Get Wired Up

Ehtsham Nisar

N241

04/06/2018

` Main page

|  |  |  |
| --- | --- | --- |
| **Drop down menu** | Header |  |
| |  | | --- | | **Male:** |  |  | | --- | | **Female:** |  |  | | --- | | **Supplements:** |  |  | | --- | | **Tracker:** | | Page Title   |  | | --- | | Some Video |  |  | | --- | | Some Picture |      |  | | --- | | CONTACT US! | |  |
|  | Footer |  |

**<Forms>**

|  |  |  |
| --- | --- | --- |
| **Drop down menu** | Header |  |
| |  | | --- | | **Male:** |  |  | | --- | | **Female:** |  |  | | --- | | **Supplements:** |  |  | | --- | | **Tracker:** | | Page Title   |  |  | | --- | --- | | Name:   |  | | --- | |  | |  |  |  |  | | --- | --- | --- | | Email:   |  | | --- | |  |   Phone Number:   |  | | --- | |  | |      |  |  | | --- | --- | | Question:   |  | | --- | |  | |  |  | | --- | | SUBMIT NOW | |  |
|  | Footer |  |

**If user hover or click on male :**

|  |  |  |
| --- | --- | --- |
| **Drop down menu** | Header |  |
| |  | | --- | | **Male:** |  |  | | --- | | **Female:** |  |  | | --- | | **Supplements:** |  |  | | --- | | **Tracker:** | | /Users/shaminisar/Desktop/Screen Shot 2018-04-06 at 1.13.40 PM.png  Content area |  |
|  | Footer |  |

**If user hover or click on female:**

|  |  |  |
| --- | --- | --- |
| **Drop down menu** | Header |  |
| |  | | --- | | **Male:** |  |  | | --- | | **Female:** |  |  | | --- | | **Supplements:** |  |  | | --- | | **Tracker:** | | /Users/shaminisar/Desktop/Screen Shot 2018-04-06 at 1.13.40 PM.png Content area |  |
|  | Footer |  |

**If user hover or click on Supplement :**

|  |  |  |
| --- | --- | --- |
| **Drop down menu** | Header |  |
| |  | | --- | | **Male:** |  |  | | --- | | **Female:** |  |  | | --- | | **Supplements:** |  |  | | --- | | **Tracker:** | | Content are/Users/shaminisar/Desktop/Screen Shot 2018-04-06 at 1.13.58 PM.pnga |  |
|  | Footer |  |

**If user hover or click on Tracker:**

|  |  |  |
| --- | --- | --- |
| **Drop down menu** | Header |  |
| |  | | --- | | **Male:** |  |  | | --- | | **Female:** |  |  | | --- | | **Supplements:** |  |  | | --- | | **Tracker:** | | Content area  /Users/shaminisar/Desktop/Screen Shot 2018-04-06 at 1.14.09 PM.png |  |
|  | Footer |  |

**Workout program page**

All the workout pages will have the same layout with different workouts.

|  |  |  |
| --- | --- | --- |
| **male** | Header |  |
| |  | | --- | | **Back to:**   * homepage. |  |  | | --- | | **Fat loss** |  |  | | --- | | **Strength** |  |  | | --- | | **Cardio** | | /Users/shaminisar/Desktop/table.png |  |
|  | Footer |  |

**Supplement Page**

|  |  |  |
| --- | --- | --- |
| **Drop down menu** | Header |  |
| |  | | --- | | **Male:** |  |  | | --- | | **Female:** |  |  | | --- | | **Supplements:** |  |  | | --- | | **Tracker:** | | |  | | --- | | **Supplement**  **picture** |   Text about supplement   |  | | --- | | separation |      |  | | --- | | **Supplement**  **picture** |   Text about supplement   |  | | --- | | separation |      |  | | --- | | **Supplement**  **picture** |   Text about supplement   |  | | --- | | separation | |  |
|  | Footer |  |

Site Map