. Explain the basic activity in the four orders of nature. (6 marks)
14. What do you mean by innateness? What is the innateness in the 4 orders?(6 marks)
15. Define existence? Show that existence is in a form of co-existence. (OR) Existence is co-existence of mutually interacting units in all-pervasive space. Explain (OR) "Existence = nature submerged in space": Elaborate this point. (OR) Differentiate between units and space. How are units self-organized in space? (OR) what are the various attributes of units and space? Explain each. (8 marks)
16. Define the terms Gathansheel, Gathanpurna, Kriyapurnata and Acharanpurnata. (OR) Explain "Existence is Gatahansheel and Gathanpurna and also there is Kriyapurnata and Acharanpurnata in existence". (7 marks)
17. What is holistic technology? Analyse the importance of holistic technology
18. Explain the concept of holistic perception of harmony in existence. (8 marks)

## UNIT-5

1. What are the values in interaction of human beings with the material things? Give one example of each. (OR) What is utility value and artistic value? How are both important in human life? Explain with example. (OR) "When there is no utility there is no scope for art too". Explain. (7 marks)
2. What do you understand by definitiveness of ethical human conduct? Why is this definitiveness desirable? (OR) What do you mean by definitiveness of ethical human conduct? How can it be ensured? (7 marks)
3. What do you mean by professional ethics? (4 marks)
4. What do you mean by competence in professional ethics? Elaborate with examples. (OR) what do you understand by competence in professional ethics? Give 2 examples of its implications in industry. (7 marks)
5. What are the characteristics of people-friendly & Eco-friendly production system which is sustainable? (6 marks)

6. What do you mean by 'Universal Human Order'? (OR) What is your vision of a universal human order? Write in your own words. (OR) what do you mean by universal human order? What are its implications? (5 marks)
7. Discuss humanistic education and humanistic constitution. (5 marks)
8. What are the implications of value based living at all four levels of living? Explain. (7 marks)
9. How do human values affect the life of professionals? Illustrate(8 marks)
10. What do you understand by holistic technology? Briefly explain. (OR) What is a holistic technology? Take any two such examples from the Indian tradition and elaborate on them. (OR) Describe briefly the criteria for evaluation of holistic technology. Support your answer with an example. (8 marks)
11. Critically examine the issues in professional ethics in the current scenario. List any 5 unethical practices in profession today and the methods being tried to curb them. (OR) What are the reasons of unethical practices in profession today? What is the real solution to the above problems? Give your opinion. (OR) Mention some of the unethical practices in society today. How do the prevailing world views lead to such unethical practices? (7 marks)
12. What do you mean by sustainable development? Discuss (6 marks)
13. Imagine that you joined at middle management level in an organization where you find unethical practices prevalent. Mention few steps to improve the situation without creating an atmosphere of opposition. (7 marks)
14. Describe the strategies for transition from the present state to universal human order. (7 marks)